

Safety Essentials



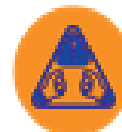
1. Look after yourself and each other

Don't let anyone act unsafely, always stop unsafe practices.



2. Housekeeping

Keep designated access routes and work areas tidy and free from trip/slip hazards.



3. Get a Grip

Hold handrails on stairways and use three points of contact when getting into/out of vehicles.



4. Personal Protective Equipment

Always wear the correct PPE.



5. Manual Handling

Use mechanical aids or ask for help to reduce risks.



6. Tools and Equipment

Use the right, well maintained, tools / equipment for the job. Never make do.



7. Safe Driving

Drive safely, ensure you are authorised and that vehicles/mobile plant are well maintained.



8. Safe Systems

Follow safe systems of work, site rules, signage and traffic signals.



9. Isolation Procedures

Never work on live or moving machinery – always 'lock out'.



10. Working At Height

Use appropriate access equipment and fall protection.



11. Confined Spaces

Obtain a permit to work and always follow the safety requirements.



12. Incident/Hazard Alerts

Report all incidents/hazards immediately.