Importance of lateral flow tests

We have seen an increase in the number of positive cases of Coronavirus reported in the business over the past weeks, in line with national figures. To keep our colleagues, contractors and their families safe, it is vital that we are all regularly using lateral flow tests especially if we have any symptoms or have been in contact with those who have tested positive. Even if you think you only have a cold, please don't just come into work as normal – take a test first.

Everyone should be testing twice a week to help identify any positive cases, especially in people who are asymptomatic. Please test more regularly than this if there is an increased risk – for instance if you are visiting people who may be more vulnerable or if working in groups, attending meetings, etc.

While there have been some issues with supply of these tests, we understand that more are being made available each day and stock should be available either through the Government website <u>here</u> or at local pharmacies. It is very quick and easy to order free tests online, and in most cases they arrive the next day. Please keep trying if you are not immediately successful.

If those working at our sites are struggling to obtain lateral flow tests, Managers can order them from New Leaf Health, using the following contact details:

Andy Lee-O'Neil | Director E: andy@newleafhealth.co.uk

They have ample stocks at this time. New Leaf will require a Purchase Order and charge £2.95 per test kit for packs of 25, sending them out next day.

As we have mentioned previously a newer version of the test is now being issued, which only requires nasal swabs and is therefore much less uncomfortable to do. If you are unsure, the Government has created a series of helpful step by step videos for both types of test. Watch them <u>here</u>.

We know that with increased numbers of cases in our business, this is impacting operations and people are being asked to support with tasks they would not usually. Please ensure that safety remains your number one priority and you look out for yourself and each other. Take particular care if you are doing unfamiliar work or are busier than normal, especially in wintery weather, which is forecast for some areas later this week.

Your health and safety is more important than anything else – Take 5, Stop and Think, and Step In if you see anything unsafe. Please also keep following our Behaviours that Save Lives.







Covid-19

Update

Employee Assistance Programme

Free, confidential support and counselling available for all employees

If you're worried about a work, family or personal issue then the Employee Assistance Programme can help, 24/7.

Support with everything from consumer rights to bereavement, depression & anxiety to childcare.

Visit www.lifestyle-support.co.uk (username: cemex / password: cemex) or call 0808 1682143