

HALF OF WOMEN REPORT FEELING DEPRESSED DURING MENOPAUSE

Menopause is different for everyone and can come with a range of different symptoms, both physical and mental.

Find out more and discover how to get support:



<https://www.themenopausecharity.org/menopause/>



new leaf health

This poster is intended for informational purposes only. You should always discuss any symptoms or medical concerns with your doctor or a health professional.