

## **Weekly Publicity Calendar**

Weekday	Daily Theme	Article	Webinar	Mobile Registration
<b>Monday</b> August 28 <sup>th</sup> , 2023	BANK HOLIDAY			
Wednesday August 30 <sup>th</sup> , 2023	Care first Awareness	How Care first can support you	'How Care first can Support You' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/9051013026955998040 A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.	
<b>Friday</b> September 1 <sup>st</sup> , 2023	Mental Health	Return to School Anxiety	'Return to School Anxiety' <b>TIME:</b> 12pm – 12:30pm <b>LINK: https://attendee.gotowebinar.com/register/892839058996370266</b> With the end of the summer holidays approaching, this light touch session offers tips to help manage stress and anxiety when your children are returning to school or moving to a new one	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars. Please note that these themes and events may be subject to change

Please be aware software 'GoToWebinar' is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation