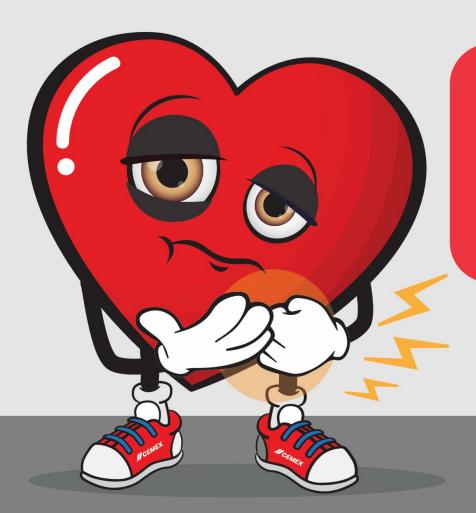
## Do you know the symptoms of a heart attack?

## The most common signs of a heart attack are:

- Sudden and persisting pain or discomfort in the chest that feels like pressure, tightness or squeezing
- The pain may spread to either arm, the neck, jaw, back or stomach
- You may also feel sick, sweaty, light-headed or short of breath



If you experience these symptoms, or others you are unsure about, don't hesitate, always seek medical attention.

Source: British Heart Foundation

