




Care first Weekly Publicity Calendar

Day/date/time	Daily Theme	Article	Webinar	Join
<p>Monday April 15th, 2024 12pm-12.30pm</p>	Service Awareness	Care first Lifestyle – Your Digital Wellbeing Solution	<p>LINK: https://attendee.gotowebinar.com/register/549546245190885214</p> <p>This webinar walks you through the Lifestyle website, with details and demonstrations of the tools on offer and how to access it.</p>	
<p>Wednesday April 17th, 2024 12pm-12.30pm</p>	Care first Awareness	How Care first can support you	<p>LINK: https://attendee.gotowebinar.com/register/378660147938119520</p> <p>A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.</p>	
<p>Friday April 19th, 2024 12pm - 12:30pm</p>	Menopause	Supporting others through the menopause	<p>LINK: https://attendee.gotowebinar.com/register/8238963218690250329</p> <p>This session will be run by Care first Menopause Mentor, Suzanne. In this webinar, we will explore ways to support individuals going through menopause and touch upon the concept of male menopause often referred to as andropause.</p>	

'GoToWebinar' software is needed to join/view these webinars and may need to be downloaded – there could be restrictions through your organisation.

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Note that these themes and events may be subject to change without notice.

