



Welcome to UK News 10th June 2015
your weekly update from around CEMEX UK

View UK News on: www.cemexuknews.co.uk

Follow us on twitter too: #cemex_uk

BEING THE BEST FOR FAMILIES

Remember To Stop And Think...



This weekend we had a TRI at our Rugby Plant. A contractor suffered an injury to his finger when he trapped it between the flight of the auger and the edge of the cover. As a result he injured his finger and had to undergo an operation in hospital to have part of it removed. Remember to stop and think before starting a new task and make sure all necessary precautions are in place - step in if you see anything unsafe about to happen.

Make sure risk assessments and method statements/safe systems of work are in place and that everyone involved in the job knows them. Let's keep looking after each other to stay safe.

Mobile Phones And Driving...



Think before you talk..... **outgoing calls should be planned for a time when not driving**, e.g. after pulling over and parking the vehicle in a safe and appropriate place.

Use these guidelines when driving:

- ***If it isn't urgent to make a call - don't!***
- ***If you need to make a call, pull over into a safe place before doing so.***
- ***If it is absolutely necessary to make or take a hands free call whilst driving, keep the call short and always put driving conditions first.***
- ***If you call someone and they tell you they are driving, ask them to call you back when they have parked up safely or when not driving.***

Can you think about 2 things at once and give them both full attention? Please display the poster in prominent positions on notice boards and discuss at Safety Meetings.



Remember, it is always OK to turn down a call because you are driving - whoever it is calling. Consider changing your voicemail message to reflect this, i.e. "Thank you for calling, I am either unavailable to take your call or driving. Please leave a message and I will call you back when I am free and it is safe to do so. Thank you for your patience."

Heart Attacks...Watch Your Health



A heart attack is a serious medical emergency in which the supply of blood to the heart is suddenly blocked, usually by a blood clot. Lack of blood to the heart can seriously damage the heart muscle. A heart attack is known medically as a Myocardial Infarction or MI.

Symptoms can include:

- **chest pain** - the chest can feel like it is being pressed or squeezed by a heavy object, and pain can radiate from the chest to the jaw, neck, arms and back
- **shortness of breath**
- **feeling weak** and/or lightheaded
- **overwhelming feeling of anxiety**

It is important to stress that not everyone experiences severe chest pain; the pain can often be mild and mistaken for indigestion. It is the combination of symptoms that is important in determining whether a person is having a heart attack, and not the severity of chest pain.

USING A DEFIBRILLATOR

Increasingly Defibrillators are being made available in Public Places and have also recently been located at some CEMEX sites, predominantly the larger sites or very remote locations where medical assistance may take longer to arrive.

An AED (Automated External Defibrillator) is a device that gives the heart an electric shock when someone's heart has stopped (cardiac arrest).

You can use an AED on children over one year old and adults.

Ambulances have them on board but using an AED in the minutes before an ambulance arrives can double someone's chances of survival. So it is up to bystanders quickly to find the nearest defibrillator.

Where can I find a defibrillator (AED)?

Many public places keep an AED as part of their first aid equipment, including shopping centres, train stations, airports, offices and schools. AEDs come in a small portable plastic box and are stored in noticeable green casing with a green sign above.

If you don't have access to an AED then you should call 999 or 112 for help and do ordinary resuscitation (CPR) until the ambulance and AED arrives.

Visit the Health Essentials Site on Shift: [http://cdm.cemex.com/sites/UK_Health_Safety/HEALTH ESSENTIALS/Forms/AllItems.aspx?RootFolder=%2fsites%2fUK%5fHealth%5fSafety%2fHEALTH%20](http://cdm.cemex.com/sites/UK_Health_Safety/HEALTH_ESSENTIALS/Forms/AllItems.aspx?RootFolder=%2fsites%2fUK%5fHealth%5fSafety%2fHEALTH%20)



[ESSENTIALS&View=%7b0C38EAD6%2dE4DA%2d42FE%2d8402%2d7D7039B1FDD0%7d](#) for more information on general health topics.

LTI Free Congratulations To...



The Lincoln Paving Solutions Team achieved 8 years LTI free on the 3rd of June. This is a great achievement and shows that with great Team work and the attitude of looking after themselves and each other, we can operate safely in changing environments.

See What It's Like To Cycle In Traffic...



Recently Daniel Bateman, Marcus Rappensberger, Lance Higgs, Nigel Bateman, Paul Wilshire and Jamie Izzo (all from Readymix) undertook a Safe Urban Driving course within the City of London run by TFL & FORS. The one day course involved a morning in the classroom discussing how vulnerable road users interact with London's roads followed by an afternoon spent cycling around London's busy streets. They had mistakenly thought they would be taken around quiet side streets but that was certainly not the case!!

Daniel commented: "This really was an eye opening experience and I for one found riding a bike around London a very daunting experience. We were only on the roads for a couple of hours but myself and Jamie were forced to take evasive action following the actions of a white van driver and a bit further down the road the whole group was overtaken and cut up at traffic lights by an extremely impatient Addison Lee vehicle. Whilst putting you in the cyclists place gives an excellent insight into the mindset of the cyclists, the course also explains some of the actions from cyclists that drivers can misinterpret and why they do things they do.

The course is free to attend and a valuable day which I would recommend to anyone. It certainly focused my mind on the cyclists vulnerability and I will be giving them a lot more respect (and room!!!!) going forward."

BEING THE BEST FOR CUSTOMERS

Value Added Aggregate Solutions Educating Preston Brook



A VAAS (Value Added Aggs Solutions) training workshop was recently held in Preston Brook with the internal and external commercial Teams. The aim was to inform the Teams, help build momentum for value added aggregate solutions and identify sales opportunities.

The session was led by Ian Phillips - Technical Manager, Marie Tiernan and Graham Wilson - Commercial Managers, and Kurt Cowdery - Aggs Trading VAS Manager. It followed on from the



training carried out at Thorpe and Uddingston. Together with the key products, each area continues to identify new opportunities.

The momentum for Value Added Aggregate Solutions continues to build and the future looks positive. Next stop Rugby.

BEING THE BEST FOR SHAREHOLDERS

New Leeds Concrete Plant For Supervisor, Andy



Andy Ralph from Rodley, Leeds and Plant Supervisor at the CEMEX Elland Road Plant has got a new £1million+ concrete Plant to produce for local construction projects such as the Kirkstall Forge development.

The Plant held its official opening event this week with John Parker, Regional Fleet & Operations Manager, North East and Yorkshire, orchestrating events, including invitations to local media, students from 3 Leeds colleges and local community

members.

Andy Ralph, who worked at the old Plant for 8 years, saw it demolished in January this year. The new Plant is a Parker Universal Plant built in Leicester which can batch 6 cu metres in around 4 minutes, approximately 90 cu metres an hour.

“The new Plant has a simple and logical layout, and is well engineered. So for example, we have large silos for storing the cement so the tanker can make one delivery at night; an environmental saving on transport,” comments Andy.

“Business has been going well in the first part of this year so we’ve been very busy, along with the six trucks based at the Plant who will each deliver around 1400 loads or over 20,000 tonnes of concrete a year to the Leeds area. In addition, we have customers who come to the site to collect smaller loads,” he concludes.

The old Plant had been in operation for 63 years, built in 1952, and produced over 3.5million tonnes of concrete which has gone into local buildings and infrastructure such as Leeds Rail station, the stands at Leeds United, White Rose shopping centre and many others.

Hey Good Looking...CEMEX Wins Image Of The Industry Award



CEMEX UK scoops ‘Image of the Industry award’ at the Tip-ex and Tank-ex show in Harrogate - a UK show dedicated to the tipping, bulk haulage, tanker and bulk liquid transport industries.

This new award for 2015 is sponsored by L Lynch and the winner of this award is chosen by an independent panel and no entries are required.



According to the judges, CEMEX was everywhere promoting a positive image for the industry.

Paul Clarke proudly picked up the trophy on behalf of CEMEX.

The new Mercedes Econic low cab tipper designed to improve driver's vision and reduce accidents with vulnerable road users, currently on trial with CEMEX, was exhibited at the show in Harrogate and Carl Milton and Paul Clake from CEMEX gave a presentation at the Construction Logistics Cycling Safety seminar on 'improving safety and reducing road risk through vehicle design and technology'.

Washwood Heath Stays In Place To Supply Birmingham PFI



For the past 5 years Washwood Heath Asphalt Plant, in conjunction with CEMEX Paving Solutions has been servicing the requirements of The Birmingham PFI supplying circa 400kt over the contract period for major and minor roads within Britain's second city.

On 31 May 2015 this commitment came to its conclusion leaving a large void in Washwood's order bank. Fortunately for the supply element of the asphalt business, independent surfacing contractor, Toppesfield, has become the incumbent contractor for Amey LG who are ultimately working for Birmingham City Council.

Due to a strong relationship with this contractor CEMEX and Washwood Heath are their asphalt supplier of choice. Indicating over the next five years that CEMEX will be supplying 250kt based on 50kt per year this will involve day and night time operations.

Plant Manager, Mark Eley, commented: "This is good news for Washwood Heath and more importantly its people. We have been heavily involved in the PFI over the past few years and naturally with the ending of the CEMEX Paving Solutions relationship everyone was a little nervous. The news of our involvement with Toppesfield means we can move forward with a degree of confidence."

Andy Shield, Commercial Manager, stressed the Toppesfield order provides a good attractive commercial offer, base volume for the Washwood Heath plant, something to build on when other opportunities presents itself from a very busy Midlands market.

Area Operations Manager, Jason Barker, added that with the HS2 rail link in the background and the possible need to relocate the operation this order gives an indication of the anticipated volumes over the next few years and help shapes the size of any replacement Plant.

All in all, good times ahead for Washwood Heath.

BEING THE BEST FOR COMMUNITIES

Wheely Great Achievement For Charity RoadPeace



Massive congratulations to Stuart Keighley and Al Lavery from Central Readymix, who cycled 400 miles in 4 days through France



HELPING TO BUILD A **GREATER BRITAIN**

and back to Thorpe. This was them arriving at Thorpe last Friday afternoon.

There is still time to donate - the money raised is going to a great charity close to CEMEX UK's heart, RoadPeace.

Colleagues can donate on www.justgiving.com/A.Laverty

They have raised approx £3k so far....

London Charity Nightride



The cycling wasn't over and last Saturday Al and Stuart were back on their bikes with 10 other CEMEX colleagues to take part in the Nightrider London event that started at midnight. 100km around London - with no other traffic!! This year's ride was done in memory of Juan Lopez. Please give if you can, to the charity Cardboard Citizens who we have been involved with through training, at: www.virginmoneygiving.com/cardboardcitizen

Not sure what is was all about? See Stuart's video to find out.....

<https://vimeo.com/user3912981/teamcemexnightrider2015>

'Pictor' Lovely Day to Lend-A-Hand



Readymix North West Ops Team spent a lovely day Lending-A-Hand at Pictor Special Needs School in Timperley, Greater Manchester.

The school, which is also a Charitable Trust, has a special place in Valuemix

Manager John Lafferty's heart as his son, Ben, who has autism, was a pupil at the school from the age of two until he left last year at the age of eleven to join senior school.

The Team spent the day sprucing up garden and play areas, along with painting a pergola, summer house and various seats around the school.

Baby Bittern News For Attenborough....



It has been confirmed that there are Bittern Chicks at our reserve in Attenborough. This is really exciting news as we understand it's a first breeding record for Notts, and there are only a handful of breeding sites in the UK. Erin McDaid from the Notts Wildlife Trust, commented: "We are delighted as our Conservation Team and



Management Committee took steps in the spring to increase the chances of the Bitterns on site actually breeding and now they have, which is wonderful news”.

Safe Haven For Raven



Night shift electrician and keen bird watcher, Dean McNicholas, has been keeping an eye on a nest that has been made on a walkway on the primary washing plant at Dove Holes Quarry. The birds, believed to be Ravens, laid 3 eggs and all 3 Chicks are doing well.

Up, Up, And Away... Or Not



Manor Pit Quarry had an unusual emergency landing last week - a hot air balloon had to land there as it ran out of fuel. The Quarry was the only safe available space in the area. Thanks to Phil McComb, Site Manager, and his Team who stepped in to ensure they packed the balloon away and left site safely.

BEING THE BEST FOR EMPLOYEES

15 Years Is A Shaw Thing For Darren...

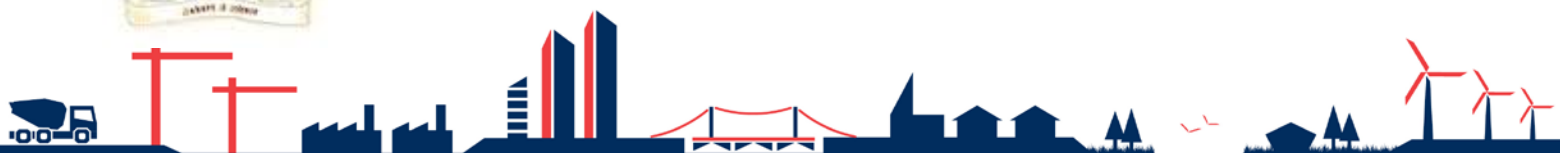


Congratulations to Darren Shaw from Central Readymix on reaching his 15 years service with the company. Matt Yaxley, his Cluster Manager commented: “This is a significant achievement and one he should be proud of. I have known Darren for some considerable time now and have watched him grow both internally at what was Colchester area office and now as an External Sales Rep in our Cluster. Keep going!! I would like to thank you for your continued support and wish you well for another 15 years.”

Sign Up For The Institute of Concrete Technology Qualification



The annual ICT Concrete & Aggregate Technology examinations recently took place at CEMEX House, Rugby, with 18 candidates taking part from different areas of the business.



Firstly, good luck to all candidates who have committed themselves to the programme since September 2014 and we look forward to seeing the results due out at the beginning of September 2015.

Nominations are now being taken for the next round starting in September 2015.

The courses benefit staff from all areas of the business including technical, sales and operations as well as employees within our customer contact centres.

For more information please click on the links below. Please send your nominations to: [GB-Cemex Learning/GB/Cemex](#)

[Concrete Technology Part 1- General Principles](#)
[Concrete Technology Part 2 - Practical Applications](#)
[Aggregate Technology - Aggregates in Construction](#)

If you have any queries please contact the Learning & Development Team.

Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
182-06-2015	Customer Service Representative	Commercial Cement	Rugby Office	19/06/2015
183-06-2015	Planning & Customer Service Supervisor	Cement	Rugby Office	19/06/2015
184-06-2015	Weighbridge Operative	Aggregates Northern	Halkyn Quarry	18/06/2015
185-06-2015	General Foreman	Aggregates Northern	Raynes Quarry	18/06/2015
186-06-2015	Packing Plant Operator/Maintainer	Cement	Rugby Plant	26/06/2015
187-06-2015	Plant Operative/Front End Loader	Readymix Scotland	Polmadie	19/06/2015
188-06-2015	Operations Team Leader	Readymix Northern	Teeside	12/06/2015
189-06-2015	Geologist	National Reserves Department	Rugby Office	11/06/2015
190-06-2015	Assistant Quarry Manager	Aggregates Northern	Halkyn Quarry & Asphalt Plant	18/06/2015
191-06-2015	Laboratory Technician	National Technical	Washwood Heath	22/06/2015
192-06-2015	Sales Agent	Asphalt	Preston Brook Office	15/06/2015
193-06-2015	Sales Representative	Readymix Central	Cluster 16 - Staffordshire	22/06/2015



For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

We would love to hear from you for the next edition on 17 June

To send us a story: either click on 'submit a story' on the UK News website or email gb-communicationsandpublicaffairs@cemex.com or call us on 01932 583 217/006.

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.



