





Menopause webinars

supported by Care First Menopause Mentor - Suzanne

Weekday	Article	Webinar	QR Code
Thursday February 16 th , 2023	Menopause Awareness	‘Menopause Awareness’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/9218783104319232855 A Menopause awareness session, hosted by Care firsts Menopause mentor	
Thursday May 4 th , 2023	HRT, Symptom checker and conversations with your GP	‘HRT, Symptom checker and conversations with your GP’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/7816086642872976480 What help is available and how to talk about it	
Thursday August 3 rd , 2023	Menopause for Men	‘Menopause for Men’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/4614441823696238176 A session to help those not directly affected by Menopause	
Thursday November 2 nd , 2023	Menopause in the workplace	‘Menopause in the workplace’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/8800261699918555482 A session outlining workplace support	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that content may include guidelines applicable to the UK, however guidelines for Wales, Scotland and Ireland may vary. Please refer to .gov for the latest guidance in your region.

Please note that these themes and events may be subject to change as the situation develops.