



SITE INDUCTION – MINIMISING RESPIRATORY INFECTION

There are actions we can take to reduce the spread of respiratory infections, such as COVID and flu, which can spread easily and may cause serious illness in some people. These include an element of screening and induction for site visitors.

On arrival to site, confirm with visitors:

- **They have no symptoms of respiratory infection**, including a high temperature, a new, continuous cough, or a loss or change to sense of smell or taste; anyone who is ill should avoid contact with others and be sent home until they no longer have a temperature or feel unwell.
- **They have not tested positive for COVID in the last 10 days.** Government guidance states anyone who tests positive should stay at home and avoid close contact with others for five days after the day of their test, and avoid contact with those who are considered to be at higher risk of becoming seriously unwell for 10 days after the day they took their test.
- **They are not a close contact of someone with COVID.** Close contacts of someone who has COVID are advised to avoid those who are considered high risk and limit close contact with others outside their household, particularly in crowded, enclosed or poorly ventilated spaces. They are also recommended to wear a well-fitting face covering when in public spaces or in close contact with others.
- **They should advise immediately if they start to feel unwell.**

Visitors should also be instructed to follow good practices and any relevant local rules, including those relating to:

- **Maintaining suitable workplace ventilation.** Observing room occupancy limits and making best use of available natural and mechanical ventilation, keeping windows and doors open as appropriate. CO₂ monitors should be used in larger meeting rooms where available.
- **Good hygiene practices**, including regular handwashing, disposal of tissues, etc. and sanitisation of communal areas.
- **Wearing a face covering, in particular:**
 - When case numbers are high
 - When in close contact with someone deemed to be at higher risk
 - If you have been in close contact with someone who has tested positive
 - In crowded and enclosed spaces

Note: face coverings should be well fitting and 2ply or 3ply wherever possible

- People at high risk from the virus should continue to follow their specific medical advice.