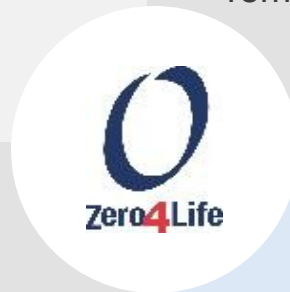


Practical Advice to Prepare for Winter

What Drivers Should Do:



- **Prepare your Vehicle...** check anti-freeze, windscreen & windows, de-icer, mirrors, tyres, fluids, lights, brakes.
- **Carry an Emergency Kit...** torch, hi-vis / warm clothing, first aid kit, shovel, phone, emergency contact numbers, food and warm drink.
- **Plan the Route...** check for delays and weather conditions, in poor weather postpone the journey.
- **Adjust Driving to Suit Conditions...** slow down, keep well back, ensure you can stop safely.



What Sites Should Do:



- **Undertake Winter Checklist** ...check grit-salt, de-icer, lighting, arrangements to heat food / drinks, PPE stocks including hi-vis, warm clothing and footwear.
- **Get Organised** ...frost protection, arrangements for clearing / gritting areas.
- **Raise Awareness**...display the winter poster and remind people of the hazards & precautions.

What We Can All Do:



- **Wear Suitable Clothing...** warm / hi-vis clothing, appropriate footwear incorporating additional 'grippers' where appropriate.
- **Use Dedicated Walkways & 'Get a Grip'...** use three points of contact on ladders & stairways.
- **Take Extra Care...** don't take unnecessary risks.