



Welcome to UK News 17th May 2018
your weekly update from around CEMEX UK

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CARING FOR FAMILIES

Two TRIs.....



Unfortunately, two colleagues went home injured last week. We have had two Recordable Injuries (TRIs), one retrospectively from the previous week.

In the first incident, a contract truckmixer driver had been standing on the bumper of his vehicle at the end of his shift to clean the rear chute, as he stepped down he went over on his ankle. He attended hospital in the early hours of the following morning due to the pain and swelling and was not able to do his full range of duties later that day. While the ground conditions were good, the incident highlights the need to either work from ground level where possible, or ensure suitable access is available when cleaning/maintaining trucks or mobile plant.

The second injury involved an employee who was releasing the bonnet on a forklift truck to check the fluid levels, which is a routine job. The bonnet is released by pressing a button located in an access hole, situated beneath the driver's seat. The operator used the middle finger of his left hand to press the button; however, it slipped off and got trapped between the access hole and the mechanism. In an attempt to free himself the operator closed the bonnet again, but this applied further pressure and cut into his finger. In pulling his hand free, the operator suffered a deep cut to his finger which required hospital treatment.

Investigations in to both incidents are underway. In the second case it will involve the forklift truck manufacturers. We wish both of those injured a speedy recovery and will share all relevant learning points on completion of the investigations.

Michel Andre, CEMEX UK President, commented: "These incidents should encourage us to redouble vigilance and to renew our commitment to consistently apply our Health & Safety principles, always thinking before acting and always stepping in when we observe a risky situation. Let's be constantly alert and conscious of our own vulnerability.

I also encourage everyone to participate to our health and wellbeing initiative throughout the month of May and to take full advantage of the materials we provide, not hesitating to trigger conversations at home with your beloved ones."



A Plant To Remind Us



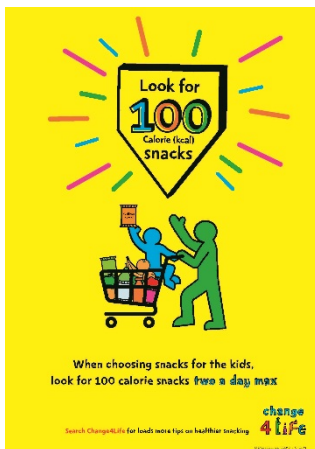
As you will know from last week's UK News it has now been a year since our friend and colleague, Jimmy Brownlie, tragically lost his life at West Calder Plant.

In memory of him the Concrete Products and Packed Cement Sales Office on the 3rd floor of CEMEX House at Rugby had a minute's silence on Friday and bought a plant and named it Jimmy in his honour.

Jane McGregor, Customer Administrator, explains: "Not only is this remembering Jimmy fondly for those of us that knew him, but for those that didn't it brings it home to how important looking after ourselves and our colleagues in the workplace is. They will ask the question who Jimmy was and what happened. By looking after the plant it will remind us that life is precious and we are all precious to someone in our lives so let's take care of each other and go home safe."

Jimmy Brownlie. 1952 - 2017. Gone but not forgotten.

What Have You Got On Your Plate?



Continuing the theme for the CEMEX Health Month, Week Two is all about raising awareness of nutrition and how we make the correct choices in what we eat.

The NHS Eatwell Plate is a great place to start, which guides us to get a balance of healthier and more sustainable foods, and what proportions to take. This shows the 'percentage' of each type of food that you should try and have 'on your plate' each day. Notice the larger percentage of fruits and veg, and the focus on 'good carbohydrates' such as whole grain breads and pasta, and brown rice rather than highly processed white carbohydrates. Notice the lack of sugary foods too!!!!

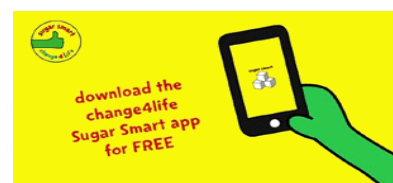


There are some great awareness websites out there and one of the best is the NHS Change 4 Life which has top tips and facts on everything from sugar, fat and salt to what food labels really mean to find out what's really inside your food and drink. They have a great food App too, which can be fun when shopping with the kids.

<https://www.nhs.uk/change4life>

So why not share with your team, colleagues and even your friends and family, how changing your eating habits can benefit us all?

You can access all the materials via our Sharepoint site which works really well on your mobile device: <https://bit.ly/2G4bA6a>



A big shout out to Julie Welch and Clint Yarwood for all their efforts on getting the Sharepoint site up and running. Thank you.

Or alternatively, join our [Yammer](https://cmx.to/2G89zpx) site: <https://cmx.to/2G89zpx>

Sharing Health & Safety Knowledge



Thanks to Sian Trow and William Johnson from CEMEX for taking the time to support the Institute of Quarrying event - Health & Safety Day in South Wales.

Mental Health Week – Be In Your Mate's Corner



Well done to Lucy Birch and the CSC team in Rugby for taking the initiative and having their own Mental Health Week. Each day this week they are focusing on a different aspect of 'being in your mate's corner' as a team to help break the taboo of talking about mental wellbeing.

Lucy explained what they are doing: "The idea behind us focusing on the week is to promote the concept of 'being in your mate's corner', stepping in with your colleagues and highlighting the support CEMEX can provide through the Employee Assistance Programme.



We are taking a theme each day. On Monday we are kicking off with discussing the symptoms and effects of stress. As stressed spelt backwards is desserts we have enjoyed an afternoon break from our PCs and indulged in some cheesecake. The week will take us through: Tuesday – healthy eating and staying hydrated; Wednesday – depression and how people can cope with this. The day involves a walk around the local park; Thursday – making time for yourself where everyone can

invite a colleague for a cup of 'positivi-tea'; and Friday – relaxation. We will be offering some massages and breathing exercises from some qualified people on our floor.

We will be sharing our activities on Twitter so follow us and join in too @CEMEX_RMX_CSC. Or better still, do your own version of this with your team at work!"

If you or someone you know is suffering from a mental health issue you can get confidential advice from the CEMEX Employee Assistance Programme. Simply call them for expert support on: 0800 116 43 68.



RoadPeace And CEMEX UK Join Forces To Support CLOCS



RoadPeace, the national charity for road crash victims, and CEMEX UK, are calling on the construction industry to join the Construction Logistics and Community Safety (CLOCS) scheme. They have produced a video aimed at the construction industry, highlighting the reasons why the scheme is so important.

There are now over 600 CLOCS champions from the construction industry, but with almost 300,000 construction companies working within the UK, it is clear that many more still need to join. Around 500 pedestrians, cyclists and other vulnerable road users are killed or seriously injured each year on our roads by HGVs. The CLOCS standard seeks to reduce this number in three ways:

1. By reducing the imbalance between on-site health and safety and work-related road risk.
2. Encouraging wider adoption of best practice across the logistics industry.
3. Improving the safety of vehicles.

To further demonstrate the need for CLOCS, RoadPeace is giving a voice to people who have been injured or bereaved by construction vehicles, as part of this campaign.

Victoria Lebrech, RoadPeace spokesperson and victim of a construction lorry crash, says: "In 2014 my life changed forever when I was hit by a tipper truck whilst cycling in London. I lost my leg in the collision and have had over 12 operations and months of physiotherapy. I urge all construction companies to join up to CLOCS and take on board some simple, effective methods to make their vehicles safer. If signing up means saving someone the pain I went through then it is absolutely worth it."

Andy Taylor, Health and Safety Director CEMEX UK, says: "We are delighted to be involved in this video and would encourage everyone in our industry who isn't a member of CLOCS to become members. Over the years the construction industry has shown great commitment and done an excellent job of raising Health and Safety standards on sites. Now it is time to go beyond the sites themselves to roads and site access to raise the level of safety by sharing best practice and implementing innovation and change."

Derek Rees from CLOCS says: "I am delighted that RoadPeace and CEMEX UK have joined forces to create a hard-hitting video calling on others within the sector to join up to the scheme. As an industry, the construction sector takes Health and Safety on site really seriously but very few clients, principal contractors and sub-contractors seem to recognise their legal and moral responsibilities for the vehicles servicing their sites. As soon as that lorry leaves the site the same rules don't seem to apply. The CLOCS scheme is a way of introducing workable solutions which help everyone in the industry protect the wider community, their colleagues and themselves."



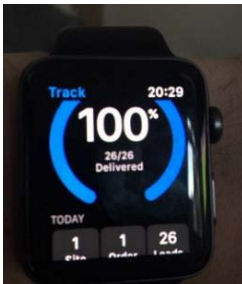
CARING FOR CUSTOMERS

On The Go.....



Last week was a week of getting more customers on board the new CEMEX Go digital platform (or 'on boarded'). So far, the customer feedback has been really positive and customers can see the benefits straight away. Here is a montage of photos of various Readymix and Cement customers being on boarded by the teams.

26 Out Of 26 – Job Done



Customer, Dave at Raised Floor Solutions, posted this great photo!

He was in meetings all day but he was able to log on to 'Track' on CEMEX Go through his apple watch, to check his loads had been delivered to site – job done!



'Joust' Another Delivery For Loanleven.....



Last Tuesday Loanleven Quarry had a delivery of NEOGEM screeding sand to Scone Palace.

"Turns out it was being used for the jousting arena for the International Medieval Combat Federation World Championships which were being held there last weekend," said Marc Noel, Quarry Manager. "It's good to see our products getting used for something a little different!"

These World Championships are held annually and attract competitors from across the globe including Mexico, South Africa, New Zealand,



Canada, USA, Russia, Japan and Europe. This event is the largest ever event of its type to take place in the UK.

The International Medieval Combat Federation (IMCF) is a global historical full contact sport fighting revival movement in which combatants use historically accurate reproduction medieval and early modern armour and blunted weapons to engage in competitive fights according to authentic historical tournament rules.

CARING FOR SHAREHOLDERS

Op Ex Is A Well Oiled Machine In The NE!!



“When we started our Ci (continuous improvement) journey in the North East one of the first areas we collectively tackled was to transform our oil and lube stores,” comments Darren Eversedge, Aggs Weighbridge Operative, Divethill. “Sometimes down the line the difference is plain to see - not only do we now have much safer, effective and fit for purpose stores but we are sustaining them as such.

The use of visual maximum and minimum levels ensures cost effective stock keeping whilst potentially

increasing OEE (reduced chance of downtime due to running out of replacement oils etc). We have used colour-coded jugs for filling to avoid the possibility of cross contamination - a simple idea that works very well!

Correct bunding is in place leading to improved Health & Safety - reducing the chance of any slips, trips and falls but also gives the benefit of less risk of causing any environmental issues. Visual management allows us to sustain the good work we have already done e.g. the use of checklists and pictures of how the area is required to be kept.

This just goes to show what good team work coupled with the correct methods can achieve! More to come from team NE shortly...”

Tilbury Tidy Up Too



The Operational Excellence gurus have been working at Tilbury by turning their attention to the offices. There has been great progress already in the other areas of the Plant and the team are showing their usual enthusiasm to raise the standards and see problems as opportunities to make further improvements.

The aim is to make the site as efficient and safe as possible through applying Operational

Excellence methods. (the picture shows before left, and after right).



Port Of London Authority Invest In Northfleet



The first new investment by the Port of London Authority (PLA), as part of its recently launched Investment Plan, is over £3 million support for the installation of a new conveyor system at CEMEX's Northfleet terminal, on the Thames.

The new conveyor will improve the discharge performance of the material from the dredger onto the Northfleet site for processing. The site currently handles approximately 500,000 tonnes of material a year. CEMEX Marine dredgers bring sand and gravel from the North Sea and other off-shore locations into three wharves along the Thames including Northfleet, primarily for use in the London construction market.

The PLA's Investment Plan is aimed at diversifying the PLA's income streams and delivering the goals of their Thames Vision, which targets greater river use, alongside an improving environment. The Investment Plan aims to support commercial investments which support the river and port use, long term investments which deliver public benefits and public benefit investment with no financial return.

PLA Chairman, Christopher Rodrigues CBE, said: "We have built up a strategic cash reserve over many years to provide us with scope to make beneficial investments. We're going to turn that reserve to active use, sustaining and growing river use and improving the environment. The Thames Vision sets out really ambitious goals and this is us doing our bit to kick start development and growth."

CEMEX's Marine Director, Laurence Dagley, comments: "We welcome the opportunity to partner with the PLA to improve cargo handling on the Thames. London is an important market for us and this investment will provide a platform for continued use and future growth. The capital needs approximately 10 million tonnes of sand, gravel and crushed rock every year to build, maintain and improve housing, buildings and infrastructure. The use of water to transport building materials to the heart of the city reduces the need for long distance lorry movements, with every dredger reducing the need for 250 lorries on our busy roads."

The photo shows (left) Andrew Wilson, CEMEX Marine Supply Chain Manager, and (right) Christopher Rodriguez, CBE, PLA Chairman.

CEMEX Supplies Cement For Montenegro's Construction Boom



CEMEX announced that CEMEX Croatia is actively participating in Montenegro's infrastructure boom by supplying building materials for several infrastructure projects, including three mixed-use resorts and a highway.

For the Smokovac-Mateševac section of the Bar-Boljare highway - the largest engineering project currently under development in Montenegro - CEMEX has already supplied over 280,000 tons of Cement, and continues to participate in this project. This 41-kilometre-

long section of highway, part of Bar-Belgrade-Budapest Corridor, is expected to require the construction of 32 tunnels and 45 bridges and viaducts - rising from 63 to 1,100 metres above sea level.



CEMEX is also supplying over 200,000 tons of Cement for the Portonovi, Porto Montenegro, and Luštica Bay projects. These three mixed-use resorts offer luxurious accommodations, including a marina and yacht clubs, to attract high-end tourism to the Adriatic coast.

Read the complete press release: <https://cmx.to/2jOcb3r>

CARING FOR COMMUNITIES

Working In Partnership For A Sustainable Economy



Last week Martin Casey, Public Affairs and Communications Director, CEMEX UK and EU Public Affairs, joint authored a sustainability blog with the RSPB. The blog was on the latest consultation from DEFRA about a new environmental watchdog.

The blog focuses on how business and environmental organisations working together can form effective partnerships and that effective regulation needs effective regulators. It points out that there is a need for a review of these regulators given that Brexit may affect the UK's access to European regulators who we currently enjoy the support of. It then examines what the function of such a new UK watchdog might be.

If you are interested in reading the article then follow this link:

<http://www.aldersgategroup.org.uk/blog/what-s-in-a-watchdog-why-the-future-of-uk-environmental-governance-matters-for-business-and-the-envi>

CARING FOR EMPLOYEES

15 Years At Southam For Gareth Potter



Congratulations to Gareth Potter (pictured left) who has achieved 15 years of service at Southam Quarry. The occasion was marked with a small celebration at the Quarry office and Gareth was presented with some gift vouchers by John Kirby, Southam Quarry Manager.

Whilst presenting the award to Gareth, John said: "For the last 15 years Gareth has been adding value to our business by coming to work on time and always doing is best. He is quick to smile and has been a pleasure to work alongside."

Thanks Gareth for all your support, flexibility and commitment over the last 15 years helping make Southam such a safe and enjoyable place for all.



15 Years For Julie



Well done and thank you to Julie Moore, Holt Weighbridge Administrator, who has reached 15 years service with us.

Julie is a strong and respected member of the team at Holt and was awarded her vouchers from Site Manager, Steven Spark.

Have A Happy Retirement Jim



Thank you and farewell to Jim Derrick who has retired after 21 years working in Area 20 for Readymix. He was a company fitter and will be missed by all his work colleagues.

Have a well-deserved restful and happy retirement Jim.

Add To Your Knowledge Of VAP



Martin Ashfield from the Technical and Quality team delivered another Value Added Products Training Webinar recently. They focused on VIATEX & VIAPAVE asphalt VAPs.



There is another VAP Training Webinar on Friday of this week looking at neogem products for the industrial segment, and the fourth Asphalt session looking at eco and eco+ on Monday 21st May.

If anyone would like to be included in the invite list for our VAP Training Webinars please let Mike Higgins know. All sessions are recorded and will soon be available on the ONE CEMEX Quality App.

Distributors Progression Program



Concrete Products Customer Service team has been taking part in a Distributors Progression Program in 2018.

As part of this program Kieran, Matt, Keisha and Amber completed a two-day course at Buxton Concrete Products.



Plant Manager, Paul Kania, delivered modules on Health and Safety, VFLs and Continuous Improvement. He commented: 'This was a great course to be involved in. We spent a great deal of time over the few days talking about improvement the teams could make back in their places of work, and it was great to see the guys interacting with site employees/hauliers whilst carrying out VFL practice.'



This is a great development opportunity for all involved Caring for Employees.

Good luck with the rest of your program.

Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
181-05-2018	Plant Manager	Readymix Central	Area 16 Cannock Plant/Staffordshire	17/05/2018
182-05-2018	Commercial Manager – Scotland and Northern England	Cement Commercial	Scotland	25/05/2018
183-05-2018	Personal Assistant – Vice President and Directors	Corporate	Rugby Office	28/05/2018
184-05-2018	Customer Service Feedback/Sales Agent	Asphalt	Preston Brook Office	28/05/2018
185-05-2018	Shipper	Readymix Central/Area 16 West Midlands	Oldbury	28/05/2018
186-05-2018	Maintenance Fitter – Multi Skilled	Readymix Southern	Area 20 – Avon Gloucestershire and Wiltshire	08/06/2018
187-05-2018	Multi Skilled Operative Primary Dayshift	Aggregates Northern	Dove Holes Quarry	25/05/2018
188-05-2018	Commercial Manager	Commercial Cement	London/South East	30/05/2018
189-05-2018	Multi Skilled Operative	Asphalt	Divet Hill Coating Plant	25/05/2018
190-05-2018	Shipper/Planner	Readymix Central	Bedford (Shefford)	25/05/2018
099-03-2018	Quarry Operative	Aggregates South East	Bramshill Quarry	23/05/2018

For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

We would love to hear from you for the next edition



To send us a story: either click on 'submit a story' on the UK News website or email gb-communicationsandpublicaffairs@cemex.com or call us on 01932 583 217/006

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.





When choosing snacks for the kids,
look for 100 calorie snacks **two a day max**

Search **Change4Life** for loads more tips on healthier snacking

change
4 life

Join Change4Life's Family Snack Challenge!

change
4 life



Children are eating nearly three times the recommended amount of sugar and over half of this comes from sugary snacks and drinks.

Help your kids snack smarter by trying our easy family snack challenge.

1 : Packaged snacks?

If you're shopping for packaged snacks for your children, try sticking to 100 calorie snacks, 2 a day max!



2 : Fruity snack

Try a new fruit for your snack – how about a peach, pineapple chunks or a mandarin?



3 : Adventurous veggies

Have a veggie snack such as carrot, pepper or cucumber sticks with a lower-fat dip.



4 : Say no to 'reds'

Use the FREE Change4Life Food Scanner app to choose snacks with no 'reds'.



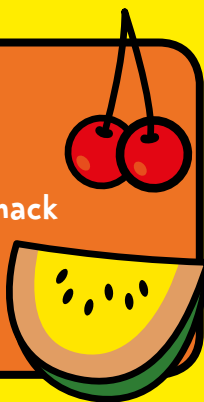
5 : Drink smarter

Ditch the sugary drinks for water, lower-fat milks, sugar-free or no-added sugar drinks. Try iced water with your favourite fruit.



6 : 5 A Day champions

Fruit and vegetables are a perfect snack – and count towards your 5 A Day. Try having all of yours today!



7 : Create your own

It's your turn to think of some! How about swapping your usual snack for a less sugary one? For more ideas, search [Change4Life](#).

Download our FREE Change4Life Food Scanner app to see what's really inside your food and drink. Discover which ones are the healthiest!

Search 'Food Scanner' to find out more.





[Write your family's name here]

Family Snack Challenge



How to play:

Take our 7 day family snack challenge. Don't forget to tick the box each day when you complete the challenge!

Ask your parents to download the free Food Scanner app to see what's really inside your food and drink. Discover which ones are the healthiest!

Search 'Food Scanner'



"What do two bananas do when they meet each other?"

A banana shake!



Start here:

Day : Fruity
1 : snack

Try a new fruit for your snack today – how about a peach, pineapple chunks or a mandarin?



We did this

☐

Day : Adventurous
2 : veggies

Have a veggie snack such as carrot, pepper or cucumber sticks with a lower-fat dip.



We did this

☐

Day : Packaged
3 : snacks?

Try sticking to 2 a day max!



We did this

☐

Day : 5 A Day
6 : champions

Fruit and vegetables are a perfect snack – and count towards your 5 A Day. Try having all of yours today!



We did this

☐

Day : Drink
5 : smarter!

Ditch the sugary drinks for water, lower-fat milks, sugar-free or no-added sugar drinks. Try iced water with your favourite fruit.



We did this

☐

Day : Say no
4 : to 'reds'

Use the FREE Change4Life Food Scanner app to choose snacks with no 'reds'.



We did this

☐

Day : Create
7 : your own

It's your turn to think of a healthy snack challenge! How about swapping your usual snack for a less sugary one? For more ideas, search Change4Life.

Write here:

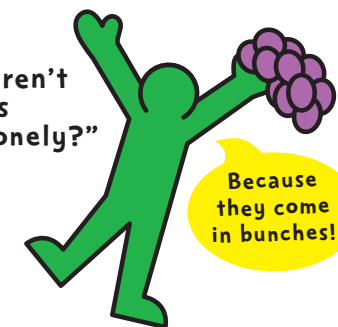


We did this

☐

"Why aren't grapes ever lonely?"

Because they come in bunches!



Search **Change4Life** for more healthier snacking ideas