



Welcome to UK News 21st August 2019
your weekly update from around CEMEX UK

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BEING THE BEST FOR FAMILIES

Safety Update



We must take time to reflect on the tragic incident involving West Materials, where in France last week a truckmixer working on our behalf overturned on the public highway and collided with a car. Tragically an eight year old boy died in the incident and his mother and sister were also seriously injured; we believe they are now recovering. The contract truckmixer driver also injured his wrist and is suffering from shock. An investigation team has been established to confirm the causes of the incident and the line management are continuing to support the local team at this very difficult time for all concerned. Our thoughts are with the family of the young boy at such a tragic loss.

In the UK, roads were shut in Bardon after a cement truck (not part of the CEMEX business) overturned and emptied five tonnes of cement onto the carriageway. Thankfully, no one was hurt but this incident reminds us of the high risk of the work we do.

Teams are asked to take a moment to reflect on these incidents and remind themselves why we must always put safety first, for the sake of ourselves, our families and others.

Summer Safety Message From Laurence Dagley



As you know, we have been experiencing a concerning run of accidents and incidents recently, both within UK Materials South and also our wider European business.

Linked below is a short video message that Laurence Dagley has put together. This video should encourage us all to think more about our actions every day and reinforces the need to act safe, keep safe and stay safe.

Watch this with your team and then spend a few minutes afterwards talking about what more we can all do to deliver an injury free workplace.

<https://web.microsoftstream.com/video/51ef10ba-e4b7-4e56-81db-a3911d1b761b>



LTI Free Milestones



Well done to Europe Cement Operations, Related Businesses and Supply Chain as there were no Lost Time Injuries (LTIs) or Recordable Injuries (TRIs) last week.

Congratulations also to the team at Muel Mortar plant on reaching 5,000 days LTI free, and the team at Tilbury for reaching over 4,000 days LTI free.

This is an incredible achievement, well done to both teams!

Contractor Safety Management Guidelines Published



Contractor Safety Management



Continuing our focus on Contractor Safety throughout this quarter, Part 1 of a set of guidelines outlining effective contractor management arrangements have been published; please speak to Andy Taylor if you have not received these.

Operational teams are encouraged to review these to ensure compliance with our requirements and identify any improvement opportunities. Part 2 will be circulated next week.

CEMEX Attends Rail Safety Awareness Course



The Rail Safety Awareness course is an Industry (MPA and RFG) jointly approved training day which requires everyone responsible and working around Rail Operations to attend. The course is an excellent blend of practical assessment, theory and real examples of the impact of getting it wrong and the importance of getting it right.

Across the industry over 1,000 individuals have attended which includes over 50 from CEMEX with a refresher course every two years. Having attended a recent course Dave Hart commented that:

“The course is a must for everyone involved in Rail Operations and provides invaluable insight into our individual responsibilities relating to rail safety particularly when loading and discharging trains.”

In addition to this module which should be attended by all front line staff, a further module will be launched later in 2019 specifically for Depot Managers.



BEING THE BEST FOR CUSTOMERS

Neogem Goes For Gold



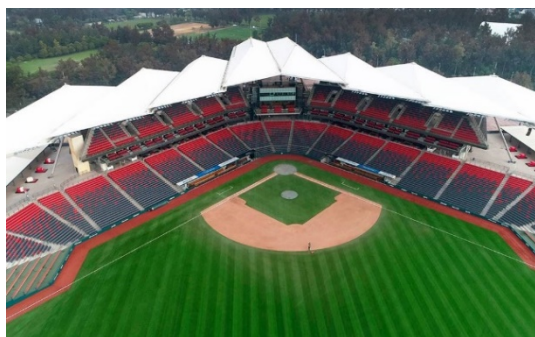
Cardiff Beach Volleyball Centre has been selected as a training ground for the upcoming 2022 Commonwealth Games, so athletes can enjoy training on a premium quality sand thanks to neogem!



Neogem has supported this centre and supplied all the sports sand to the site. It is an excellent reflection on the brand that the centre has been recognised as a top class training facility.

BEING THE BEST FOR SHAREHOLDERS

CEMEX Participates In New Iconic Mexican Baseball Stadium



CEMEX participated in the construction of the “Alfredo Harp Helú” Baseball Stadium in Mexico City, Mexico. The company supplied 70,000 cubic metres of concrete for the first stadium built in Mexico City in 50 years. This new sports venue enjoys a capacity of more than 20,000 people and is home to Mexico's Red Devils baseball team.

The new stadium is considered one of Mexico's most avant-garde sports facilities, complying with demanding technological, environmental, and athletic requirements to host matches from the Mexican Baseball League and other professional leagues. The venue offers teams and their assistants an inclusive, complete, and comfortable experience.

Please read the complete press release: <https://cmx.to/2HbNxWo>

BEING THE BEST FOR COMMUNITIES

CSR – What Do We Do?



CSR, or Corporate Social Responsibility, is here to ensure CEMEX UK is acting with purpose and not just about profit. Of course, the profit is vital to our business, but we want to be able to run our operations in the way that is best the world in which we are operating in.

Harriett Turner is the UK CSR Manager and her role involves dealing with communities, creating shared value projects, managing donations and working internally with employees on volunteering



and developing policies with the aim to be the most responsible for our workers, environment and the communities, as we possibly can be.

The donations process has been restructured throughout Europe and has been re-released with the intention to work on more shared value projects which serve a long last legacy rather than a short-term fix or cash injection.

Here are some examples of the projects that currently run.



CEMEX ACADEMIES – We've partnered with Rugby School and the Macready theatre to be able to offer a facility whereby other schools from around the local communities can attend workshops and be part of further STEAM (Science, Technology, Engineering, Art & Maths) activities and engage with other pupils from different schools as well as learning about road safety and opportunities within CEMEX UK.

BIODIVERSITY CONSERVATIONS – Using the natural assets of our sites across the country, we've done significant work with Butterfly Conservation Experts and the RSPB to look ahead at our restoration plans and make areas assessable to the natural biodiversity that requires that extra helping hand.



LEND-A-HAND – The lend-a-hand process will soon be given a facelift with the ability for you to access 'event like' volunteering projects and join your colleagues in making a difference. We have opened the remit for people to able to be volunteer not only their manual labour but skills too. So, for example, if you know of a local charity or new business start-up in need of some HR advise, or a local school who is looking for reading assistants, then get in touch with your line manager and the CSR team, to make a difference.

Pallett Hill Quarry Lend-A-Hand



This years lend-a-hand for Pallett Hill quarry brought the team to Catterick Village where they were helping staff of Catterick Sports Association, which is completely volunteer run.

The pavilion grounds and car park were overgrown and in need of clearing, and broken fencing needed reinstating. The sun shone on the team as they cleared away overgrown hedges and strimmed the site. They also had a tall order to clear a large area in the car park in front of the pavilion that was totally unusable and an eyesore, so they

dug it off to lay a membrane and gravel the area.

Thank you to all those who were involved with this great team effort, including Ian White, Edd Hobbs and Toby Byers who took part but are not pictured.



Walk To Wembley For Cancer Research



Well done to Driver, Leslie Pascoe, for supporting his wife's Godson and two friends on their 110 mile walk from Bristol to Wembley Stadium to raise money for Cancer Research.

Leslie explains: "I was so inspired by what these three teenage lads are doing for charity after all the bad press teenagers get nowadays, and that's why I wanted to help in some way. I also decided a couple of years ago to do something for charity each year so this was a fantastic opportunity for me to do my bit for charity this year. I gave three days of

my annual leave to support them along the way, from sharing the driving of the support minibus to walking with them with collection buckets. A big thank you to all my work colleagues at Wickwar quarry for sponsorship donations."

So far the boys have raised over £2,000 for Cancer Research. Well done to Samuel Hill, Fred Gentle and Marron Farjado for their commitment and caring attitude, and to Leslie too for his support.

For information please visit: <https://fundraise.cancerresearchuk.org/page/samuels-giving-page-78?fbclid=IwAR04ONqsgZK27pydJ4lwXCnUO0gx5tOVsDultLu4gopmL9Q74bS96biaj24>

Magnificent Malpass



We received some stunning photos of Malpass quarry ecosite from a volunteer with Butterfly Conservation recently. This nature reserve borders our Rugby cement plant and was created in partnership with the



RSPB and Warwickshire Butterfly Conservation several years ago.

The site is showing great results, with butterflies such as the Common Blue thriving thanks to the habitat improvements and grassland species. Thanks to Steven Wright from Butterfly Conservation for the photos.

Participate In The Global Photography Competition "Concrete In Life"



Calling all photographers!

Post your pictures on Instagram and Twitter showing the importance of concrete in our daily lives, from roads, sidewalks and bridges, to airports, stations, offices, dams and hospitals. To enter use #concreteinlife and #practicalconcrete for a chance to win \$10,000.



As members of the Global Cement and Concrete Association (GCCA), CEMEX is extending an invitation to all employees to participate in this first edition of the global photography competition "Concrete in Life".

The competition is open to professional and amateur photographers alike, and entrants can submit their photos into **three categories**:



1. Urban design and use #UrbanConcrete

Images of the city landscapes and buildings around us, both well-known and hidden away – from the Sydney Opera House to the tower block you might have grown up in.

2. Practical concrete #PracticalConcrete

Photographs of our infrastructure, in our cities and rural areas, above and below ground: highways, bridges, airports, stations and dams, let's celebrate the concrete buildings supporting and enabling our vibrant lifestyles.

3. Small scale application #SmallScaleConcrete

From the provision of a water tank for a village to an urban sculpture, to a new kitchen worktop, you can enter all images that showcase concrete as an intrinsic part of our lives.

Prize

One professional and one amateur winner will be chosen from each category, with one of the finalists receiving the overall Best "Concrete in Life" Photo of the Year prize.

The overall Best "Concrete in Life" Photo of the Year winner will win a \$10,000 prize and a trip to join the Photography Competition Awards Dinner at the GCCA conference in Singapore on 10th October. Each of the five remaining amateur and professional winners will each win a \$2,500 prize.

How to enter

Post a photograph on Instagram or Twitter using the hashtag #ConcreteInLife and then include the hashtag for the category that you want to enter:

#UrbanConcrete

#PracticalConcrete

#SmallScaleConcrete

The competition is open until 11th September 2019.

Good Luck! For more information click [here](#)

BEING THE BEST FOR EMPLOYEES

Employee Purchase Scheme



The Employee Purchase Scheme has now been running for just over a month and we'd like to get your feedback on it!

Have you ordered anything from the scheme?

Let us know what you ordered and how you found the process, along with any ideas at: gbccommunicationsandpublicaffairs@cemex.com

If you'd like to find out more about the scheme, visit: www.cemex.sharepoint.com/sites/UKInternalConcreteOrders



School Uniform Savings



If you're preparing for the return to school in a few weeks be sure to check out CEMEX Lifestyle where you can get discounts on big retailers such as John Lewis, Clarks and ASDA.

To find out more visit: www.cemexlifestyle.co.uk

Stay Active On Holiday



Our employee benefits partner, Sodexo, has published some handy tips to encourage us all to stay active over the summer.

Remember to use Zest, the interactive wellbeing resource, to set your own health and wellbeing goals:

www.sodexo.carefirstzest.co.uk (orgcode: sodexo01)

Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
237-08-2019	LGV C+E Class 1 Driver	Supply Chain Midlands	Swinderby/ Willington Quarry	28/08/2019
238-08-2019	Specification Manager	Materials UK - London	Fulham Office	30/08/2019
239-08-2019	Plant Manager	Materials UK South West	Moreton Valence Plant	30/08/2019

For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

We would love to hear from you for the next edition

To send us a story: either click on 'submit a story' on the UK News website or email gb-communicationsandpublicaffairs@cemex.com

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.





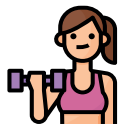
STAY ACTIVE ON HOLIDAY

Forget the 'fly and flop', come back feeling better than you left with our top tips:

PLAN AHEAD:



Find local walking or running trails



Check out the resort gym & fitness classes



Pack sportswear and comfy trainers/boots



Download fitness videos and use your Zest app!

WHEN YOU'RE THERE:



Walk as much as possible - aim for 10,000 steps a day



Try something new – water ski, canoe, paddleboard, beach sports etc.



Go for a swim – it's a full body workout and gentle on your joints



Hire a bike and go exploring

Stay active, keep it fun and come home feeling more refreshed and energised than when you left!

Remember to use Zest, the interactive wellbeing resource to set your own health and wellbeing goals www.sodexo.carefirstzest.co.uk orgcode: sodexo01

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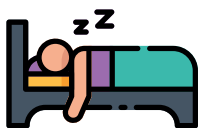


STAY HYDRATED

Your body is made up of two-thirds water so it's important to consume enough liquid to stay hydrated.



Keep it topped up or you might experience...



TIREDNESS



HEADACHES



DARKER URINE



LACK OF FOCUS



DRY SKIN

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WATER YOU DRINKING?

Water makes up over two-thirds of the human body so it's important that you consume enough fluid to stay hydrated. Here are some healthy choices and ones to watch...

THE BEST...



Water delivers fluid without adding calories or damaging teeth. If you don't like plain water, try sparkling water or add a slice of lemon or lime.

GOOD...



Milk is a source of water but it also contains saturated fat so choose semi-skimmed or skimmed.



20% of our total water intake is from food. Some foods have a high water content, especially fruits and vegetables, which are usually more than 80% water (e.g. watermelon, strawberries, tomatoes, etc)

WATCH OUT....



Soft drinks, tea & coffee, fruit juices/smoothies, energy/sports drinks, and alcohol.



All of these contain water but can be high in sugar, high in caffeine, calorific or a diuretic.

Visit: www.carefirst-lifestyle.co.uk to view our articles on health, nutrition and diet or call 0808 168 2143 for in the moment support. orgcode sodexo01

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