

## COVID-19 Update for UK Employees | 12/11/2020

### Global COVID-19 Alert: Myth Buster

The Global H&S team has compiled a helpful ‘myth-busting’ document, which is designed to help clarify the facts in relation to certain myths that are sometimes spread by social media and other methods.

Some of these you may already know, but some may still surprise you and it is a good reminder that we must ensure we get our information from official and trusted sources.

View the full document [here](#).

#### I CANNOT GET OR TRANSMIT THE VIRUS OUTDOORS

The virus can be spread in any environment (closed space, outdoors, etc.) Although being outdoors reduces the risk of contagion always follow our 4 Key Behaviours that Save Lives



#### IF I WEAR MY MASK, I'M SAFE EVEN IF OTHERS DON'T

The primary objective of face masks is to protect others from the wearer's respiratory droplets. There's quite a high risk an infected person without a mask could still infect you, but if that person wears a mask as well, the chances are significantly reduced to a low risk. Ask others to also wear one!



### Four Behaviours That Save Lives: Reminder Infographic for Drivers

The global team has also shared a useful infographic for drivers, with reminders about the key behaviours to follow to prevent the spread of Coronavirus as they visit our sites and customers.

KEEP SAFE. KEEP YOUR FAMILIES SAFE. PRACTICE OUR:

### BEHAVIOURS THAT SAVE LIVES

THANK YOU for your dedication to serving our customers

**Recommendations for all CEMEX Drivers**

- COVID-19 virus is still present around us and poses a real health risk, but you can keep safe by practicing our 4 Key Behaviours that Save Lives
- Your personal day to day activities represent an important risk of infection as well. Make sure you implement these behaviours in your home.

**Avoid sharing items**

Particularly tools, food utensils, pens, and any other personal item

**Keep your vehicle clean**

Remember to disinfect frequently touched surfaces:

- Tools
- Equipment
- Cabin
- Door handles
- Steering wheel

**Remain in Vehicle**

Avoid unnecessary physical contact with others by remaining in your vehicle as much as possible.

**Always use your PPE**

- Facemask
- Eye protection
- Face shield
- Helmet / Hard hat
- High visibility clothing
- Gloves
- Other as required

Remember to practice these behaviours at work, at home and while commuting.

These behaviours will help you and your families keep safe.

Identify Symptoms and Report

Personal Hygiene

Physical Distancing

Protect yourself & others

#RightAgainstCOVID

OUR PROTOCOLS | BEHAVIOURS THAT SAVE LIVES

As our essential work continues throughout the England lockdown and UK-wide restrictions, it is vital that all employees, particularly those working on site, remember to follow the four behaviours:

- 1. Identify Symptoms and inform.** Recognise the symptoms of COVID-19, and if in doubt, be responsible - get tested and self-isolate while awaiting your results.
- 2. Personal Hygiene.** Wash your hands as often as possible, and as if your life depended on it.
- 3. Physical Distance.** Maintain a safe physical distance from others and avoid physical interactions with people outside your home.
- 4. Protect yourself and others.** Anytime you leave your home, please use a facemask and any other PPE like face shields or gloves as required.

Be sure to follow these behaviours when you are at work and at home, and encourage your families to do the same. This will help to keep yourself, your colleagues and your community safe.

The infographic can be downloaded [here](#). Please display on site so it is visible for drivers, and share with your teams if applicable.

## Employee Assistance Programme

Free, confidential support and counselling available for all employees

If you're worried about a work, family or personal issue then the Employee Assistance Programme can help, 24/7.

Support with everything from consumer rights to bereavement, depression & anxiety to childcare.