

## COVID-19 Update for UK Employees | 20/09/2021

### Government's Plan A for Autumn and Winter 2021

UK Government has published its **PLAN A for COVID** – key points are –

- Building our defences through vaccines
- Identifying and isolating positive cases to limit transmission: Test, Trace and Isolate
- Supporting the NHS and social care: managing pressures and recovering services
- Providing clear advice for us to protect ourselves and others
- Managing risks at our borders – travel restrictions, testing

### Protecting Ourselves and Others

**Make Time for the Vaccine.** Since August, out of 46 cases of COVID in CEMEX UK a **quarter were unvaccinated, and of those, the average age was 39.** If you have not done so already, please make time to get both doses of the vaccine if you are eligible. It is a vital way to protect yourself and others and will hopefully ensure we do not have to return to stricter lockdown measures. It is very easy to book your vaccine – find out more [here](#).

Safer Behaviours and Actions



Get vaccinated



Let fresh air in if you meet indoors. Meeting outdoors is safer



Wear a face covering in crowded and enclosed settings where you come into contact with people you do not normally meet



Get tested, and self isolate if required



Try to stay at home if you are feeling unwell



Wash your hands



Download and use the NHS COVID-19 app

The Government's advice to keep safe is fully aligned to the CEMEX Four Behaviours That Save Lives.

- If you have to meet indoors, ensure there is **fresh air** circulating, and where appropriate use a CO2 monitor to check this
- Keep **wearing a mask**
- Keep **hands clean**
- Get **tested and self-isolate** if you have symptoms
- Stay at home if unwell
- Keep using the **COVID-19 App**

### Government's Plan B

As we see in the news, there is still concern about rising cases, deaths and hospitalisations from COVID. If the NHS comes under unsustainable pressure the Government has a Plan B which could include –

- Urgent communication that risk level has increased - need to behave more cautiously.
- Introducing mandatory vaccine-only COVID-status certification in certain settings ie COVID passports
- Legally mandating face coverings in certain settings.
- Asking people once again to work from home if they can, for a limited period

In the meantime, please **follow the behaviours** above which we know will keep everyone safe in our workplaces, and please **take the double-dose vaccine** if you have not already done so.

## Employee Assistance Programme

Free, confidential support and counselling available for all employees

If you're worried about a work, family or personal issue then the Employee Assistance Programme can help, 24/7.

Support with everything from consumer rights to bereavement, depression & anxiety to childcare.