



Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
Monday September 25 th , 2023	Service Awareness	Care first Management and MHFA Support	‘Care first Management and MHFA Support’ TIME: 12pm-12.30pm Link: https://attendee.gotowebinar.com/register/2414865518178287195 This webinar provides an overview of the support available for managers and Mental Health First Aiders of organisations through the EAP.	
Wednesday September 27 th , 2023	Care first Awareness	How Care first Can Support you	‘How Care first Can Support You’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/4374089685775029336 A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.	
Friday September 29 th , 2023	Mental and Physical Wellbeing	Sober October	‘Sober October’ TIME: 12pm – 12.30pm LINK: https://attendee.gotowebinar.com/register/7912602877447297632 In line with International Go Sober for October, this webinar provides tips to help cope with the challenge and benefits of going sober for the month.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software ‘GoToWebinar’ is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation