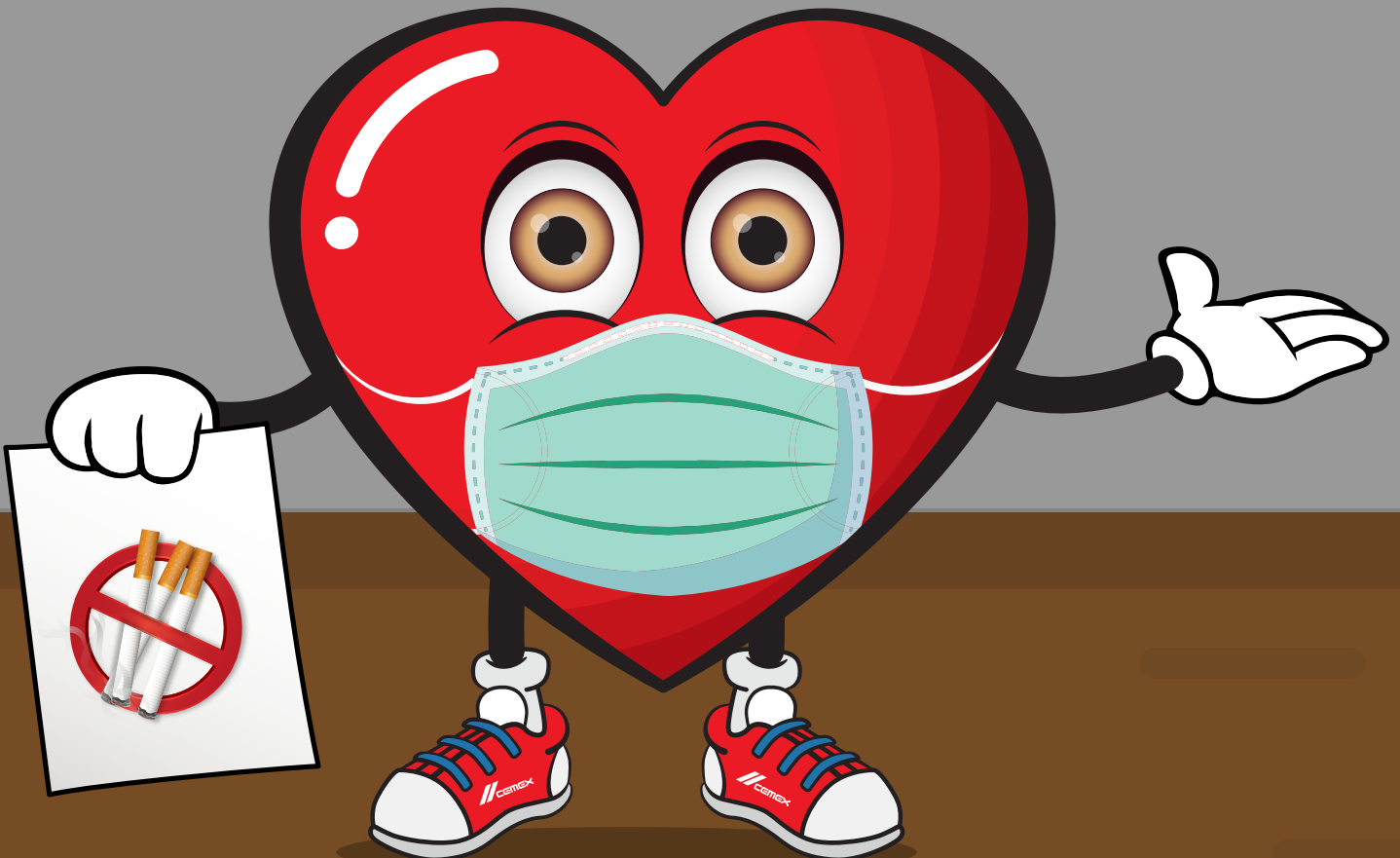


CARDI-O SAYS:

Smoking any kind of tobacco significantly increases the risk of coronary heart disease. Smoking also impairs lung function making it harder for the body to fight off COVID and other respiratory diseases.



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