

Care first Weekly Publicity Calendar

Day/date/time	Daily Theme	Article	Webinar	Join
<p>Monday February 26th, 2024 12pm-12.30pm</p>	<p>Service Awareness</p>	<p>What is Short Term Solution Focused Counselling</p>	<p>LINK: https://attendee.gotowebinar.com/register/7673677904456894560</p> <p>This webinar provides further information on short term solution focused counselling and 'in the moment' support.</p>	
<p>Wednesday February 28th, 2024 12pm-12.30pm</p>	<p>Care first Awareness</p>	<p>How Care first Can Support you</p>	<p>LINK: https://attendee.gotowebinar.com/register/5534537350883379799</p> <p>A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.</p>	
<p>Friday March 1st, 2024 12pm-12.30pm</p>	<p>Mental Health</p>	<p>Pets and Mental Health – What are the Benefits?</p>	<p>LINK: https://attendee.gotowebinar.com/register/5812866624786795611</p> <p>This webinar provides details how and why people use the interaction with animals to positively improve their mental health.</p>	

'GoToWebinar' software is needed to join/view these webinars and may need to be downloaded – there could be restrictions through your organisation.

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Note that these themes and events may be subject to change without notice.

