

TREAD CAREFULLY!



Slips, trips and Falls

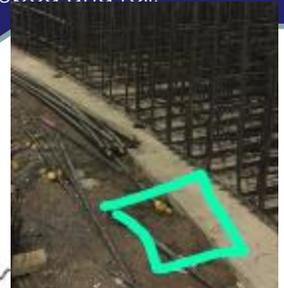
Recently there have been some incidents within CEMEX EUROPE resulting from failure to enter / leave workplaces and vehicles safely. Whilst each of these incidents had different factors involved, they all had a common theme an injury caused by a slip, trip or fall. These events highlight the need for employees to ensure they always adopt 3 points of contact, take care when stepping down and also ensure that housekeeping maintains a clean & tidy work area to avoid trip hazards.

West Europe Materials-UK:

An employee was scraping the snow and ice from his car windows. As he opened his door, he slipped and fell backwards and put his hand down to arrest his fall. The employee suffered a cracked wrist and will be on restricted light duties.

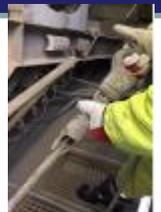


Cement-LAT: A Contractor tripped and fell in a construction site of clinker storage. The contractor was running to take next piece. The working area was uneven, with a lot of steel bars and he edge of concrete basement where he stepped and fell.



Central Europe Materials-GER:

During cleaning work with a jackhammer in a compulsory mixer the employee slipped. He trapped his finger. The employee suffered a fracture.



West Europe Materials-UK:

The driver was getting out of his cab to do a truck check. He had his PPE on except his safety helmet. He had one foot on the step and the other on the ground. His foot on the ground was on some mud and he slipped and hit his head on the railings at the back of him.



Central Europe Materials-GER: When working at his truck mixer, the driver slipped due to the smooth surface. He fell with the left side of the upper body on the rear bumper of the truck mixer.



TREAD CAREFULLY!



How to address slips, trips and falls prevention?

Unsafe Conditions



Unsafe Behaviors



Identify Hazards and Controls for Unsafe conditions and behaviors

Hazards

Question 1 – What are the hazards / factors which contribute to incidents associated with Slips, trips and falls?

- No handrail or not using the handrail(s)
- Shoes dirty / greasy / worn tread
- Poor lighting
- Poor housekeeping - articles left / stored on stairways
- Footwear not offering sufficient ankle protection
- Stepping down onto uneven or soft ground
- Stepping onto objects
- Worn / slippery steps
- Haste / shortcut – running / missing a step
- Simply not looking where you put your feet
- Not using correct means of access
- Carrying tools / equipment / mobile phones or coffee mugs whilst going up and down stairs
- Complacency, Rushing, frustration, fatigue.

Controls

Question 2 – What are the controls for these

- Fully implement 5S to minimize the risk of slips, trips and falls
- Complete a hazard alert report for stairs which are missing a handrail
- Ensure the wearing of lace-up safety boots on operational sites - rigger boots and other pull on boots do not offer sufficient ankle protection
- Ensure that boots are clean, free from dirt & grease and in a good condition?
- Use the principles of 'MYSAPCE' when stepping down – what can hurt me? Check for uneven ground or stepping onto objects and equipment. What is the housekeeping like on your site?
- Only use equipment / steps which are fit for purpose – do not stand on a chair to reach on top of the cupboard, do not stand on the wheel arch of a vehicle
- Do not rush, run or miss steps - they have been designed for your safety
- Challenge anyone not holding a handrail
- Avoid carrying anything whilst going up / down steps
- Look out for and challenge unsafe behaviors.
- Stop, think and Act.

