




Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
Monday October 23 rd , 2023	Financial Wellbeing	Financial Well-being and Advice	‘Financial Well-being and Advice with PayPlan (guest speaker Antony Price)’ TIME: 12pm-12.30pm Link: https://attendee.gotowebinar.com/register/6921797764825109078 This webinar will be hosted by our guest speaker, Antony Price from PayPlan, who will be providing detailed information on how we can improve our financial wellbeing.	
Wednesday October 25 th , 2023	Care first Awareness	How Care first Can Support you	‘How Care first Can Support You’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/7477804303403976280 A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.	
Friday October 27 th , 2023	Service Awareness	Understanding Care first cCBT	‘Understanding Care first cCBT’ TIME: 12pm – 12.30pm LINK: https://attendee.gotowebinar.com/register/968394200783803994 This webinar provides further information on Care first’s own modular cCBT (computerised Cognitive Behavioural Therapy) course.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software ‘GoToWebinar’ is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation