

HOLD HANDRAILS ON STAIRWAYS AND USE THREE POINTS OF CONTACT WHEN GETTING INTO/OUT OF VEHICLES

Aim: Prevent falls from vehicles and on stairs as these can cause serious injuries.

Responsibilities:

- **Managers** – Ensure steps, handrails, etc. are kept in good order and help everyone understand why we need to ‘Get a Grip’.
- **All Employees** – Follow the ‘Get a Grip’ principle, never rush or jump down from stairways or vehicles.

