

# Care first Weekly Publicity Calendar

Day/date/time	Daily Theme	Article	Webinar	Join
<b>Monday</b> April 29 <sup>th</sup> , 2024 12pm-12.30pm	Service Awareness	Care first Management and MHFA Support	<p><b>LINK:</b>  <a href="https://attendee.gotowebinar.com/register/2175855884370723421">https://attendee.gotowebinar.com/register/2175855884370723421</a></p> <p>This webinar provides an overview of the support available through the EAP for managers and Mental Health First Aiders of organisations.</p>	
<b>Wednesday</b> May 1 <sup>st</sup> , 2024 12pm-12.30pm	Care first Awareness	How Care first can support you	<p><b>LINK:</b>  <a href="https://attendee.gotowebinar.com/register/8382740860152736603">https://attendee.gotowebinar.com/register/8382740860152736603</a></p> <p>A webinar to raise awareness of the service and information on how to access the EAP support provided by Care first.</p>	
<b>Friday</b> May 3 <sup>rd</sup> , 2024 12pm - 12:30pm	Physical Wellbeing	Sun safety	<p><b>LINK:</b>  <a href="https://attendee.gotowebinar.com/register/7606448267545804118">https://attendee.gotowebinar.com/register/7606448267545804118</a></p> <p>This webinar provides viewers with an understanding of the importance of sun safety and the effect warm weather can have on both your physical and mental health.</p>	

**'GoToWebinar' software is needed to join/view these webinars and may need to be downloaded – there could be restrictions through your organisation.**

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Note that these themes and events may be subject to change without notice.

