Care first Weekly Publicity Calendar

Care first
Part of PRIORY

Day/date/time	Daily Theme	Article	Webinar	Join
Monday **January 29th, 2024** **12pm-12.30pm**	Service Awareness	Practical Information and Advice through Care first	**LINK:** https://attendee.gotowebinar.com/register/5575630497817436247 This webinar provides detail about who our Information Specialists are and their role as part of your EAP service.	
Wednesday **January 31st, 2024** **12pm-12.30pm**	Mental Wellbeing	Time to Talk 2024	**LINK:** https://attendee.gotowebinar.com/register/5146860545424591197 This webinar highlights that talking about how we are feeling about certain situations and life events can improve our overall wellbeing. In association with Time to Talk Day 1st February 2024.	
Friday **February 2nd, 2024** **12pm-12.30pm**	Care first Awareness	How Care first can Support you	**LINK:** https://attendee.gotowebinar.com/register/3693565658208367196 A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.	

'GoToWebinar' software is needed to join/view these webinars and may need to be downloaded – there could be restrictions through your organisation.

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Note that these themes and events may be subject to change without notice.