



## GET A GRIP – Site Audit

<b>Site Name:</b>	
<b>Person(s)</b>	
<b>Undertaking Audit:</b>	
<b>Date:</b>	

Walkways	Yes	No	Comments
Are walkways designated and physically segregated from traffic where possible?			
Are they well lit and do they have a good walking surface?			
Are they kept clear of obstructions and spills?			
Are changes in level / direction highlighted with yellow paint?			
Do people use designated walkways and crossing points, rather than taking short cuts?			
Are people walking rather than running?			
In winter, are precautions implemented to minimise the risk of slips and falls on external walkways due to snow / ice?			
Stairways / Inclined Walkways			
Are stairways / inclined walkways maintained in a suitable condition? (Not worn or slippery)			
Are changes in level / direction highlighted with yellow paint?			
Are battens, anti slip treads, etc. used as appropriate to ensure suitable grip?			
Are stairways / inclined walkways lit and free of obstructions?			
Are there handrails for use on stairways / inclined walkways, does everyone use them?			
Are people walking rather than running up and down stairways / inclined walkways?			
Are people carrying items on stairways / inclined walkways that restrict their vision?			
In winter, are precautions implemented to minimise the risk of slips and falls on external stairways / walkways due to snow / ice?			
Portable Ladders			
Are portable ladders locked away and their use controlled?			
Are ladders well maintained and included in inspection schemes?			
Are ladders only used for access?			
Have people been trained in use of ladders and are they formally authorised?			





	Yes	No	Comments
Are people maintaining 3 points of contact whilst using ladders?			
Are ladders securely anchored to prevent movement?			
Could more suitable alternative access methods be used that eliminate the use of portable ladders?			
<b>Fixed Ladders</b>			
Are rungs evenly spaced and undamaged?			
Are there self closing gates at the top of vertical ladders?			
Are safety hoops fitted to the ladder?			
Do people wear suitable gloves to improve grip whilst climbing ladders?			
Is access to vertical ladders restricted / locked off to prevent unauthorised access?			
Are people maintaining 3 points of contact whilst using ladders?			
Are the access points to vertical ladders free of obstructions?			
Do openings restrict/hinder access?			
<b>Mobile Plant &amp; Vehicles</b>			
Are hand holds, steps and ladders suitable, in good condition, secure and clean?			
Is access / egress suitable for all activities, including maintenance?			
Are handrails, etc. in place as appropriate to prevent falls from height?			
Have engineering controls been considered that reduce the need climb on / off vehicles?			
Are grab handles, steps, ladders, etc. regularly inspected?			
Is there adequate lighting where access / egress is required on / off vehicles?			
Are drivers using the appropriate means of access and egress?			
Is divers' footwear in good condition, do they check / clean their footwear before climbing steps / ladders?			
Are there 'Get a Grip' signs, etc. in place to remind drivers to use 3 points of contact?			
Do drivers maintain 3 points of contact at all times by using steps and handrails?			
Do drivers climb down rather than jump?			
Are vehicles parked in an appropriate place for access? (well lit, level / clear ground)			





## GET A GRIP – Site Audit Action Plan

<b>Site Name:</b>	
<b>Person(s)</b>	
<b>Undertaking Audit:</b>	
<b>Date:</b>	

Improvement	By Who	When
1.		
2.		
3.		
4.		
5.		
6.		

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

### NEW 'GET A GRIP' STICKERS AVAILABLE FROM **GSB SIGNS** – DETAILS BELOW

 GAG.04	 GAG.05	 GAG.06
 GAG.07	 GAG.08	
	 GAG.09	

Size	Self Adhesive	3mm Plastic	Alupanel (not shaped)
190 x 190	£2.49	£3.49	£4.49
400 x 70	£3.49	N / A	N / A

0151 424 7111

www.gsbhealthandsafety signs.co.uk

sales@gsbsigns.co.uk

