



HM Government



# BOOST YOUR IMMUNITY THIS WINTER

**WITH THE FLU VACCINE  
+ COVID-19 BOOSTER**

Flu and COVID-19 can both be life-threatening and spread more easily in winter. If you're 50 or over, you are eligible for a free flu vaccine and a COVID-19 booster.

**Get vaccinated. Get boosted. Get protected.**

[nhs.uk/wintervaccinations](https://nhs.uk/wintervaccinations)



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