



Welcome to UK News 5th Jan 2017 your weekly update from around CEMEX UK

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BEING THE BEST FOR FAMILIES

Stay Safety And Health Focused In 2017



Well done for maintaining our recent ZERO harm trend through to the year end, with a sixth lost time (LTI) and recordable injury (TRI) free week.

work training this week to help ensure we maintain the ZERO trend

Many parts of the business have carried out back to



The photos show rail products, Westmill and Hatfield, and Bradwell Logistics in their back to work sessions.

There are several more examples on twitter! #CEMEX_UK

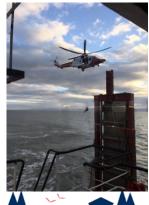
Please remain totally focused on keeping everyone safe at work so that they can go home unharmed to their families every day.

Emergency - Call the Coastguard!!



Don't worry though - it was only a drill.

Over the past couple of weeks both the Sand Falcon and Welsh Piper marine dredgers have had visits from the UK Coastguard, undertaking rescue operation drills.







Drills such as these are part of life on board our ships, alongside others such as emergency evacuations, lifeboat launches, fires and even dealing with bombs. They all play an important part in making sure we keep our people safe every day.

Be Prepared For The Cold



Forecasts are predicting colder conditions over the next couple of weeks, with frosts and wintery showers affecting several areas.

In order to minimise our most common cause of injury, *slips, trips and falls*, everyone is encouraged to take personal responsibility for reducing the risks by ensuring they wear suitable footwear, keeping to designated routes, maintaining three points of contact on steps and stairways, and taking extra care when climbing down from vehicles and mobile plant.

Think About Your Health.....



With the excesses of Christmas behind us many of us think about getting fitter and healthier around this time of year.

Some top tips include:

- Cut down on your sugar intake focus on healthy alternatives to cake and biscuits such as fruit and veg instead.
- Get moving try and do at least 3 x 30 minutes worth of walking each week to try and improve your health.
- Cut down on the alcohol maybe even commit to a dry January! Replace beer and wine with sparkling waters with a wedge of lemon and lime in or just drink alcohol at weekends, make Monday to Friday alcohol free. Beers and lagers have the most calories in, so maybe swap to a white wine spritzer with soda water or gin and tonic for the lower sugar/calorie options?

It's amazing how many small changes can make a big difference to your health and wellbeing.

BEING THE BEST FOR CUSTOMERS

2017 The Year Of Customer Centricity



As we enter a year when customer centricity will play a central part in our business development, we were delighted to see we had a happy customer on twitter! A final composite concrete floor slab was laid at new Eastern High School in Cardiff and we delighted the customer with our service and product.

Well done to the Readymix team for a great job.

Please send in your stories of delighted customers – large and small – so that we can share with everyone in CEMEX UK how we are busy serving our customers day in day out and being the best in the business.

BEING THE BEST FOR SHAREHOLDERS

Don't Forget Jesus's Roadshow

Pass The Baton Safely In

CVA+16

With the New Year upon us Jesus invites you all to attend one of his annual roadshows which will take place from Monday 23rd Jan - Friday 27th Jan.

Did we pass the baton on safely in 2016 to reach our CVA+ goal? And what will our aims be in 2017? Come and find out in Jesus's new style roadshow.

Here is the schedule so that you can plan to be there. Any employee is welcome to attend if they can make it. Please check with your Line Manager if you would like to attend.

Mon 23 rd Jan:	9.00am - 10.00am	- Hilton Strathclyde Hotel, Glasgow, ML4 3JQ	
	3.30pm - 4.30pm	- Daresbury Park Hotel, Warrington, WA4 4BB	

Wed 25th Jan: 9.30am - 10.30am - Huntingdon Race Course, Huntingdon, PE28 4NL

2.00pm - 3.00pm - Benn Hall, Rugby, CV21 2LN - Rugby Cement Plant, CV21 2RY

Thurs 26th Jan: 9.30am - 10.30am - Eastwood Park Hotel, Wotton Under Edge, Glos,

GL12 8DA

3.00pm - 4.00pm - St Mary's Stadium, Southampton, SO14 5FT

Fri 27th Jan: 10.30am - 11.30am - Hotel Mercure, Brands Hatch, Dartford, DA3 8PE

2.30pm - 3.30pm - Thorpe office

The Magic 5 Million...



Congratulations to the Team at Dove Holes who achieved the fabulous achievement of 5 million tonnes of sales in 2016.... a fantastic milestone.

A-ma-zing....

Stay Cyber Safe



Remember to help prevent cyber fraud and hacking by following the password best practice outlined in the poster at the end of this UKNews or in the download section on the website.

Passwords are one of the most common ways to access secure systems. Make sure your password is hard to guess, contains at least 8 characters using a mixture of letters, symbols, numbers and upper and lower case.

See the list of the most common passwords and try to avoid using them! These suggestions include your personal internet use as well as company use too!

For more info contact: security.culture@cemex.com

BEING THE BEST FOR COMMUNITIES

First Ever UK Sustainability Award



Apologies to Peter Hember for incorrectly writing what he won his first ever CEMEX UK Sustainability Award for in the last edition of UK News. Peter actually won the award after himself and members of his Team often found that doors were propped open for convenience around the Plants. They installed a simple switch on the doors which switch off the heaters. Along with a thermostatic control, this saves considerable energy, is simple to install and easily replicated across most sites.

Andy Spencer, UK Sustainability Director, commented: "The quality and volume of entries was fantastic, with brilliant and simple improvements being made throughout our business to improve our Environmental Profit and Loss, and to help our business overall being Best for Communities. Some examples were:

- Laboratory aggregate drying ovens connected to timer switches turning off ovens out of working hours.
- Designing and installing a new and comprehensive dust suppression system.
- · Replenishing the beach at Bournemouth.
- A new fuel monitoring system has been installed onto the Sand Falcon dredger.
- · And many more!"

The picture is Peter accepting his award with Jesus Gonzalez, Chris Leese and Al Laverty.

The Weird And Wonderful Juniper



Many counties in southern England have lost over 60% of their Juniper population and in Bedfordshire the last remaining population is found at CEMEX's Kensworth Quarry, which is a working Quarry and a Site of Special Scientific Interest (SSSI).

Juniper is an evergreen shrub or small tree in the Cypress family. They are slow-growing, typically they grow about 3-5cm per year and live on average for about 100-120 years, however, they can live for longer, for example, the oldest recorded Juniper in the UK was aged at 255 years.

There is a long association of Juniper with people and it is for its culinary, medicinal and ritual properties that Juniper is best known. The most famous use of the Juniper berries is in the flavouring of gin as well as flavouring many foods and liqueurs. Juniper berries may also have been added to food for their medicinal properties as they were said to aid digestion and to be a cure for various stomach ailments. The earliest recorded medicinal use of Juniper berries occurs in an



Egyptian Papyrus dating back to 1500BC in a recipe to cure tapeworm infestations.

The Junipers at Kensworth Quarry are found just south of the Quarry dispersed along two rows of chalk cliffs in a roughly 1 ha area. All of the mature shrubs were being engulfed by invading shrub which was limiting their access to light, water and nutrients and making it very hard to count how many there actually were.

To preserve the last remaining Bedfordshire population of Junipers we needed to be proactive and on 5th December 2016 The Wildlife Trust, with the help of CEMEX, spent a day clearing the Hawthorn and Blackthorn scrub from around the Junipers to give them more space and allow them to grow unimpeded. Also, this management opened up the ground layer, improving conditions for seedling establishment.

This clearance work also allowed us to get up close and count them and overall we found 17 Junipers of a mix of male and females, of which 11 were mature and 6 were seedlings growing underneath or near the mature shrubs. We also took some of the ripe berries away and some cuttings from the mature shrubs to grow on and in the future plant them in other suitable areas to expand the population. We also have six 1m tall Junipers which were grown on from cuttings taken several years ago from this population, and grown on in a tree nursery; they are now ready for planting into the publically accessible Nature Reserve at Kensworth Quarry next spring.

Many thanks to Laura Downton from The Wildlife Trust for this article.

A Record Year For Birds At Attenborough

2016 was a year for breaking records at the Attenborough Nature Reserve. At the time of writing no fewer than 172 different bird species had been spotted by visitors to the Reserve, making it the best year since records began. It has beaten the previous record, set in 2013, by just three species.



The most notable birds included; Whiskered Tern, Glossy Ibis and Yellow-Browed Warbler – all of which had never before been seen on the Reserve. A Purple Heron spotted in May became only the seond of its kind to be seen at Attenborough. Other rarities included;

Red-Backed Shrike (only the fourth record in 50 years), Slavonian Grebe, Black-Necked Grebe and an unprecedented 40-50 Sandwich Tern seen in early April. Attenborough Reserve is a great example of a restored Quarry which is now managed by Nottinghamshire Wildlife Trust.





The photos show the Whiskered Tern (top left), Glossy Ibis (top right) and Yellow Browed Warbler (bottom right).

A Long Time Ago In A Galaxy Far, Far Away...



OK last week in Nuneaton another Aggregate Team took on a mission to defeat the dark side of untidy aggregate borders at Nuneaton and North Warwickshire Equestrian Centre for the disabled to offer new hope for the riding school to look neat and presentable.

The Team undertook their return (of the Jedi...) Lend-A-Hand mission following on from their previous day last year, and Stuart

Wood wrote this 'star' story about it on Shift.

"Outside the indoor riding arena had become untidy and overgrown but the Empire was about to strike back!

We had to clear approx 5-6t of waste material, laid Terram then covered it in the finest Staffordshire Pink Gravel from Rugley Quarry.

We barrowed approx 200-300 loads using the force and I registered 29,340 steps that day on my Fitbit! Fortunately we had good weather for the time of year which made it a lot easier.



The charity provides riding and horse therapy for disabled people in North Warwickshire to help build confidence, and offer an hour or two respite for carers or parents. They also have several volunteers which include boys and girls from 12 years old upwards to experience working with horses and it gets them off the streets to do something constructive with their time.

This event starred:

Andrew 'Kenobi' Barber, Gareth 'Yoda' Fenna, Trevor 'Skywalker' Barnacle and Stuart 'Chewbacca' Wood!"

BEING THE BEST FOR EMPLOYEES

30 Years Each For Tony And Thomas



Thank you and congratulations to Tony Carroll and Thomas Hough at Salford who both recently completed 30 years service.

Thomas retired at Christmas too so it was extra special that Lex found the time to congratulate them before Thomas went!

Climb Every Mountain



After the floor switches earlier in the year, there still remained a few finishing touches to be done with the Preston Brook office refurbishment. One of these was the installation of a mural on the end wall of the new ground floor kitchen/rest room.



Staff were consulted over the designs, the paper ordered and their very own Supply Chain Director, Neil Farmer, ably assisted by Planner Aaron Mcdowell, put up the mural.

Goodbye And Thank You Paul



Paul Craven, Cluster 6 RMX Sales Representative for Merseyside, retired on 23rd December after 30 years working in Northern Region. He has decided to take early retirement to spend time with his wife, Gail, and new grandchild.

The photo is of Paul's leaving party at the Preston Brook Beefeater – he is pictured with over 30 colleagues attended the farewell meal and drink to say goodbye.

Danny Roberts, Cluster 6 Sales Manager, commented: "Farewell and thank you to Paul for all your hard work over the years, we will

miss you."

Great January Offers From CEMEX Lifestyle



Thinking of booking a holiday or got some Christmas money to spend?? Don't forget to look at the CEMEX Lifestyle website for special offers for all CEMEX UK employees.



www.cemelifestyle.co.uk



Holiday Competition



If you do decide to book a holiday and book it via the CEMEX Lifestyle site then you will be entered into a prize draw to win up to £500 spending money!



Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
332-12-2016	Commercial Manager	Aggregates Northern	Scotland	13/01/2017
333-12-2016	Operative x 2	Building Products - Floors	Wick	11/01/2017
334-12-2016	Quarry Operative	Aggregates Central	Swinderby	06/01/2017

For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

We would love to hear from you for the next edition

To send us a story: either click on 'submit a story' on the UK News website or email gb-communicationsandpublicaffairs@cemex.com or call us on 01932 583 217/006

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.







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WE ARE GIVING AWAY £1,000 OF SPENDING MONEY TO HELP YOU GET YOUR NEW YEAR OFF TO A GREAT START!

Competition runs between 3rd January 2017 and 10th February 2017

Book your holiday by logging into your account and searching 'Discount Holidays' or 'Getaway' and either book via the website or call our dedicated travel department. Once booked you will be entered into the prize draw to win spending money towards your upcoming holiday. What a great way to start 2017!







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10%
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Prevent Cyber Security Incidents

by Following Best Password Practices

Passwords are one of the most commonly used security mechanisms to prevent unauthorized access to systems and sensitive information. However, if people select weak passwords, the risk of an incident occurring rises.

Please consider the following practices to create and use passwords:



Use passwords that are hard to guess. Avoid using words like: your employee ID, the name of the company, name of your favorite sport team, etc.



If your current passwords are easy to guess (e.g., Company123, Company2016, password, etc.) or default passwords (letmein, admin, etc.), please change them.



Create passwords of at least eight characters. Use a combination of numbers, capital letters and lowercase letters. Avoid words that can be found in the dictionary.



Do not store your list of passwords on your computer in plain text, nor on a post-it or piece of paper that are easily accessible to other people.



Change your passwords frequently, avoid using the same password for different applications, and Do not share your password with anyone

The following list shows some of the worst passwords, please avoid using them:

- 12345678
- abcd1234
- qwerty
- 11111111
- Passw0rd
- Login
- Letmein • 1qaz2wsx
- Admin
- Month name + year
- · Car brand name + model
- User ID
- Employee number

Enterprise Information Security Management

security.culture@cemex.com