



Welcome to UK News 9 August 2016  
your weekly update from around CEMEX UK

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## BEING THE BEST FOR FAMILIES

### Customer Willmott Dixon Loves Our DSM Safety Briefing

**CEMEX OFF HIRE EXPERTS IN MORTAR**  
**Customer Feed Back**

Customer Name: WILLMOTT DIXON Date: 20/7/16  
Address: NEWCASTLE UNDER LYME

Please tick the appropriate box, 1 being very poor and 10 being excellent.

**Service**  
How did you find the service we provided?

1	2	3	4	5	6	7	8	9	10
									✓

WILLMOTT DIXON Safety Manager & Site Team was very impressed with the training given and value of training cards.

5. Do you feel the site and training have been provided to an adequate safety standard?

1	2	3	4	5	6	7	8	9	10
									✓

3. Breakdown response time

1	2	3	4	5	6	7	8	9	10
									✓

4. Deliveries

1	2	3	4	5	6	7	8	9	10
									✓

5. Product performance

1	2	3	4	5	6	7	8	9	10
									✓

In our Dry Silo Mortar (DSM) business we continue to monitor our performance through regular customer feedback surveys both during the supply phases of a contract and at the end. These are recorded and any lower scores actioned upon as part of our customer improvement plan. But when we get feedback where all our efforts are appreciated it's great to see and share – like this one below received on an off hire survey from our customer Willmott Dixon site in Newcastle under Lyme.

*"Willmott Dixon Safety Manager and Site Team were really impressed with the training given and training cards."*

The survey was carried out by one of our Service Engineers, Darren Stevens. We offer in-depth training sessions for the safe use of our equipment on site.

### Blood Pressure – Know Your Numbers



WATCH YOUR HEALTH

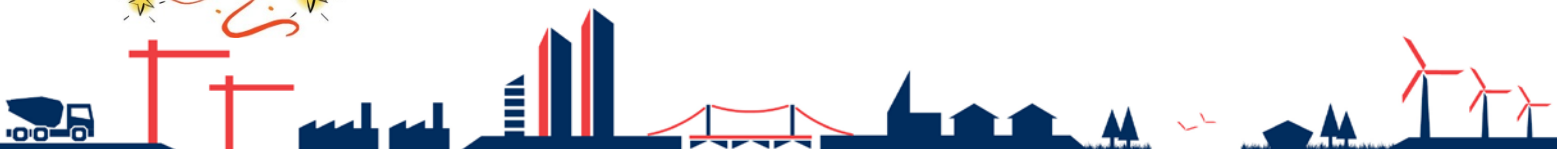
High blood pressure is often referred to as a 'silent killer', increasing the risk of having a heart attack or stroke. The only way to know if you have it, and need to do something about it, is to have your blood pressure checked.

Please share the Health Alert in the download section with Teams, as appropriate, and encourage people to get to know their health numbers.

### Congratulations To Joseph



Tattershall Quarry would like to say congratulations to Joseph Worley for successfully completing the IOSH course. Well done.



## BEING THE BEST FOR CUSTOMERS

### Customer Centricity - Our Passion – A Message From Our CEO



“Customer Centricity is one of our business priorities at CEMEX. It is also one of our five company values. I want to invite everyone to join us in formally committing to make Customer Centricity our passion.

It is important to ensure that our products, services, and solutions - across all of our operations - are focused on satisfying the business needs of our clients. We must understand that an important part of our added value is to guarantee that our customer experience is easy, reliable, and enjoyable.

To accomplish this, we have embarked on a cultural change of the utmost relevance for all of us who are part of this great company. Regardless of our country or our role, we will focus on ensuring that CEMEX's trademark is always providing extraordinary service.

It is of the utmost importance that all of us share this reality. Each member of our company, from their personal standpoint in whatever the role they perform, must strive to make Customer Centricity the driver of our daily activities.

Our success depends on the support of all of you. Join me - and everyone at CEMEX - in making Customer Centricity our passion.

*“Let's place our Customer at the centre of our operations in order to exceed their expectations and to create an enjoyable experience whenever they do business with us.”*

### Being The Best For Vinci And Bachy of Thames Tideway Tunnel.....

#### Thames Tideway Tunnel

Creating a cleaner, healthier River Thames



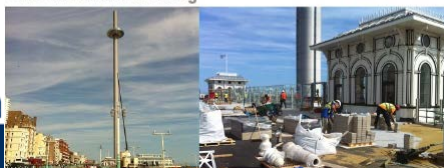
Another Friday was spent last week in the National Technical Centre (NTC) laboratory at Southam showcasing one of our bespoke concrete designs for a high profile contract to a high profile customer - in this case two customers - Vinci and Bachy. The concrete is required to have a six hour consistence retention at an F5,

be placed by tremie with good rheological properties to limit static segregation. Customers were impressed with the concrete design and commented on the professionalism of the Team at NTC. Further lab trials are now required to complete the plastic properties tests as well as hardened tests for durability. Thanks to John Shrimpton and Sean ODonnell for carrying out the trial and to Paul Griffin for advice during the preliminary trial work.

### Readybase Helps Give Clear Views From New Brighton Tower



Adam Leverett reports that over the last few days we have supplied 32 tonne bags of our dry paving/bedding material 'Readybase' to the new 'i360 Tower' on Brighton seafront.



The £46m project consists of a 162metre observation tower with a restaurant below. The paving is one of the final pieces of the puzzle as the attraction is due to open to the public on 4th August so we had to act fast and turnaround an order within 48 hours - thanks to Andrew Bright, Virginia Spencer and their Team for organising everything so quickly. This might not be the biggest order ever but 32 tonnes at circa. £45.00/t margin and an opportunity to supply one of our perhaps lesser-known products to such a prestigious site is worth blogging!

## BEING THE BEST FOR SHAREHOLDERS

### The Half Million Record Is Smashed At Dove Holes



Yet another record for DOVE HOLES ! The primary load & haul and crushing team managed to process 508,999 tonnes for the month of July.

Never before in the Quarry's history has >500,000 tonnes been achieved in one month. Many contributing factors played the part from the maintenance, the weather and a 'can do' attitude from the Team.

A great effort by ALL....

### Down the Line – Weds 10<sup>th</sup> August @ 1pm



Please join our next **Down the Line call on Weds 10th August @1pm** - find out how the UK business as a whole is getting on against targets in all our key stakeholder groups. Listen to the Top Team give their update of progress and answer any of your questions about how the business is doing.

Dial in just before 1pm using the information below:

UK Toll Number: 02031394830  
 UK Toll-Free Number: 08082370030  
 Participant PIN code: 77664678#

If calling from outside UK see list of numbers here:

[http://events.arkadin.com/ev/docs/NE\\_FEL\\_Events\\_International\\_Access\\_List.pdf](http://events.arkadin.com/ev/docs/NE_FEL_Events_International_Access_List.pdf) )

Watch the slides from this link:

<https://arkadin-event.webex.com/arkadin-event/onstage/g.php?MTID=eea81d79996d88a7edc1b3fcc34c20fcf>

Password for slides: 675048

Copies of the slides will also be on Shift in the Down the Line community page to download.

Please email any questions you have before the event to:



**gb-communicationsandpublicaffairs@cemex.com**

or ask your question in person or via the webchat facility on the day.

## Rugby Cement Plant ISO50001 Success



Rugby Cement Plant has successfully completed its ISO50001:2011 certification audit with SGS.

During the three day audit many areas/teams were visited and the Auditor has recommended that our Energy Management System (EnMS) is certified to ISO50001:2011 standard.

He also made a number of comments regarding the site and personnel, a few are below:

- “Energy management is clearly embedded in the overall culture of the plant.”
- “The Team have excellent skills, knowledge and awareness of energy management.”
- “The site can demonstrate year on year reductions in energy consumption and have a number of on-going initiatives in place to further improve energy performance.”

This was a real Team effort from both site and central functions so thanks to everyone involved for their efforts in ensuring this excellent result.

## BEING THE BEST FOR COMMUNITIES

### Cluster 16 Lends-A-Hand With Some Olde Worlde Concrete



James Wainwright from Cluster 16 reports that Avoncroft Museum, Bromsgrove is always looking for people to help maintain the museum's buildings and services. Duties included painting, digging, woodworking and lifting. Those with plumbing and electrical skills were very welcome and volunteers would need to be physically fit to carry out the required duties.

With this in mind we contacted the museum and went and visited to see what CEMEX could do/offer. There were more than enough jobs to help with; the one we chose was to reinstate a 1930's looking concrete path at the front and rear of a 1930's Nailers Cottage that they reclaimed by dismantling and rebuilding brick by brick! Avoncroft said: “We want it to look really old and cracked if possible” - the first I have heard a customer request that - should we pass it on to one of our competitors? We had to do the ground works, prepare the area with stone ready to concrete, and dig a soak away as they built the cottage in a hollow. Let the work commence!

### Legal Lend-A-Hand At Thames Valley Adventure Playground



The UK Legal Team recently completed their Lend-A-Hand day at Thames Valley Adventure Playground in Maidenhead. Their task was renovating/repainting an old wooden spaceship that is used as a piece of play equipment in the



HELPING TO

ITAIN



park that had started to look a little worse for wear and was in need of a little TLC (and a lot of paint).

The photo shows the 'before' of the spaceship, photos of the 'after' will follow soon! Teri and Carol also did some finishing touches on a wooden giant to help bring the park to life! Thames Valley Adventure Playground kindly sent a thank-you letter stating how delighted they were with the results of their labours, and how their contribution had made such a difference.

### Andy's War On Waste



Sustainability Director, Andy Spencer, was inspired by the BBC1 programme 'Hugh's War on Waste' which explained how paper cups used by coffee chains cannot be recycled due to the plastic lining contained within them and also how the cups are all made from primary material.

Andy said: "As many of you are aware we use this type of paper cup in some of our offices costing both money and environmental impact. They are at least 5p each to

buy and then we have to pay to dispose of them. Raw materials are used but they can't be recycled.

Amazingly we use around 50,000 of these cups a year in Rugby office alone! On the 7th Floor today in Rugby we've stopped using paper cups and moved to washable mugs, taking responsibility for washing up and keeping tidy. It would be great if we could roll this practice out - we have plenty of mugs available at Rugby and would be able to distribute them around offices as people travel so do let us know if you can make the change and we'll get some across to you. This will save the business money, help our EP&L and the environment. I'll be touring the Rugby office to rally support over the next few days! All we'd ask is that you take responsibility for washing up your own mug. We're very close to starting to implement some better office recycling initiatives on sites where we haven't had up to date facilities, and ditching our paper cups would be a great way of starting this initiative! Thanks for your support." A good 'mug' shot of the committed individuals below....

If you didn't see it, Hugh's War On Waste is available on catch up and also a BBC news article can be found on the following link: <http://www.bbc.com/news/magazine-36882799>

### West Burton Technical Team Lend-A-Hand



The Technical Team from West Burton spent the day at Scotter Primary School, Lincolnshire sprucing up the role play/outdoor area for the Key Stage 1 children.

This Lend-A-Hand originated from a request for help from the school to revamp and tidy the secure play area where the youngest members of the school play and learn. One of our Technical Analysts, Kieron Marshall, who is also a parent of a child attending the school, brought this information to the other members of the Team, Mark Pywell and Oliver Chappell as an

opportunity to Lend-A-Hand.



The work involved disinfecting of educational equipment, cleaning and fixing furniture and storage, refreshing a wood-chipped play area and revitalising a decked area.

Clare Lister, Deputy Head of Key Stage One, expressed her gratitude for the Team's efforts and for the positive improvements made that would benefit the children's engagement in learning and improve their safety.

### Get Snapping Now .... MPA Nature Photo Competition 2017



MPA will officially launch the 2017 MPA Nature Photo Competition early next year but now is the time to start taking every opportunity to capture images of Fauna and Flora, and their habitats (including their landscape setting) found on operational quarries, partly or fully restored sites or any site plant. The competition will once again be open to all employees and we look forward to receiving your entries next year.

Last year's inaugural completion attracted over 200 entries from across the membership and volunteers at RSPB and Wildlife Trust sites. They were celebrated at an awards ceremony and exhibition during the high profile MPA Quarries and Nature event in London and in a stunning desk calendar.



Contact [Elizabeth Clements](#) or [Rhian Geary](#) at MPA for more information.

### Cottam Ash Team Tackle Wayward Garden!



A member of the Cottam Ash Team lives in a local village and noticed that a once prized garden had become extremely overgrown. He discovered that one of the male elderly brother/sister occupants had suffered a recent potentially debilitating illness whilst the elderly sister had suffered a disability from her younger years. They were clearly in no position to maintain the garden..... sounds like a job for the Cottam Ash Team.

So on Friday 29 July, six hours and a free lunch later, the garden was trimmed, strimmed and cleared. A certain member of the group volunteered to return to ensure the grass and shrubs remain in a manageable state. It should be noted that four members of the Team are shift workers and gave up their own time to this cause. As a group bonding and teambuilding exercise the value from the day was immense. Well done!

Pictured left to right are: Paul Hollis, Jamie Cartwright, Glynn Horton, Jason Cook, Stewart Macrae, Ian Cawston and Nigel Smith (behind the camera).

### Pro Ash Lend-A-Hand At Debdale Park



As part of the Lend-A-Hand day the Pro Ash staff attended Debdale Park Youth Centre to work for the day. Phil Bartram, the organiser,



commented that the work done was invaluable to the centre as work had been done that the centre did not have the staff or skills to do such as fitting hand rails, painting and repairing the roller for the cricket pitch. It was a great gesture by Pro Ash.

Pro Ash staff Phil Bartram, Jason Steeper, Brad Joburns, Andrew Warburton are pictured at the Debdale Park Community centre.

## Rugby Shirts For Blue Flame



Martin Ward is the Plant Supervisor for Castleford Mortar Plant. He approached CEMEX to see if we would buy some shirts for his Rugby Club, the Blue Flame. Being Best for Communities CEMEX agreed.

Martin is from Castleford and if you know anyone from there you will know that everyone from Castleford is Rugby mad. Nearly every conversation eventually gets around to Rugby even when queuing in a shop you will hear the locals talking about Rugby.

Martin is pictured in his new shirt!

## BEING THE BEST FOR EMPLOYEES

### Aggregates, Asphalt, Paving Solutions, Marine & Aggregate Logistics Employee Forum



The Employee Forum for our Aggregates, Marine, Paving Solutions, Aggregate Logistics and Asphalt business met earlier this week.

The forum is designed to share company information and employee concerns to work collaboratively in finding solutions to some of those everyday niggles that affect our day to day work. For one representative it was a sad day as Alan Spencer, representative for Paving Solutions, retires from our business this week after 11 years with the Company and nearly two years with the forum. We would like to thank Alan for all his hard work and contributions over the years and wish him a very happy retirement. Alan hands over the reins for the Employee Forum to Gary Money. We are delighted Gary has decided to join us and welcome him to the group.

Your local representative can provide you with all the Company updates and responses to your queries, so please continue to raise your questions or queries with them.

It really matters to us that you have a place to share your concerns and collaborate on finding effective solutions to resolve the issues.

Your local representatives are:





Name	Job Role	Business	Representing all employees in Area	Company Mobile No.	Company Telephone No.	Email	UK Comms Forum Rep
Alistair Gibb	Sales Representative	Aggregates	Scotland	07976 627507	01698 811118	<a href="mailto:alistair.gibb@cemex.com">alistair.gibb@cemex.com</a>	
Ceira MacLachlan	Weighbridge Operative	Aggregates	North West			<a href="mailto:cieraisobel.maclachlan@cemex.com">cieraisobel.maclachlan@cemex.com</a>	
Jeff Sewell	Sales Representative	Aggregates	North East	07801 741911		<a href="mailto:jeffrey.sewell@cemex.com">jeffrey.sewell@cemex.com</a>	YES
Paul Whyte	Fitter	Aggregates	Doveholes		01298 287000	<a href="mailto:pauljameswhyte@cemex.com">pauljameswhyte@cemex.com</a>	YES
Brian Beales	Quarry Manager	Aggregates	East	07833 583868		<a href="mailto:brian.beales@cemex.com">brian.beales@cemex.com</a>	
David James	Sales Representative	Aggregates	South West	07788 152810		<a href="mailto:david.james@cemex.com">david.james@cemex.com</a>	YES
Alex Maybury	HGV Driver	Aggs Logistics	Midlands			<a href="mailto:via: peter.hunt@cemex.com">via: peter.hunt@cemex.com</a>	
Justine Tweedy	HGV Driver	Aggs Logistics	South East			<a href="mailto:justine.tweedy@cemex.com">justine.tweedy@cemex.com</a>	
Gary Money	Project Manager	Paving Solutions	UK	0292 0671991		<a href="mailto:gary.money@cemex.com">gary.money@cemex.com</a>	
Graham Osman	Senior Negotiator	Marine	UK	07889 315468		<a href="mailto:graham.osman@cemex.com">graham.osman@cemex.com</a>	YES
Emma Housley	Internal Sales Representative	Asphalt	Southern	0845 1556367		<a href="mailto:emma.housley@cemex.com">emma.housley@cemex.com</a>	
Andrew Raeburn	Plant Manager	Asphalt	Northern	07920 073249	0131 5550053	<a href="mailto:andrew.raeburn@cemex.com">andrew.raeburn@cemex.com</a>	

## David Perry Reaches 25 Years Service



Congratulations to Dave Perry who reached 25 years service on 1st July. Dave started in 1991 with RMC Mortars, CEMEX Concrete in 2008 and Northern DSM and Mortars & Screed in 2012. Dave has seen massive changes in his 25 years and comments: "There was no internet, no mobile phones or the mass of technology and social media we have today - it was pagers and dirty telephone boxes back then. The mortar market in the North West has gone from lime sand in skips to ready to use, and the rise of the dry silo mortar market.

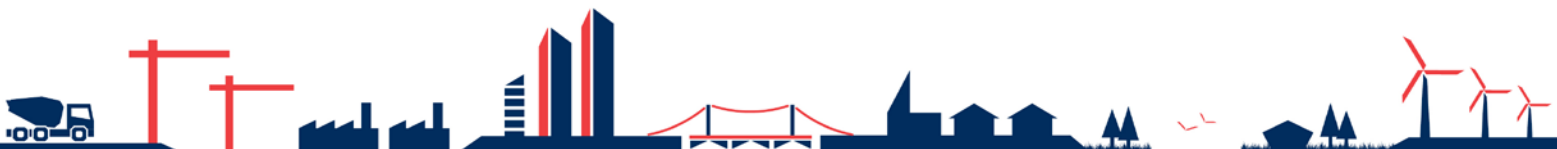
The UK DSM market started on my patch in April 2002 and the first Supaflo load was trialed at site in Oldham in 2000. The biggest change though has been our Health & Safety culture and it has been for the better."

In the picture shows Dave being handed over his award by Adam Smith, alongside the Northern Mortar & Screed Team, Shippers and Sales Reps. Dave has spent his money on flights for a holiday to Malaga with his family.

## CEMEX's Own Ploughing Champion, Graham Jones



Hidden amongst our colleagues in North Wales is our very own ploughing champion, Graham Jones. He works at Halkyn quarry and has been rather successful in ploughing championships over the last 20 years, for example, 2nd place in the National Championships in 2013. Coming up soon, on 8th Sept, is the British National Championships at Crocky Hill nr York where Graham will be entering the Ferguson T20 class, a grey 'Fergie' with plough as it comes out of the factory with no adaptations. At the competition Graham will have four hours to plough a plot 100 yards x 70 yards, all parallel furrows of course! Good luck Graham.





## David Everson Reaches 15 Years



David Everson, based at Taffs Well Quarry near Cardiff, recently reached his 15 years service award.

David is the Primary Crusher Operator and Excavator Driver, however, he also drives all the other mobile equipment on site from mini digger to tractor and bowser.

He can also turn his hand to the fixed plant operation as well which makes him a “Jack of All trades”.

## Stockton Service Centre Repeats Healthy Lifestyle Group In 2016



In January 2015 Stockton Service Centre formed a CEMEX Healthy Lifestyle Group for people who wanted to lose weight and maintain a healthy lifestyle. Each week they would all be weighed and their weight loss tracked - paying £1.00 each. Each month a third of the money total was awarded to the ‘Slimmer of the Month’. The remainder of the money was put away to be donated to a charity of the winner’s choice at the end of six months. Due to its success in 2015 Stockton have decided to

continue the group into 2016.

Here is Chris Westwood’s story: “I had always tried to maintain my weight and follow a healthy diet but I never reached my ideal weight! I joined the group in 2015, gradually lost some weight and in January 2016 I started following “The Body Coach” (Joe Wicks) on Instagram. I also bought his first book (Lean in 15) about cooking healthy and maintaining a low carbohydrate diet on a non- workout day, introducing higher carbohydrate meals on a workout day. I am pleased to say I was the 6 month overall winner this year. From January 2016 to June 2016 I lost just over one stone. I have maintained this and now doing a lot more exercise/training to tone up. Naturally the weight loss will reduce and hopefully the inches will too! I have now bought Joe’s second book (Lean in 15 - The Shape Plan) and I’m looking forward to this next phase to hopefully see further results. The money collected for Charity over the six months was £250.00 - I have donated this money to a local charity called ‘Tees Valley Wheelchair Sports Club’, a charity which my colleague, Fleur Wilson, works very closely with.”

## Welcome To Baby Poppy



Mark Taylor, Transport Planner in the Cluster 7 Shipping office, is pleased to announce the birth of his first child Poppy.

Poppy was born on 26 July weighing in at 8lb 6.5ounces.

Congratulations!



## Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
204-07-2016	Plant Fitter/Fabricator	Aggregates Central	Ryall Quarry	12/08/2016
205-07-2016	Maintenance Support Electrical - Shifts	Cement	Rugby Plant	10/08/2016
208-08-2016	Aggregates Planner *** Temporary Maternity Cover 12 months***	Aggregates Central	Rugby Office	19/08/2016

For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

### **We would love to hear from you for the next edition**

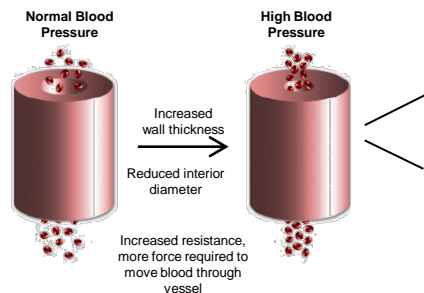
To send us a story: either click on 'submit a story' on the UK News website or email  
[gb-communicationsandpublicaffairs@cemex.com](mailto:gb-communicationsandpublicaffairs@cemex.com)  
 or call us on 01932 583 217/006

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.





## BLOOD PRESSURE – KNOW YOUR NUMBERS



The narrowing of arteries due to inactivity, high fat diets, smoking and excessive alcohol consumption leads to high blood pressure

Blood pressure is a measure of the force that your heart uses to pump blood around your body.

### How is blood pressure measured?

Two measurements are recorded:

- the pressure when your heart pumps blood through your arteries (systolic pressure): this is when the pressure is highest, and
- the pressure when your heart is resting before it pumps again (diastolic pressure), when the pressure is lowest.

Blood pressure is measured in millimetres of mercury (mmHg). Readings are given as two numbers or levels. The systolic reading is first, followed by the diastolic reading. For example, if your systolic reading is 120mmHg and your diastolic reading is 80mmHg, your blood pressure is 120 over 80, commonly written as 120/80.

### Is my blood pressure high, normal or low?

Blood pressure can be high, normal or low.

If you consistently have a reading of 140/90 or higher, you may have high blood pressure (hypertension).

Generally, the lower your blood pressure, the healthier you are. As a guide, the ideal blood pressure for a young healthy adult is 120/80 or lower.

It is possible to have abnormally low blood pressure. People with a reading of around 90/60 or lower are generally considered to have low blood pressure; there may be an underlying cause that could need treatment.

### Check your blood pressure – Know Your Numbers

High blood pressure is often referred to as a "silent killer" –the only way to know if you have it is to have your blood pressure checked. Health professionals such as nurses, pharmacists and GPs can check your blood pressure with a simple test.

High blood pressure increases your risk of having a heart attack or stroke, but there are things you can do to lower your blood pressure and reduce your risks.

- **Take regular exercise**
- **Eat healthily**
- **Maintain a healthy weight**
- **Limit alcohol intake**
- **Don't smoke**

If you have been diagnosed with high blood pressure and prescribed medication, ensure you take it as instructed.

### Do you know your numbers?

**1 in 5 of our employees have high blood pressure.**

High blood pressure usually has no signs or symptoms, so the only way to know if you have high blood pressure is to have yours measured.

**Know your numbers, reduce your risk!**



HEALTHY HEART



EAT & DRINK WISELY



WATCH YOUR HEALTH

