

## COVID-19 Update for UK Employees | 12/02/2021

### Why Should You Get the Covid Vaccine?

CEMEX Global has shared this useful factsheet about the Coronavirus vaccine, detailing key reasons why we should get the jab when offered.

As the UK's vaccine programme continues, with some employees already receiving theirs, this may help to answer any questions you have about the benefits of the jab.

Please do share this with your teams and families; the image file is attached.

You may also have seen the new video from the NHS, featuring Elton John and Michael Caine. This is a light-hearted but simple message, aiming to show people that the jab is easy and safe. View the video [here](#).

### Use of Oximeters Following Covid Diagnosis

We have been informed by our health & wellbeing advisors, New Leaf, that Oximeters may prove useful to certain people who have been diagnosed with Coronavirus.

If you or your family members test positive for the virus, and have anything but mild symptoms, it is worth seeking medical advice at an early stage and, when doing so, ask about the suitability of the COVID Oximetry @home service.

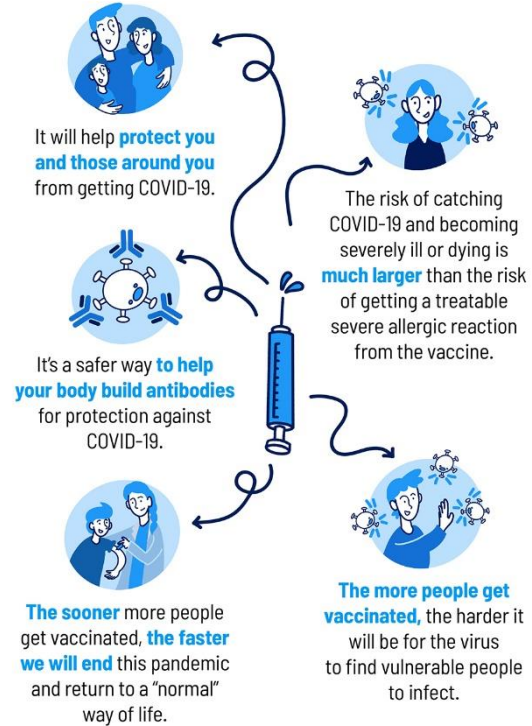


This involves the remote monitoring of patients with coronavirus symptoms. Patients use a pulse oximeter, a small monitor clipped to their finger, to measure their oxygen saturation levels three times a day. Patients are supported by clinical staff locally, so that if they need further treatment they can be admitted to hospital at the right time.

You can find out more about the Oximetry @home service [here](#).



### REASONS WHY YOU SHOULD GET THE COVID-19 VACCINE



**GET VACCINATED. SAVE LIVES.**

Sources: WHO, CDC, John Hopkins

### Employee Assistance Programme

Free, confidential support and counselling available for all employees

If you're worried about a work, family or personal issue then the Employee Assistance Programme can help, 24/7.

Support with everything from consumer rights to bereavement, depression & anxiety to childcare.

Visit [www.lifestyle-support.co.uk](http://www.lifestyle-support.co.uk) (username: cemex / password: cemex) or call 0808 1682143

