

Can you walk or cycle to work?



for a happier



healthier journey

Drive less Live more



Road
Safety
Week 

Co-ordinated by

 **Brake**
the road safety charity

 **CEMEX**

Supporting
 **THINK**

 **Specsavers**



people don't get
enough exercise

Driving less
can help you
be fitter, healthier
and happier

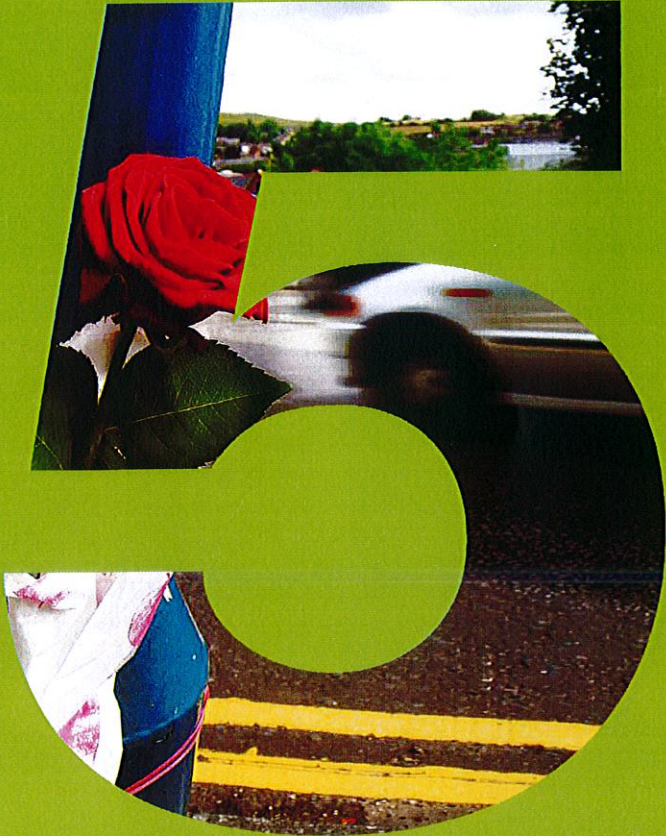


Drive less
Live more



Source of statistic: Public Health England

Every day



people die on UK roads

Driving less can reduce traffic and danger in your area



**Drive less
Live more**



4 in 10
car journeys

are less
than



miles

could you
drive less and live m~~ore~~re?



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