


Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
Monday October 2 nd , 2023	Service Awareness	What to expect when you call Care first	‘Your Counselling Call to Care first’ TIME: 12pm-12.30pm Link: https://attendee.gotowebinar.com/register/3513482143639982937 This webinar provides an overview of what you can expect when making a call to the counselling help line.	
Wednesday October 4 th , 2023	Care first Awareness	How Care first Can Support you	‘How Care first Can Support You’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/5437536232783105887 A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.	
Friday October 6 th , 2023	Mental and Physical Wellbeing	Sober October	‘A Smile Speaks a Thousand Words’ TIME: 12pm – 12.30pm LINK: https://attendee.gotowebinar.com/register/1187678600359996245 In line with World Smile Day on 6th October, this webinar provides information on the impact of happiness on our wellbeing but also the positive impact for those around us.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software ‘GoToWebinar’ is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation