

# Care first Weekly Publicity Calendar

| Day/date/time  | Daily Theme          | Article                             | Webinar  | Join   |
|--|----------------------|-------------------------------------|--|--|
| <b>Monday</b><br>April 1 <sup>st</sup> , 2024<br>12pm-12.30pm    | BANK HOLIDAY         | BANK HOLIDAY                        | BANK HOLIDAY   | BANK HOLIDAY   |
| <b>Wednesday</b><br>April 3 <sup>rd</sup> , 2024<br>12pm-12.30pm | Care first Awareness | How Care first can support you      | <p><b>LINK:</b><br/> <a href="https://attendee.gotowebinar.com/register/1463060087630665567">https://attendee.gotowebinar.com/register/1463060087630665567</a></p> <p>A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.</p>   |   |
| <b>Friday</b><br>April 5 <sup>th</sup> , 2024<br>12pm - 12:30pm  | Financial Wellbeing  | Managing your Finances with PayPlan | <p><b>LINK:</b><br/> <a href="https://attendee.gotowebinar.com/register/9215077757720357720">https://attendee.gotowebinar.com/register/9215077757720357720</a></p> <p>A session with guest speaker, Antony Price, from PayPlan, the Finance and Debt Management Experts. This webinar aims to support listeners with tips to help manage their finances.</p> |  |

**'GoToWebinar' software is needed to join/view these webinars and may need to be downloaded – there could be restrictions through your organisation.**

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Note that these themes and events may be subject to change without notice.

