





Welcome to UK News 4th March 2021 your weekly update from around CEMEX UK

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BEING THE BEST FOR FAMILIES

Mindfulness Sessions



Following two trial events in December, we are offering employees the opportunity to join mindfulness sessions. These will explore mindfulness techniques to help deal with the stresses and strains of everyday life, so may be particularly relevant at this time.

This voluntary virtual training session comprises two 30 minute sessions on Wednesday 17th and Friday 19th March at 11am. A quiet environment where you will not be disturbed is recommended when participating.

Please note the sessions include meditation which while enjoyed by many, is not everyone's cup of tea!

To book your sessions visit: https://wellbeingbooking.co.uk/events/FVBWFN

Note: attendees only have to book one slot, not one for each session. Any questions please contact the Health and Safety team.

Look after your Hands - UK Safety Alert



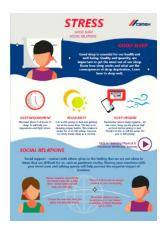
Please discuss the latest Safety Alert with colleagues. A recent incident led to an employee fracturing his finger.

Your hands are your greatest tool so please look after yourselves and each other and STEP IN if you see any unsafe behaviours.

This Alert can be found at the bottom of this document or in the download section of the UK News website: www.cemexuknews.co.uk/downloads



Sleep, Social Support and Stress Relief



CEMEX is focusing on how to manage your mental fitness and have produced a couple of posters to help promote good sleep habits, social support and stress relief techniques. Please talk to colleagues about these and help share the information.

Find out more tips on how to stay mentally fit through this link:

https://degreed.com/pathway/492n1je5p2?path=building-physical---emotional-wellbeing

The posters can be found at the bottom of this document or in the download section of the UK News website: www.cemexuknews.co.uk/downloads

MPA Health & Safety Awards 2021 - Entries Open!



The MPA and British Precast recently invited entries for their 2021 Health and Safety Awards. This is a competition we have excelled at in previous years, using it as an opportunity to gain recognition for our teams, while also sharing and learning from good practice across the industry.

There are some changes to the Awards Scheme this year, which are outlined at the end of this document or in the download section of the UK News website: www.cemexuknews.co.uk/downloads. In summary there are following **eight Topic Awards**:

- 1. Safer production
- 2. Safer maintenance and housekeeping
- 3. Safer management of pedestrians and transport on-site
- 4. Safer handling of inbound and outbound materials
- 5. Safer transport and logistics
- 6. Safer operations at a contracting, construction or customer site
- 7. Safer through improvements in health and wellbeing
- 8. Safer together

In addition, there are also opportunities to recognise **Individuals** and **Young Leaders** (under 30) via a short submission (two paragraphs), and also the UK Operations as a whole can compete for the **John Crabbe Trophy**; please note Peter Luxmore has kindly agreed to prepare the entry for this... thanks Peter!

Closing dates for submissions is 21st May, via the following email entries@mpabpawards.org.

There is no longer a limit on the number of entries we can submit and therefore we are dropping the pre-screening we used to do, but the Health & Safety team are on hand to help identify suitable award entries and provide advice in terms of the entries.

In addition to the Briefing document, further details and the entry forms can be accessed via the following link: https://www.safequarry.com/home/best-practice-awards.aspx Good luck!

EXCEED Weekly Hack.....



Find it. Lock it. Secure it. Your data is valuable and criminals know this too! From sensitive work documents to treasured family photos – our mobile devices hold more personal data than ever before.

Should the worst happen and you are a victim of theft (or simply lose your device) you can breathe a sigh of relief knowing that you can keep your data secure with the find device apps available on iOS and Android.

Simply sign in with your Apple ID or Google credentials – you will then see your device on a real time map.

There are a few options to choose:

- 1. Play Sound plays a repeating beep on your device to help you locate it
- 2. Directions get sat nav directions to the location of your device
- 3. Mark as lost/secure device locks the device rendering it useless to anyone without your passcode
- 4. Erase this device locks the device and deletes all data from it (to be used as a last resort!)

Apps of the week: 'Find My' (iOS) and 'Google Find My Device' (Android).

BEING THE BEST FOR CUSTOMERS

Magnificent Merseyside.....



This week saw another top effort by Paul Cheeseman's Operations team across CEMEX Merseyside – in particular, the guys at CEMEX UK Ellesmere Port plant who knocked out 254m3 for our customer, Fortel, to help them get their pour schedule back on track.

Thanks to Phil Barker, Gary Wellsbury and Kev for making the old dry batch plant sing, and thanks to our dedicated IHCs, Malcolm Walsh, Mike Kelly and Geoff Jackson – to name but a few – for providing our customers great service.

We go again tomorrow!!

Durham Customer Delighted



Tony Coleman and team gave County Durham the CEMEXperience by delivering 170m3 for their new warehouse as part of an on-going project in the North East.



There was great teamwork between our drivers and the concrete layers on site. A one way system was implemented to reduce congestion and site traffic which made it all the more safer for everyone on site! Well done team – another happy customer....

BEING THE BEST FOR SHAREHOLDERS

CEMEX Participates in one of the Largest Infrastructure Projects in Europe



CEMEX is participating in the construction of the S61 Via Baltica Expressway, a key component of a transcontinental transport route across Europe with significant social, economic, and environmental benefits.

CEMEX Poland supplies cement and concrete to build the surface on the 18 kilometre long Stawiski-Szczuczyn section, including the construction of bridges along the way with dedicated mobile facilities.

"Our participation in constructing the S61 Via Baltica Expressway is another success for CEMEX in Poland. Once again, we mark our presence in one of the most important infrastructure projects in Poland and Europe, said Sergio Menendez, President of CEMEX Europe, Middle East, Africa & Asia. "Our main focus is on collaborating closely with our customers and providing solutions that help complete their projects successfully."

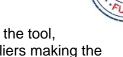


The S61 Expressway will connect Ostrów Mazowiecka with Budzisko city on the Lithuanian border and as part of the international Via Baltica route, connecting Eastern European countries Lithuania, Latvia, and Estonia with the rest of the continent. It is a critical route in the trans-European transport corridor and one of Poland's leading infrastructure investments.

UK Marketplace Hits £100k



Great news that the UK Marketplace took £100k in net orders this week. Leading the way on usage are the Somercotes Rail Products team with supplier, Forwards Industrial Products (based in Birmingham).



Many thanks go to all the end users in making use of the tool, negotiators in helping construct catalogues and suppliers making the provision of various products to be used across the whole of CEMEX.

Any questions contact: jasvindersingh.cheema@cemex.com

BEING THE BEST FOR COMMUNITIES

MPA Nature Photo Competition



It's time to capture nature in all its glory by taking photos. A flyer for this year's MPA wildlife photography competition can be found at the end of this document or in the download section of the UK News website: www.cemexuknews.co.uk/downloads.

Entries can be submitted up until 16th September 2021.

A maximum of five photos per person and all photos need to be between 1mb - 5mb memory size. CEMEX did quite well last time with several

pictures making it to the final - hopefully we can get a winner this year.

Please send photos to: elizabeth.clements@mineralproducts.org or alternatively you can send them to: sean.cassidy@cemex.com and he will forward all entries received, but please provide contact details.

Thank You So Much



CEMEX UK recently donated some laptops to two local Rugby Primary Schools. The laptops are reconditioned ones to help with the technical strains of home schooling and providing IT hardware in schools.

The Headteacher of Long Lawford Primary School, Mrs Claire Stringer, sent us this message of thanks for the recent donation of 17 laptops to their school:

"Thank you to CEMEX for donating 17 laptops to our school. We really appreciate the donation and will certainly put these laptops to good use! We are proud and fortunate to have such a close connection to CEMEX and have been fortunate to have received other donations of hand sanitiser previously.

On behalf of the school community, I send my heart-felt thanks."

Cambridge Science Centre Competition



For those of you with primary school aged children, the Cambridge Science Centre has launched a great competition.

Simply use your imagination to think of ways you would change your world for the better and send them in. You can do a drawing, model, video or writing to tell them of your ideas – and it can be anything you like! The only limit is your imagination!! There are some great prizes on offer including a virtual school trip to the centre for the whole of the winner's school.

See the video on Facebook on what to do:

https://www.facebook.com/watch/?v=3688005674581792¬if_id=1614585896192447¬if_t=watch_follower_video&ref=notif

or go to the Cambridge Science Centre website: www.cambridgesciencecentre.org

BEING THE BEST FOR EMPLOYEES

60 Years Young for Paul Scorer



Happy Birthday Paul Scorer, Loading Shovel Operator at Willington Quarry. Paul turned 60 this week.

Best wishes from all staff and contractors at Willington quarry and Burton Concrete plant, and CEMEX UK!

Women's Day Webinars



8th March is International Women's Day. It is a day to celebrate women's achievements and contributions, raise awareness about gender equality and lobby for accelerated gender parity.

During March you are invited to come along to a series of webinars to celebrate the achievement of our women leaders. These women have demonstrated their skills, knowledge and networks to effectively lead in COVID-19 response and recovery efforts and are leading the way to a more diverse future.

The links are here, please can participants to register in advance:

8th March: 09:00 AM Mexico City

https://cemex.zoom.us/webinar/register/WN_IwEgm0DXRjWHhY4jWpuUAw

11th March 09:00 AM Mexico City

Register in advance for this webinar:

https://cemex.zoom.us/webinar/register/WN_0xv0zZhVRe6MQ1e5zKjVJA

18th March 09:00 AM Mexico City

Register in advance for this webinar:

https://cemex.zoom.us/webinar/register/WN_5LwqUXutS2ys4Doftc2NgA

25th March 09:00 AM Mexico City

Register in advance for this webinar:

https://cemex.zoom.us/webinar/register/WN_rkpFwv_zSgm4vVUkD6XDDA

Phil Repton Hits 25 Years Service



Congratulations to Phil Repton, Manager at Salford Asphalt plant and depot, for hitting his 25 year service milestone.

Les Luxon, Commercial and Operations Manager, Western, commented: "This is a magnificent achievement. Phil has given advice and support to so many over the years, whilst also mentoring lots of our team and giving them the gift of his experience and guidance.

Phil cares about his colleagues' health and safety and always puts them first – well done Phil."

Have a Listen....



Listen to the latest news and views from CEMEX UK with the latest *In The Mix* podcast. This month for our Dig Deep interview we chat to Mike Higgins and Julie Warner, to find out all about LabExperts and the service it can offer customers.

Take a break, grab a cuppa and have a listen. We hope you enjoy this edition.

If you have any feedback, suggestions or comments please email Sara Murphy or Vicky Leonard at: inthemix@cemex.com

Here is the link to the Microsoft stream video version: https://web.microsoftstream.com/video/052f0ca2-c27a-445d-a825-f78f4ef71c9e

March Offers from CEMEX Lifestyle



As we march towards Spring we have some amazing deals to highlight to you this month plus an amazing competition for your chance to win the cost of a month's groceries!

Simply purchase an eVoucher or top up/buy a reloadable card for any of our supermarket partners via your Employee Benefits Platform this March for a chance to win one of five £400 supermarket eVouchers (based on the average cost of a month's groceries for a family of four). That includes Waitrose, Tesco, Sainsbury's, ASDA, M&S and Morrisons!

It's almost spring cleaning time! Spruce up your home and garden with discounts from M&S and Wilko this month. Save 8% on quality homewares, food and

clothing online at M&S when you purchase an instant eVoucher. Plus, get all your cleaning and home essentials in-store at Wilko and save 6.5% when you purchase a reloadable card.

Treat yourself of your loved ones this month with discounts from H.Samuel, New Look and Bloom & Wild. Save 7.5% on stunning jewellery and watches from H.Samuel online when you purchase an instant eVoucher. Refresh your wardrobe and shop new season styles and save 10% online at New Look when you purchase an instant eVoucher. Or why not bring the outdoors in or put a smile on a

loved one's face with 15% off beautiful bouquets and FREE delivery for new and existing customers with our Bloom & Wild promo code. Don't forget Mother's Day on 14th March!

World Book Day Competition....

IT'S WORLD BOOK DAY!

Make sure to enter the CEMEX Lifestyle last mini competition to help keep you and your little ones occupied throughout lockdown. Our 'World Book Day' competition launched 26th February and runs until 10th March 2021.

Simply dress up as, or draw your favourite book character, and send us your photos to Employee.Benefits.Competition@sodexo.com along with your name and age, for your chance to win one of four £15 eVouchers. Log in to your benefits platform to find out more details.

Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
41-02-2021	Readymix Senior Operations Manager	Materials UK Midlands	Midlands/South West	05/03/2021
42-02-2021	Technical Manager	Quality and Product Technology	London	09/03/2021
43-03-2021	Internal Control Advisor	BSO – Internal Controls	UK	16/03/2021
44-03-2021	Senior Negotiator – Materials and Related Businesses	Procurement	UK/Europe	16/03/2021
45-03-2021	Process Controller	Cement UK Operations	Rugby Plant	19/03/2021

For further details on other roles and a full listing of other vacancies, together with information on how to apply, please log on to CEMEX Shift > My Services > Internal Vacancies>New IVCs.

We would love to hear from you for the next edition

To send us a story: either click on 'submit a story' on the UK News website or email gb-communicationsandpublicaffairs@cemex.com

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.

Employee Assistance Programme

Free, confidential support and counselling available for all employees

If you're worried about a work, family or personal issue then the Employee Assistance Programme can help, 24/7.

Support with everything from consumer rights to bereavement, depression & anxiety to childcare.

Visit www.lifestyle-support.co.uk (username: cemex / password: cemex) or call 0808 1682143







MINDFULNESS

SESSIONS AVAILABLE FOR EMPLOYEES

Following two trial events in December, we are offering all employees the opportunity to join mindfulness sessions. These will explore mindfulness techniques to help deal with the stresses and strains of everyday life, so may be particularly relevant at this time.

This voluntary training comprises two 30 minute sessions on Wednesday, 17th and Friday, 19th March at 11am, which are held virtually. A quiet environment where you will not be disturbed is recommended when participating. Please note the sessions include meditation which, while enjoyed by many, is not everyone's cup of tea!

Previous participants said:

"I found the session to be a refreshing change from the daily grind."

"The session was very useful and gave me time to reflect on how busy my mind is."

"I think it would be useful to others and would benefit people who find it difficult to cope with the stresses of day to day life."

Mindfulness skills can help to strengthen resilience, focus and increase concentration levels.

To book your sessions, visit https://wellbeingbooking.co.uk/events/FVBWFN
<a href="https://wellbeingbooking.co.uk/e

Any questions? Contact the Health & Safety team.







STRESS



GOOD SLEEP
SOCIAL RELATIONS



GOOD SLEEP

Good sleep is essential for our health and well-being. Quality and quantity, are important to get the most out of our sleep. Know how sleep works and what are the consequences of sleep deprivation. Learn how to sleep well.





SLEEP REQUIREMENT

We need about 7-8 hours of sleep. It will help you regenerate and fight stress.



REGULARITY

It is worth going to bed and getting up at the same time. The key is to develop proper habits. This makes it easier for us to fall asleep, because our body treats sleep as a routine.



SLEEP HYGIENE

Remember about sleep hygiene - air the room, hang up the phone half an hour before going to bed. Thanks to this, it will be easier for you to fall asleep.



SOCIAL RELATIONS

Social support - contact with others gives us the feeling that we are not alone in times that are difficult for us, such as pandemic reality. Sharing your emotions with your loved ones and talking openly will help prevent the negative impact of isolation.



Renew contacts with people you haven't seen for a long time - social networks will help you with this.

Choose the exercises that you enjoy and practice online.

Find out if there are no people in need in your community.



Teach the elderly in your environment to use instant messaging, internet banking and e-office.



RELAXATION TECHNIQUES

to relieve stress, allow you to relax, calm down.



RELAXATION TECHNIQUES
MINDFULNESS & GOOD SLEEP







DEEP BREATHING

The easiest way to relax is to take a deep breath.

Just sit down with your back straight, inhale through your nose and blow it out slowly through your mouth. Concentrating on the breath will release the psyche from tension and relax the body. It's best to do this every day until you are completely calm.



MUSCLE RELAXATION

Tightening and relaxing your muscles is an easy way to relax your body. Lie down comfortably and tense the different muscle groups one by one, starting from the lower limbs, going through the buttocks, abdomen, chest, back, arms, and then the facial muscles.



RELAXING MUSIC

When choosing music, it is worth paying attention to the pace, mood or text of the song, which affect our well-being. It is worth reaching for the album of your favorite band or universal sounds of nature that will calm down and soothe your nerves. Playing your favorite instrument also allows you to relax.



MEDITATION

Meditation is one of the most popular relaxation techniques. It consists in calming down and looking inside yourself. It allows you to get answers to the questions that bother us and understand the elements of our personality. Working with the mind is the basis of meditation. The most developed meditation system is yoga.



AROMATERAPHY

Odors have a significant impact on our well-being. The sense of smell is connected with the part of the brain that is responsible for emotions. You can spray your favorite fragrance in the room or use scented candles or oils. Fragrant body lotion or perfumes can improve our mood.





VISUALISATION

An effective method of fighting stress is to imagine a safe, dream place for us, one in which we would feel comfortable. If we are stressed, it is worth stopping for a moment, closing our eyes and going to a place where we will be far from the problems of everyday life for at least a moment.

MINDFULNESS

deliberate, conscious directing attention to what is experienced at the moment - here and now (not looking forward, not going back to the past).



FULL FOCUS

Choose any object, e.g. a pen, and focus your eyes on it fully for 1 minute. Take a look at its details during this time - pay attention to its color, shape and structure. Playing with observations helps to clear the mind and get rid of excess thoughts.



BREATHING AND MEDITATION

Sometimes we are unable to focus due to the multitude of thoughts for nothing. It's a good idea to take a one-minute break, close your eyes, take a deep breath, and then exhale slowly. During this exercise, try to think of something pleasant and focus fully on the chest movements.



CLEAR YOUR MIND

Take a brief moment during the day to listen to your emotions. Sit back and try to do nothing for 10 minutes. Focus on your breathing and the silence around you.



BRIEFING NOTE

MPA & British Precast Health & Safety Awards 21



BRIEFING NOTE



MPA & British Precast Health and Safety Awards

Aggregates, Asphalt, Cement, Contracting, Dimension Stone, Lime, Precast Concrete, Mortar, Ready Mix, Recycling and Silica Sand

WHY ENTER?

Sharing good practice helps others to engage with health and safety improvement, to eliminate hazards in their workplace or to change unsafe behaviours. By sharing the good that we do we can all play a vital role in helping our industry achieve 'Vision Zero'.

The prestigious MPA & British Precast (MPA & BP) Health and Safety Awards are recognised both in the UK and internationally as an exemplar for showcasing and sharing safety innovations and good practice. Many of the awards highlighted in previous years have now been widely adopted across the mineral products industry for the

To enter the free MPA & BP Health and Safety Awards is a straight-forward and simple process. All that is required is the completion of a short form. The entries will be reviewed and judged by independent experts in their field.

All companies submitting an entry will be recognised in the awards ceremony and may enjoy the following benefits;

- Promotion of your entry across the industry helping it become recognised best practice
- Recognition of your employee's contribution in improving your organisation's health and safety
- Reinforces your organisations' commitment to health, safety and wellbeing with employees and other stakeholders
- Supports promotional activity to your stakeholders and customers
- Enhances your organisation's credibility in the eyes of your peers
- Reinforces your organisations comitment to the Vision Zero health and safety values

WHO CAN ENTER?

MPA & BP welcomes entries from any organisation that can help make our industry healthier or safer. You may submit as many entries as you wish.

MPA & BP encourages entries from members and non-members, from SME's to multi-nationals, suppliers, contractors and consultants. Organisations can make joint entries.

An entry can be submitted from any level within an organisation provided the individual submitting the entry has the permission of their line management to do so.

All entries must reflect an initiative in the UK involving a product sector covered by either British Precast or MPA.

It is free to enter.

WHEN MUST YOU ENTER BY?

Topic and Individual Awards submitted by 21st May 2021 Sir Frank Davies & John Crabbe Awards submitted by 15th July 2021

WHAT ARE THE TOPICS FOR ENTRIES?

You can make an entry under the following 8 topics – a more detailed explanation of these topics is available on the following page.

Topics 1-6 broadly relate to activities associated with different stages in the life cycle of a product. The last 2 are more generic relating to initiatives that are normally cross company and have a greater emphasis on worker involvement, leadership, behavioural change, people management, communication and inclusion. Many of the topics below are closely aligned with 'The Fatal 6' but it is understood that not all entries will directly relate to them.

- 1. Safer production
- 2. Safer maintenance and housekeeping
- 3. Safer management of pedestrians and transport on-site
- 4. Safer handling of inbound and outbound materials
- 5. Safer transport and logistics
- 6. Safer operations at a contracting, construction or customer site
- 7. Safer through improvements in health and wellbeing
- 8. Safer together

WHAT IS REQUIRED TO ENTER?

We would emphasise that the most important thing is to make an entry and share your ideas because by engaging with the awards scheme you will be helping to make our industry safer for everyone.

Please be reassured that all entries will be considered regardless of presentation, word count or grammar.

Please complete a short, standard entry form with explanations of the following:

- a. Name of organisation submitting the entry and contact information
- b. What were the issues/problems/hazards/behaviour you were seeking to resolve/eliminate/mitigate/change?
- c. What you did and how the process was managed?
- d. What are the benefits and the evidence to support this
- e. How innovative is the initiative? Is this a new innovation or an enhancement of an existing idea?
- f. Do you have further development plans. How transferrable is this concept to other sites, companies or industry sectors

4. Workplace Respirable Crystalline Silica 5. Struck by moving or falling object 6. Road Traffic Accidents

BRIEFING NOTE



CAN I ADD SUPPORTING IMAGES/RESOURCES?

It would be helpful to support your entry with images, and if available, video clips (eg. using a mobile phone). If other resources are already available such as Powerpoint, PDFs, posters please feel free to submit these as well. The entry form provides further guidance on these sections.

WHERE CAN I OBTAIN AN ENTRY FORM AND WHAT HAPPENS NEXT?

- Download an entry form from www.safequarry.com or www.safeprecast.com, the entry form includes some helpful tips.
- When you have completed the form please forward it to entries@mpabpawards.org
- Your entry will be acknowledged and assigned a unique number.
 This will be included in your confirmation from MPA & BP
- MPA & BP reserves the right to re-assign an entry to a different topic if they feel this would be more appropriate.
- You will be informed by MPA & BP if you have been shortlisted and you may be contacted by a judge requesting a site visit or asking further questions
- Should you have any questions or want advice please contact help@mpabpawards.org

HOW WILL THE ENTRIES BE JUDGED?

Each category will be reviewed by an independent judge who is an expert in their field. The judges will use 5 key criteria to assess the forms, the best entries will be shortlisted for further review. If shortlisted, you may be contacted by the judge.

WHAT ARE THE CRITERIA THE JUDGES WILL USE?

The entries will be scored against the following 5 key criteria.

The weight assigned to these criteria may vary depending on the topic, this is detailed on the entry form.

The overall score achieved by the entry will determine whether it will be shortlisted for further evaluation.

- 1. What are the benefits?
- 2. How was the process managed?
- 3. How innovative/original is the solution/process/management system, concept?
- 4. How transferable is this within the company, industry or beyond?
- 5. The judges' view of the entry, the relevance to the topic, and quality of evidence provided etc.

IS THERE AN AWARD RELATING TO 'THE FATAL 6'?

Yes - there is a special award for this but you do not have to submit a separate entry form.

On each entry form, there is a tick box for you to state whether your entry relates to 'The Fatal 6' and if so, which one/s.

The judges will select those entries that have demonstrated the greatest potential to mitigate a hazard associated with 'The Fatal 6' and enter them for this award.

However, MPA & BP recognised that some entries may not be associated with 'The Fatal 6'. Entries will not be penalised for this.

WHAT AWARDS ARE THERE?

Topic Awards – Winner and Runner-up in each topic

If an entry is short-listed for a major award the topic judge may request a site visit, to see the subject of the entry and talk to the people involved. If an entry goes on to win a major award (Winner or runner-up in topic) entrants will be invited to take part in a video and other appropriate promotional activity (which may incur a cost) for use at the Award ceremony. Award winning entries will also feature in the MPA Sharing Good Practice Guide 2021.

'The Fatal 6' - New award

This is a new award that will be selected from the topic entries. The award will be given to the entry judged to have demonstrated the greatest potential to mitigate a hazard associated with 'The Fatal 6'.

The John Crabbe Trophy - (more than 250 employees)

A separate entry form is required submitted by a senior manager such as MD or Director. The award reflects a company's overall achievements in health and safety - **'the best of the best'**.

The Sir Frank Davies Trophy - (250 or fewer employees)

A separate entry form is required submitted by senior manager such as a the MD or a Director. The award reflects a company's overall achievements in health and safety and will be awarded to companies with 250 or fewer employees.

Young Leader - New award

Based on nominations from companies for employees **under 30 years of age on the 31st December 2020**. An opportunity to recognise individuals who have excelled by demonstrating leadership improving health and safety within their workplace. All that is required is a couple of paragraphs explaining why the individual has been nominated.

Individual recognition

Based on nominations from companies for employees who are 30 years old or over. An opportunity to recognise individuals who have excelled by demonstrating leadership improving health and safety within their workplace. All that is required is a couple of paragraphs explaining why the individual has been nominated.

WHERE AND WHEN IS THE AWARDS CEREMONY

The awards will be announced at The MPA & British Precast Health and Safety Conference. This is the premier event for health and safety within the mineral products industry that showcases the steps the industry is taking to move closer to the achievement of 'Vision Zero'.

ENTRY TOPICS



Entry topics for the 2021 MPA and British Precast H&S Awards

Aggregates, Asphalt, Cement, Contracting, Dimension Stone, Lime, Precast Concrete, Mortar, Ready Mix, Recycling and Silica Sand

Please review these topics and consider under which topic your entry should be submitted. The short descriptions provide an indication of type of activities or initiatives that judges would expect to see submitted under this heading. Please contact Tony Entwistle at MPA or Amy Potter at British Precast should you wish to discuss your topic selection or need further advice.

1. Safer production



This section covers **extraction, manufacturing and processing**. An entry that describes a new innovation, engineering solution, system, control measure, change in a process/procedure, warning system or training programme that has made manufacturing or processing safer. This covers all activities involved in creating products e.g. from preparing for blast at a quarry to the manufacture of precast products.

Note: This section would also include **investments in new plant** – fixed and mobile

2. Safer maintenance and housekeeping



An entry that covers all aspects of maintenance or housekeeping across all product groups. E.g. this category would cover safer methods of carrying out a maintenance process, cleaning or an innovation that made a maintenance process unnecessary. Note: This might include a major shutdown or refit if not placed in classifications 2 or 8.

3. Safer management of pedestrians and transport on-site



An entry that relates to the safer management of people (employees, contractors, suppliers, customers and members of the public) and vehicles on-site. This could include site inductions, traffic management, pedestrian zones and control systems around an UK member operated site.

4. Safer handling of inbound and outbound materials



The unloading/delivery of materials to a site such as bitumen, fuel, aggregates or cement and their storage or the storage of finished products and their loading for transit such as precast products.

Note: This could include product testing.

5. Safer transport and logistics



An entry that relates to improving the safety of transport from the plant to the end user/customer site. This would include training of hauliers, safety devices on vehicles, measures to improve the safety of other road users, cars, vans, rail and waterborne transport.

6. Safer operations at a contracting, construction or customer site



The safer unloading, storage or handling of products at a customer/end user site.

OR

The delivery of services at a customer or construction site including on the highway. This section would include entries relating to **contracting**, **laying and installation of precast products**.

7. Safer through improvements in health and wellbeing



An entry that relates to initiatives that improve the health and well-being of people on site or company-wide. This could include management of mental health, diet, medicals, or possibly a hazard such as dust or chemicals if not more appropriately covered in an earlier topic.

8. Safer together



An entry where the main emphasis is on working together, leadership or behavioral change. It might include training programmes, safety days, communication programmes, cross site safety audits or similar initiatives. These entries would often be company-wide.



For further information or help please contact help@mpabpawards.org

- 1. Contact with moving machinery and isolation 2. Workplace transport and pedestrian interface 3. Work at height
- 4. Workplace Respirable Crystalline Silica 5. Struck by moving or falling object 6. Road Traffic Accidents



Catching the moment...

The MPA Nature Photo Competition 2021 for all employees and contractors









In these times, it is more important than ever to acknowledge the power and positive impact of nature in all its diversity.

The fourth MPA Nature Photo Competition celebrates the unique role our members play in creating amazing habitats for wildlife and is open to all employees of MPA members and associates and contractors working on sites.

Entries can be images of species (both fauna and flora) and habitats (including their landscape setting) found on operational quarries, partly or fully restored sites or any site plant.

The competition is open until **16 September 2021** and any photographs entered must have been taken between 1 January 2020 and 15 September 2021 to allow all the seasons and different wildlife to be captured.

Winners will be announced and images showcased at the MPA Quarries & Nature event in Autumn 2021. They will also be included in the Quarries & Nature calendar for 2022. Here are some from this year's.

Prizes of vouchers for photographic equipment will be awarded to first, second and third placed winners.



Email your photos one at a time in JPEG format to naturephotos@mineralproducts.org, up to 5MB (1MB minimum), telling us where the photo/s was taken and when. You should also include a brief description to put the photo/s into context. Please keep large resolution copies of your photos, in case your entry is successful, for promotional and printing purposes.

You can enter a maximum of 5 images (between 1MB and 5MB each in size) which should be sent as separate emails direct to MPA at naturephotos@mineralproducts.org – please read terms and conditions below.

For further information please contact Elizabeth Clements at MPA elizabeth.clements@mineralproducts.org or 07775 894 285

Please tell us your full name, age, company, job role, location and a contact phone number with your submissions.

You must hold the copyright for or have the right to use the image/s. Please abide by your company's health & safety regulations and gain permission to photograph if required.

By submitting an entry you give MPA permission to use your image(s) in future publicity. The entrant will receive

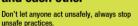
acknowledgement where their entry is used

Entries from professional photographers (those whose main income is their photography) are not eligible to enter. No photoshopped composites, faked or doctored images are permitted.

The judges' decision is final.

CEMEY

Look after yourself



Safe Systems

Incident/Hazard alerts



DETAILS OF THE INCIDENT

A contractor was engaged to remove and repair a broken skip motor and brake on a Concrete Plant. The task involved lowering the motor to an interim level before lowering it to the ground. An employee was observing the task from the mixer level. As the motor was lowered during the first stage, it started to turn, the employee put out his hand to steady it and, in doing so, his hand was caught between the motor and a fixed object. On removing his glove, our employee discovered a cut to his finger which required hospital treatment; it was later found that the employee had also fractured his finger.

SAFETY ALERT

EMPLOYEE FRACTURES FINGER

KEY FINDINGS

- The employee was not meant to be part of the task and was only observing.
- All required controls were in place including an induction, Worksafe assessment and Permit to Work.
- The employee was wearing the correct personal protective equipment (PPE), including gloves.
- Consideration had been made to lower the motor through use of a mobile elevated work platform (MEWP) but the method used was thought to be the better option.

HOW COULD THIS HAVE BEEN AVOIDED?

Effective planning and coordination of the task should have ensured an exclusion zone was in place limiting access to the area.

KEY REVIEW POINTS

- Task Assessment Are alternative work methods considered fully to minimise risks?
- Safety Zones Are steps taken to isolate areas where lifting / lowering operations are taking place?
- Authorised Personnel Is it clear who should be involved in a task and do they know their role?
- Line of Fire Do personnel fully understand the concept of keeping out of the "Line of Fire" and know not to put themselves at risk?

Follow safe systems of work, site rules, signage and traffic signals.

Report all incidents/hazards immediately.

