

## WORLD HEALTH DAY APRIL 7TH

l encourage you to look after your health and to have periodic health checks. Healthy practices will help keep you in good shape and increase your resilience against COVID.

> 120 88

> > 1





## WORLD HEALTH DAY APRIL 7TH

l encourage you to look after your health and to have periodic health checks. Healthy practices will help keep you in good shape and increase your resilience against COVID.

> 120 80

