

COVID-19 Update for UK Employees | 30/10/2020

Reminder: Follow the Four Behaviours during the Autumn Festivities

As we approach Halloween, and with Bonfire Night and Diwali also around the corner, we urge all employees to remain vigilant to the ongoing, and increasing, threat of COVID-19.



The main risk to us all is when we socialise and spend time with those outside of our household (government guidelines permitting).

As a reminder of the importance of looking out for ourselves and those around us, we wanted to share this powerful testimonial from a Coronavirus sufferer in Northern Ireland, who was interviewed for the BBC. Please watch the video through the link [here](#) and do

not become complacent about the continued threat of the virus.

Halloween at Home

We know that many will be disappointed because the normal Halloween activities will not be possible this year but there is still the opportunity to have fun with those we live with. The global team has put together this infographic with ideas for how you can mark the occasion while staying safe (also attached).

DIY fireworks warning

Many public Bonfire Night and Diwali events have been cancelled this year due to Coronavirus, and doctors are warning people against attempting their own firework displays at home instead.

Plastic surgeons fear there will be a big increase in injuries, especially to the eyes and hands. They say the potential risk is too high and this could put further pressure on the already stretched NHS.



We ask all employees to be considerate of the impact their activities could have on the emergency services. Make safety your priority when you are at home, as well as when you are at work, and look out for your family and friends.

For more information read [here](#).

Employee Assistance Programme

Free, confidential support and counselling available for all employees

If you're worried about a work, family or personal issue then the Employee Assistance Programme can help, 24/7.

Support with everything from consumer rights to bereavement, depression & anxiety to childcare.

Visit www.lifestyle-support.co.uk (username: cemex / password: cemex) or call 0808 1682143

