

ROSPA

Keeping Kids Safe

Hot drinks scald!
Keep them out of
reach and never
hold a hot drink
and a baby at the
same time.

Keep an eye on
babies and
children when
they're eating.
Cut small foods
into quarters.

Try to keep
children out of
the kitchen while
you are cooking
as it's hard to
keep an eye on
them.

Keep cleaning
products and
medications high
up and locked
away.

Top tips for safer meal times

www.rosipa.com/keeping-kids-safe

Lifeline on freephone 0808 801 0822