

1



Welcome to UK News 12th March 2020 your weekly update from around CEMEX UK

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BEING THE BEST FOR FAMILIES

Be On Your Guard....



As many of you will be aware the safety focus for March is on machine guarding. Please take a few minutes to look at the posters at the end of this document (or in the download section of the UK News website) and put them up in your workplace.

Here's a safety reminder:

- Make sure your guards are correct and installed
- Ensure no one can access moving machinery
- Design guards to enable lubrication and adjustment
 - Wherever possible don't remove guards
 - Always report unsafe or incorrect guarding and raise a NMHA
 - Always follow the safety essentials

National No Smoking Day



Wednesday 11th March was National No Smoking Day - could this be your time to give up?

According to NHS England, smoking remains the biggest cause of premature death in England, accounting for more than 80,000 deaths in the UK annually.

Each year £2.7 billion is spent treating diseases caused by smoking and it's estimated the cost to the UK economy is around £5 billion a

year, mainly through lost productivity and sick days.

One in two long-term smokers will die prematurely from a smoking disease.

People who stop smoking usually see health benefits within days, such as improved taste and smell, while important benefits, such as lower risks of heart attack, stroke, lung cancer and improvements in breathing will happen in the first year or two.



Ten self-help tips to stop smoking:

If you want to stop smoking you can make small changes to your lifestyle that may help you resist the temptation to light up.

Think positive

• You might have tried to quit smoking before and not managed it, but don't let that put you off.

Make a plan to quit smoking

• Make a promise, set a date and stick to it. Sticking to the "not a drag" rule can really help.

Consider your diet

- Is your after-dinner cigarette your favourite? A US study revealed that some foods, including meat, make cigarettes more satisfying.
- Others, including cheese, fruit and vegetables, make cigarettes taste terrible. So, swap your usual steak or burger for a veggie pizza instead.

Change your drink

- The same US study as above also looked at drinks. Fizzy drinks, alcohol, cola, tea and coffee all make cigarettes taste better.
- So, when you're out, drink more water and juice. Some people find simply changing their drink (for example, switching from wine to a vodka and tomato juice) affects their need to reach for a cigarette.

Identify when you crave cigarettes

- A craving can last five minutes. Before you give up, make a list of five minute strategies.
- And think about this: the combination of smoking and drinking raises your risk of <u>mouth cancer</u> by 38 times.

Get some stop smoking support

- If friends or family members want to give up, too, suggest to them that you give up together.
- There's also support available from <u>your local stop smoking service</u>. Did you know that you're up to four times more likely to quit successfully with their expert help and advice?
- You can also call the NHS Smokefree helpline on 0300 123 1044, open Monday to Friday, 9am to 8pm and Saturday to Sunday, 11am to 4pm.

Get moving

• A review of scientific studies has proved exercise, even a five minute walk or stretch, cuts cravings and may help your brain produce anti-craving chemicals.

Make non-smoking friends

- When you're at a party, stick with the non-smokers.
- "When you look at the smokers, don't envy them," says Louise, 52, an ex-smoker.
- "Think of what they're doing as a bit strange lighting a small white tube and breathing in smoke."

Keep your hands and mouth busy

• <u>Nicotine replacement therapy (NRT)</u> can double your chances of success.



- As well as patches, there are tablets, lozenges, gum and a nasal spray. And if you like holding a cigarette, there are handheld products like the inhalator or <u>e-cigarettes</u>.
- When you're out, try putting your drink in the hand that usually holds a cigarette, or drink from a straw to keep your mouth busy

Make a list of reasons to quit

- Keep reminding yourself why you made the decision to give up. Make a list of the reasons and read it when you need support.
- Ex-smoker Chris, 28, says: "I used to take a picture of my baby daughter with me when I went out. If I was tempted, I'd look at that."

Cardi-O says Stop Smoking now and see the benefits straight away – watch this short video to see that it's never too late to stop smoking and reap the benefits for years to come!

https://youtu.be/zllgSz4fXa4



Paul Speaks At RoSPA Conference



Paul Clarke, Logistics Fleet Engineer, recently spoke at the RoSPA Fleet and Road Safety Conference in Leicester.

The event focused on how behavioural change, supported by enforcement and targeted educational interventions can reduce road casualties. Paul spoke about managing work related road risk and sharing our road space.

He also wrote a blog for the organisation.

Visit: https://www.rospa.com/lets-talk-about/2020/February/Occupational-road-safety

Coronavirus Update

CEMEX COVID-19 - PREVENTIVE ACTIONS WITH COLLEAGUES



Cover your nose and mouth with a tissue or the inside of your elbow when coughing

Frequently wash your hands with soap and water or an alcohol-based hand rub



Avoid touching you face, especially your nose, mouth and eyes. Wash your hands first if you must We continue to monitor the development of the Coronavirus in the UK. Currently there are 373 cases confirmed across the UK; 26,261 have been tested to date. Of these confirmed cases, the majority are in London (91), followed by the South East (51) and South West (41).

The level of risk in the UK is described as moderate. Today, the Foreign Office updated its advice to warn against all but essential travel to Italy.

For more information, visit:

https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response



Impact at CEMEX in UK

• Currently, no CEMEX employee cases in the UK have been reported.

Our Local Rapid Response Team (RRT) will continue to be activated in our country, monitoring the outbreak and implement preventive measures to reduce the risks to the CEMEX community.

Travel Restrictions

- Business travel restrictions and/or ban to AMEA region will continue.
- Reviewing alternatives on non-essential traveling is highly recommended.
- Any other travel restriction will be communicated by the Global RRT as needed.
- Latest travel restrictions available here.

Actions Taken in CEMEX UK

We can all play a key role in helping our local teams to be alert for additional events or emergencies.

Personal Preventive Measures

- **Frequently wash your hands**, cover your nose and mouth with the inside of your elbow when coughing or sneezing, and avoid contact with people who are visibly sick. Avoid, above all, touching your face.
- Contact NHS 111 if you've traveled to cities with confirmed cases, have been in contact with someone who tested positive with coronavirus, or are showing symptoms. Visit <u>https://111.nhs.uk/service/covid-19</u> for more information.

For more information

Updated information on Coronavirus: <u>https://cemex.sharepoint.com/sites/coronavirus</u>

Robust Barriers For Wick Floors



As part of our Site Traffic Plan the team at Wick Floors, led by Sue Townsend and Craig Tilton, have put in place some robust barriers to protect our people and guide vehicles through our site. Best of all they were made by us!

Leveraging our precast expertise, we manufacture these Jersey

Barriers which have inbuilt FLT slots to enable them to be moved and placed safely. They also enhance our sustainability credentials as we make them from concrete that is left over from production of floor beams that would normally be sent off site as waste.

We look forward to the other improvements they are planning this year on our journey to zero.

BEING THE BEST FOR CUSTOMERS

Industry Leading Customer Service



Last week the Concrete Product team received the following email from one of our Concrete Product customers praising their customer service:



4

"I have been meaning to send this email for some time... the main reason is to praise the guys/girls you have in the office. The main people are listed below, but I have never had a bad experience from anyone in the office.

- Jardel King
- Daniel Jacks
- Kate Hiddleston

In my humble opinion they offer an industry leading standard of customer service and frankly make some of our other suppliers look ordinary in comparison. Nothing is ever an issue, always a friendly greeting and fully communicative with delivery confirmation/changes. These may seem like little things but we don't get this service from most of our other suppliers. Please thank them on my behalf." - Jon - Alsford Timber & Building Materials

It is great a customer has taken the time to write to us to highlight the value and benefit he gets from Jardel, Daniel and Kate. Thanks to all off them for looking after our customer and giving a positive customer experience.

Solid As A Rock.....



Leyburn recently supplied rock armour to a riverbank reinforcement project - this project in Swaledale aimed to rescue a disused Smelt Mill at risk of collapse due to last years' flooding.

Joseph Cage commented: "We had to work closely with the customer to ensure loading operations were done in a safe and timely manner in order to get the most vulnerable section of the bank protected before water levels became too high.

Luckily this section of work was finished before storm Ciara and Dennis hit, protecting the building until further works can be finished."

Coloured Concrete For Coventry Costco



Last week Matt Doran reported that the Berkswell team began the first of three pours of coloured concrete to Williams Southern Ltd at the Costco Store in Canley, Coventry.

The end use is for a tanker base on the new fuel court, so the client wanted a product that would not show up any unsightly oil stains. This is a great example of providing solutions for our customers and their clients. It's also a great example of the Berkswell quarry and Readymix plant staff collaborating as a joined up Materials business.

Thanks to everyone including Gilbert Morgan, Andrew Barber, Kyle Hunter Marsden, Tony Clark and Damian Keogh.





Vertua Video.....



For those who didn't manage to get to our very successful Vertua launch at Futurebuild in the UK last week, here is a highlight video from the event:

https://youtu.be/1nGn_mMwM78

This has gone down incredibly well with our customers with a lot of early interest. This could not have been possible without an extraordinary collaboration between many departments including: Sustainability, Technical, Marketing, Comms and our awesome R&D team at CRG.

BEING THE BEST FOR SHAREHOLDERS

Major Investment At Rugby Cement Works



A major overhaul of the Rugby Kiln, representing a £9 million investment, began at the end of February 2020. As always, safety remains the number one priority throughout.



The targeted duration for this stop is 19 days as this will enable UK Cement to get through the shutdown without needing to buy Cement from third parties or imports from abroad.

As well as the usual Rugby employees, approximately 400

additional contractors are involved in the maintenance, repair, replacement and cleaning of the kiln, raw mill, fuel mill and storage systems. At peak shift, there has been around 300 people on site.

There are two major project works being carried out during the shutdown in addition to major overhaul work: new coal feeders (Pfister) with removal of old Poldos feed systems and new burner pipe installation.

New Pfister coal feeders (£0.5 million investment)

This project sees the replacement of the two Poldos units for the feeding of coal to the kiln main burner and pre-heater tower. The current units do not have the turn down, i.e. are unable to feed below 1.5 tph, making the control of tower temperatures more challenging at elevated alternative fuel levels. The new units will be able to achieve a coal feed rate as low as 100kg/hr, allowing much tighter control of temperatures and hence improving production stability.



New burner pipe (£0.6 million investment)



A new burner pipe is being installed during the kiln shutdown. This is a Unitherm burner which is proving highly successful across CEMEX to increase alternative fuel burning at the front end of the kiln.

The intention of the installation is to increase alternative fuel usage rates by at least a further 10%, whilst also reducing NOx emissions.

Picture: Unitherm Burner (Best available technology)

Repairs For Crawley



Crawley Readymix's Railhead is undergoing some essential repairs to the hopper and rail.

As you can see from the photo it is not a simple job but all is going well and running on schedule thanks to the hard work of David Hakes and the team of contractors on site. We hope to receive the first train soon all being well.



Thanks also to Richard Endacott, Jodi Marie Wegerif, Nicholas Watson and Jane Walsh for their continued help in planning for this outage.

Hope For Hope Street

The team at Manchester's Hope Street Concrete plant are chuffed to have received a shiny new welfare facility. It is not before time as the old one was in a very poor state.

Spot the difference.....



CEMEX Finalises Divestment Of Cement Plant In Kentucky



CEMEX announced recently that its U.S. affiliate, Kosmos Cement company, a partnership with a subsidiary of BUZZI UNICEM S.p.A. in which CEMEX holds a 75% interest, has closed its previously announced divestment of its Kentucky Cement plant and related assets to Eagle Materials Inc. for an aggregate amount of approximately U.S.\$665 million, of which the proceeds to CEMEX will be approximately U.S.\$499 million.



The proceeds obtained by CEMEX from this transaction will be used mainly for debt reduction and for general corporate purposes.

Please read the complete press release: https://cmx.to/3cNpcVc

BEING THE BEST FOR COMMUNITIES

CEMEX's Mountainous Summer Of Cycling



An intrepid team of cyclists from CEMEX UK are setting off on a number of epic cycling challenges between May and July this year to raise money for the Stroke Association.

To sponsor the team go to their JustGiving page: https://www.justgiving.com/fundraising/cemex-p2b2020

Every five minutes stroke destroys lives and the Stroke Association helps to rebuild them. When stroke strikes part of the brain shuts down. Life changes instantly and recovery is

tough! No doubt you may already know someone who has been affected by stroke.

In 2019 one of our UK colleagues suffered a severe stroke and is still in the long process of recovery with the support of the Stroke Association. So, Team CEMEX undertook its inaugural fundraising cycle ride from London to Paris.

<u>Part I</u> - Over the weekend of 9th and 10th May they will undertake the London Revolution. An incredible 155 mile, 360 loop around London landmarks combined with countryside riding around the South-East of England.

<u>Part II</u> - On Sunday 21st June 2020 the whole of the CEMEX Cycling Team, together with some family and friends (17 cyclists), will take part in the 100 mile Birmingham Velo.

<u>Part III</u> – They are planning from 3rd July 2020 for nine willing (or just mad) riders from the CEMEX Cycling Team have to attempt the huge challenge of cycling approximately 350 miles from the CEMEX Head Office in Paris to the CEMEX Research facility in Switzerland in just four days, however, there are some big hills/mountains some might say, in between so it really is un-chartered territory for the team.

All events will be in aid of the Stroke Association and we are looking for your donations to help raise as much money as possible to enable The Stroke Association to continue its amazing work.

Know Anyone Who Could Do With A Hand?



Do you know anyone or any organisation who could do with a helping hand from CEMEX employee volunteers? Andlyn White is gathering information on opportunities across the UK from you, for a new volunteering database being launched soon. It's going to be like a volunteering dating site which will help match people with organisations who need helping hands.



Maybe you can suggest an organisation which you have helped with on a lend-a-hand or that you volunteer with. Please get in touch with Andlyn if you know of any opportunities... at: <u>andlyn.white@cemex.com</u>

Hatfield Quarry School Visit



Earlier this week Andlyn White (CSR Manager) had the pleasure of accompanying Groundwork East and Onslow Saint Audrey's Secondary School to Hatfield quarry, for the CEMEX sponsored Hatfield School Education project.

The project consists of a total of four workshops per school with the aim of enabling students to learn about quarrying in their local area through classroom learning, a visit to Hatfield quarry and Amwell Nature Reserve.

Andlyn commented: "These visits give a great insight in

understanding the lifecycle of quarrying and I was pleased to see enthusiastic young pupils excited about what we do! This is a great project as it helps to support the next generation into our industry as well as engages with the younger residents in our local communities."

A huge thank you to Tom Brennan and the rest of the Hatfield quarry team for their continued support.

BEING THE BEST FOR EMPLOYEES

January's Thanks For Your Effort Winners Are....



Craig Pepper, Peter Soper, David Hughes and Paul Gasson – Cement Logistics Rugby & Readymix Greater London. The fantastic teamwork between this team ensured that subcontractor Driver, Paul Goggin, received emergency treatment for a heart attack.

Paul's wife contacted Craig to say that Paul was complaining of chest

pains. Concerned, Craig contacted Peter at the Rugby Dispatch Office who in turn contacted Edmonton Readymix plant to ask that someone go and see if Paul was OK. Paul Gasson and David went to see Paul and thought he needed help so they called an ambulance. Paul was taken to hospital and it was confirmed he had a heart attack and underwent a triple heart bypass. Thanks to this brilliant teamwork he is alive to tell the tale. Some of the judges' comments were:

"Health and safety is our number one value - and this team exhibited concern for a colleague that possibly saved his life."

"One CEMEX is treating a contractor with the same care and attention as an employee."

"Great to see so many people responding promptly to the clear warning signs of a health issue and caring for their colleague."

"The team showed great teamwork and compassion to provide assistance to a colleague in need of immediate help."



January's Nominees Are....



Thank you yet again to our amazing colleagues who continue to go above and beyond their day jobs and have been nominated for a Thanks For Your Effort Award by you. The nominees who all get a highly prized Thanks For Your Effort mug are:

Brian McRone – IHC in Bradford. Who stepped in on a job when he noticed that contractors on site about to start laying the concrete were only wearing rigger boots with the tops taped up and no gloves. Before he started tipping Brian went to see the Site Manager to get his ticket signed. He gave him a flier about Cement burns explaining the dangers of wet concrete. When Brian got back with the second load the Site Manager had got all his workers new wellies and gloves. Well done Brian.

Denise Crook – PA in Egham office. During a transition period in the CSR function Denise went over and above her day job to help Andlyn White sort out historic payments and transfer requests. She was vital in making a lengthy and complicated process much easier for the new Manager and helping to protect our reputation amongst a lot of external community groups.

Josh Forzani – Relief Plant Manager, Materials South Coast, Readymix. Josh professionally and quickly made a forecourt of a petrol station safe after a spillage of Concrete, keeping the general public safe from harm. He was called to attend to the spillage and had to act quickly and safely clear up the Concrete. He also saved the company a lot of money by shovelling the Concrete into his van, making three trips back and forth to the nearest plant to dispose meaning we didn't have to hire a road sweeper or larger team to clear the mess.

David Bennett – Wharf Fitter Operative, Northfleet Wharf. David deserves a Thanks For Your Effort for always going the extra mile on site problem solving and refusing to give up on any problem! He is always enthusiastic and leads by example on site. He is praised by staff, customers and contractors alike.

Andrew Parkes – Operation Manager, Materials North Readymix. After finishing a job for a customer late in the day when the team at Weeford plant had gone home. Later that evening the customer called the Shipping Office to say that they needed another 1m3 to finish the job. Andrew, unable to call back the team, showed leadership by remote dialing into the plant batching system from his home, one hour away. He was in constant contact with the IHC ensuring that the truck was back at the plant and loaded in a safe manner. The load was completed preventing the customer from removing and replacing any of the concrete.



HELPING TO BUILD A GREATER BRITAIN

10

International Women's Day



Last week Adam Leverett and team celebrated international Women's Day in truly International style; with a presentation from Mexico's, Adriana Valero Arreola, and videos from Jackelin Simmons and her wonderful team from Miami.



Thank you so much to everyone for

taking part! They had some fruitful and honest discussions about how to attract more women to the company, with lots of actions to follow up on!

Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
51-03-2020	Wharf Operative Night Shift 16.00-02.00	Materials UK South	Angerstein Wharf	20/03/2020
52-03-2020	Laboratory Technician	Materials UK North	Dove Holes Quarry	20/03/2020
53-03-2020	Wharf Manager	Materials UK North – North East	Jarrow Wharf	20/03/2020
54-03-2020	Transport Planner	Materials UK Midlands	Nottingham	16/03/2020
55-03-2020	LGV C+E Class 1 & 2 Driver x 2	Supply Chain Midlands	Swinderby Quarry	23/03/2020

For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

We would love to hear from you for the next edition

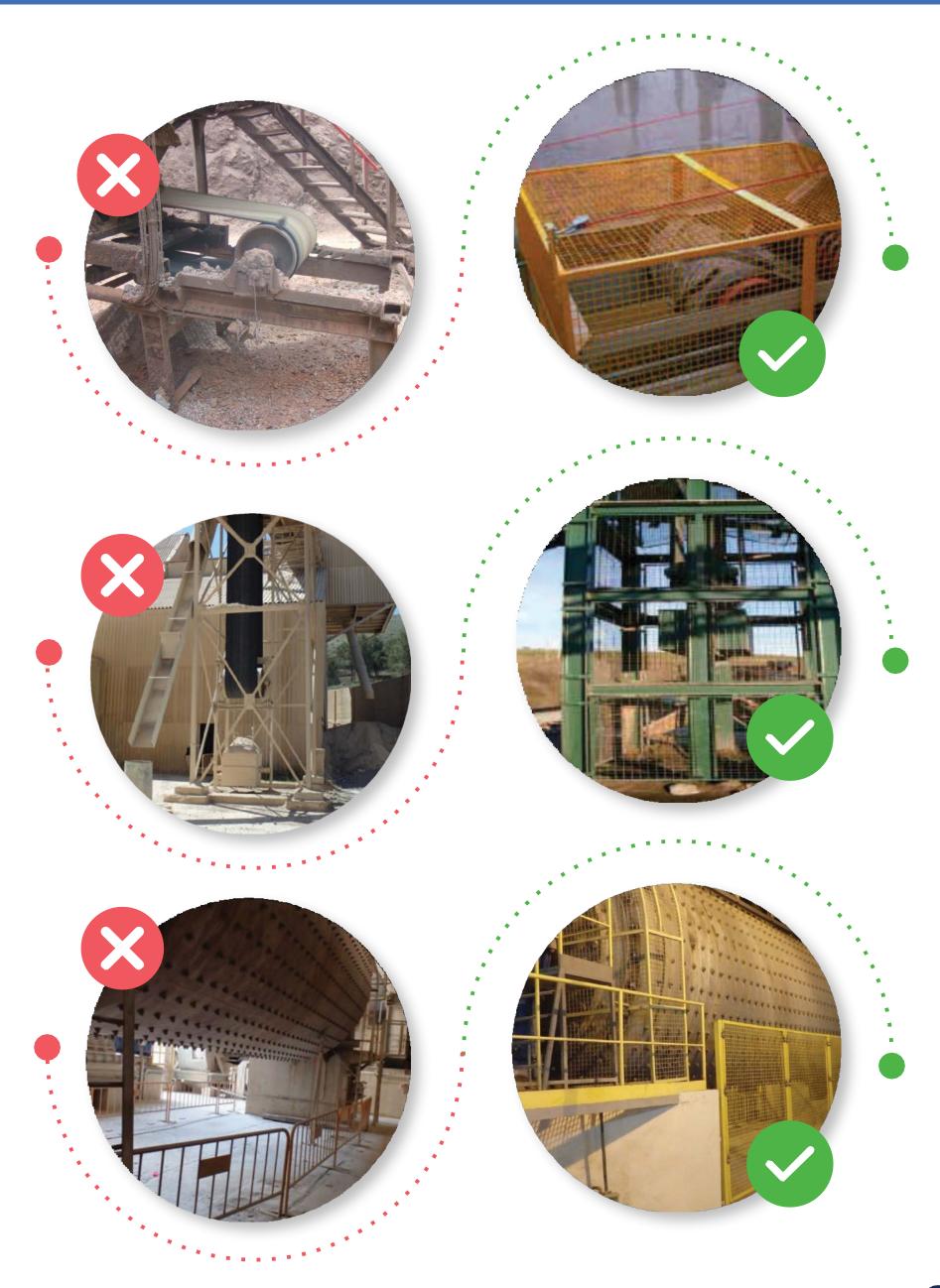
To send us a story: either click on 'submit a story' on the UK News website or email <u>gb-communicationsandpublicaffairs@cemex.com</u>

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.





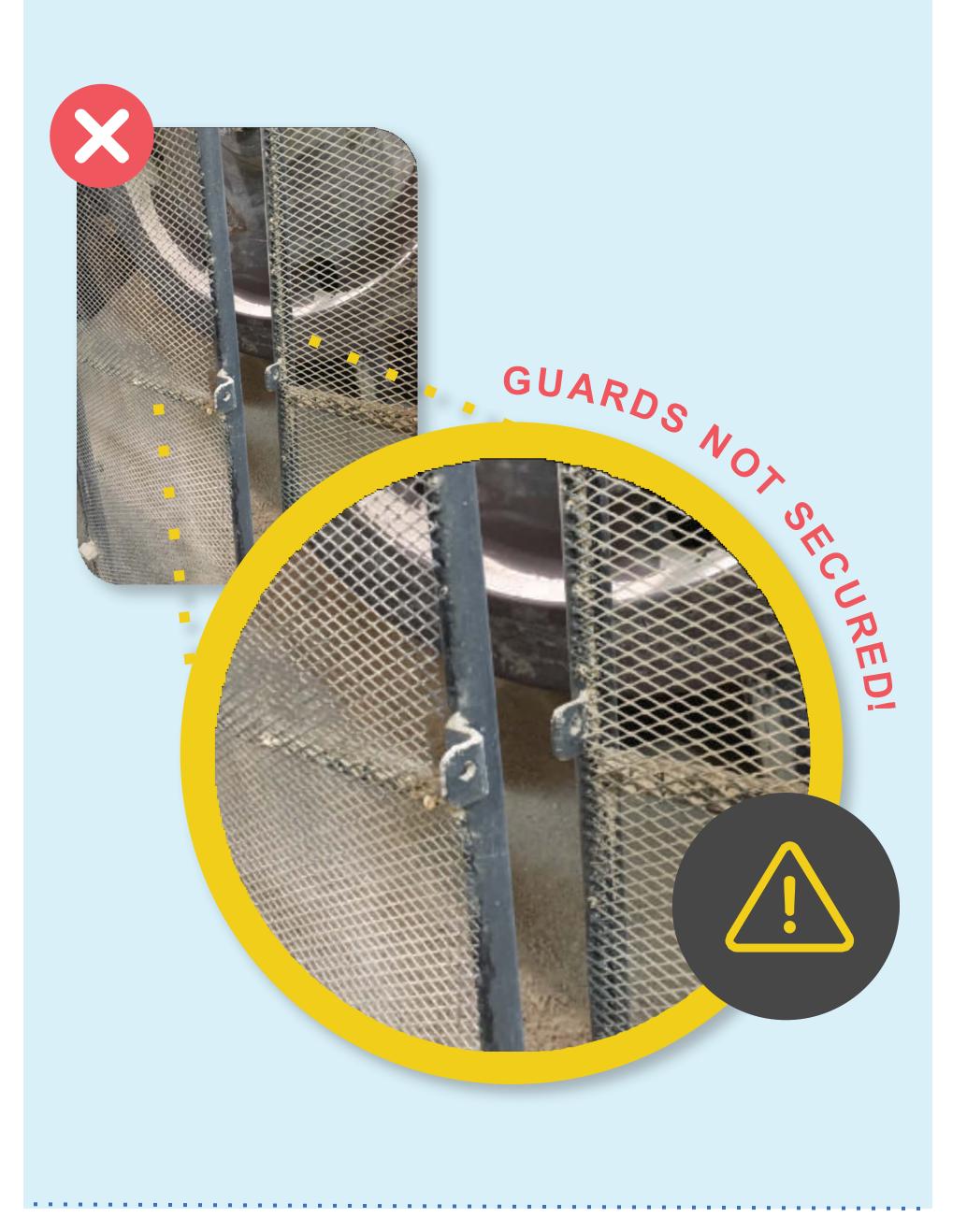
GOOD AND BAD EXAMPLES



















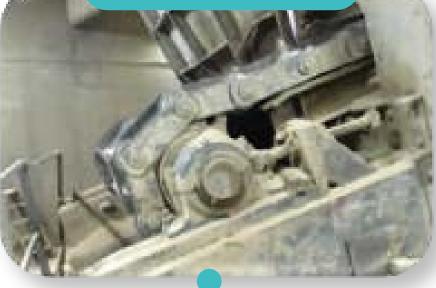
GUARDS SHOULD BE DESIGNED TO ENABLE LUBRICATION AND ADJUSTMENTS TO BE CARRIED OUT WITHOUT REMOVING GUARDS WHEREVER POSSIBLE







NO GUARDS





GUARDS NOT SECURED NEAR MISS / HAZARD ALERT REPORTING





INADEQUATE GUARDING

GUARDS NOT REPLACED







BAD EXAMPLES

