



CEMEX UK NEWS



Welcome to UK News 23rd May 2024
your weekly update from around Cemex UK

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HEALTH & SAFETY

Latest Safety Alert

SAFETY ALERTS



Thanks go to the relevant operations for sharing details of two High Potential Incidents (HiPos) described in the latest two Safety Alerts. Please review the Alerts with your teams and encourage them to report all near misses and hazards, particularly those with high potential, as it gives us all opportunity to take action to avoid future injuries.

You can find the Alerts at the end of this document and on the UK News download page:
www.cemexuknews.co.uk/downloads

HIPO – Driver puts himself at risk

Just over a month since sharing an Alert where two truck mixer drivers put themselves at risk while working at height, it was concerning to learn of another incident where a driver climbed out of his mixer truck rear platform and stood on the rear chute, unprotected from a fall. We should consider the factors that may have contributed to this incident, including restrictions on washing down on the customer's site, availability of access platforms, etc. Please stress to your teams:

- The need to STOP & THINK and Take 5 before starting a task.
- Speak up if a job cannot be done safely.
- Only carry out activities in accordance with safety procedures / safe systems of work and permitted maintenance activities.
- Ensure we share Safety Alerts and learn from previous incidents so we can prevent future injury and suffering.

HIPO – Fire in customer hotbox

A customer collecting asphalt in a “hotbox” vehicle breached local procedures and set his vehicle alight because he didn't isolate the vehicle gas supply before entering the site and used diesel as a release agent. Fortunately, another customer was able to put the fire out using an extinguisher. This incident is a reminder of the importance of having robust site rules and induction procedures, which are well communicated and enforced, alongside effective emergency procedures.

Please encourage your team members to **STEP IN** if they see anyone who may be at risk of injury.

The Alerts should be displayed on relevant notice boards.

Look after yourself and each other. Health and safety information and resources can be found at the following location: <https://cemex.sharepoint.com/sites/UKHealthandSafety/SitePages/Safety-Alerts.aspx?web=1>

The Latest Safety Sword Winner is.....



The Safety Sword is presented each year to the operations judged to have the best Health and Safety standards across the UK. It was first presented back in the 1960's, underlining the long history of prioritising Health and Safety across our business.

As standards have improved and become more consistent over the years, it has been necessary to use varying approaches to differentiate between the contenders. This year, the UK National Health and Safety Committee agreed to present the Safety Sword based on performance in the 2023 Cemex Global Health and Safety Awards, which were announced earlier this month.

Having been recognised with “Best in Sector” for Aggregates in the Cemex Global Awards, the Health & Safety Committee have agreed that the Safety Sword should be presented to the team in **UK Marine**, congratulations go to everyone who has contributed to this achievement on the standards they have achieved, but most importantly for continuing to look after themselves and each other.

New Jason Anker Session in Midlands



Over the past 12 months the Health & Safety team have been organising sessions with Jason Anker MBE, a highly engaging inspirational Health and Safety speaker, paralysed in 1993 from the waist down due to an avoidable accident on a construction site when he was just 24 years old. Jason has a passion to prevent others from suffering a life changing incident.

If you are in the Midlands/Warwickshire area and have not yet had the opportunity to attend one of these sessions, we are holding two sessions on Monday 24th June at Coombe Abbey, Brinklow Road, Binley, Coventry CV3 2AB.

Times: Session 1 – 9am until 11.30am or Session 2 – 1pm until 3.30pm

If you would like to attend the event, please can you click on the link to register

<https://forms.office.com/r/B0hekB90rD>



Derbyshire Road Safety School Visit

Across Derbyshire in 2022, 30 people were killed and 1,895 people were injured on the roads. A recent school visit by colleagues from Cemex UK aimed to educate children about road safety.

The visit to Church Gresley Infant and Nursery School in Swadlincote was organised by Sales Executive, Stuart Wood, whose own son attends the school. It involved safety sessions delivered in each classroom across the day, and a visit by a Cemex truck.

The children learnt about being safe around large trucks, blind spots, crossing roads safely and bicycle safety.

Speaking about why visits like these matter, Stuart Wood said: "It's starting them young and starting to educate about road safety. It's never too early, my is only five years old." The school itself is a member of the John Taylor Multi Academy Trust, and serves a wide range of schoolchildren up to seven years old before they go on to junior or primary school.

From the school, the visit was overseen by the Headteacher, Mrs Jo Cripps, who said: "We have had a full day of road safety. We've had a truck, we've had safety equipment and we've had children climbing into the cab. All classes have had a presentation where road safety has been explained to the children. You only have to look at the media to see how many deaths and accidents happen on the roads. Our children are very young so it's something we find very important here. You hear about accidents with cyclists and a lot of it is because they don't understand that lorry drivers can't always see them. So it's really about an awareness. Thank you so much to the Cemex team for their visit."

Photos: Top Left to Right: Grant Garner, Dave Besford, Stuart Wood and Ian Phoenix
Bottom Left: Stuart and Keren Castle
Bottom Right: Stuart's son George



Enhancing Safety with Rail Safety Awareness Training



The Rail Safety Awareness course is a one-day programme that provides a comprehensive introduction to the unique world of Rail operations and rail safety at Cemex.

The course ensures that rail safety is given the same level of priority that Cemex places upon all other areas of Health and Safety across its business and is crucial for gaining a good level of understanding of the specific safety protocols and procedures necessary for working in and around our sites where we have active Rail operations.



Participants spend the day in a classroom setting, gaining invaluable insights into rail safety protocols, followed by an opportunity to apply these learnings at the rail sidings located at our rail depot sites.

Why Rail Safety Matters

Rail operations present unique challenges and hazards that differ significantly from those in other areas of our business. Ensuring that our employees are equipped with the knowledge and skills to navigate this environment is essential for maintaining safe working at our sites where rail operations are present. This course reinforces Cemex's commitment to safety by focusing on critical areas such as:

- Understanding rail-specific hazards and risks.
- Proper procedures for working around rail infrastructure.
- Emergency response protocols tailored to rail operations.
- Best practices for loading and unloading materials safely.

Who Should Attend?

The Rail Safety Awareness course is beneficial for a wide range of employees including:

- Anyone working at a site with a railhead in operation.
- Colleagues from a health and safety background.
- Individuals responsible for transportation or supply chain activities.
- Employees interested in gaining a deeper understanding of our rail operations.

Continuing to build a Safety-First Culture

Participation in the Rail Safety Awareness course is about continuing to build a culture where safety is the foundation of all our activities. This training empowers employees with the knowledge needed to identify potential hazards, make informed decisions, and take proactive steps to ensure their own safety and that of their colleagues. The Rail Safety Awareness course reflects this commitment to health and safety by ensuring that rail safety is integrated seamlessly into our overall safety strategy.

Join us in Prioritising Rail Safety

We encourage all employees involved in rail operations and those at sites where rail operations are present to take advantage of this valuable training. By completing the Rail Safety Awareness course, you will contribute to a safer, more efficient workplace and help Cemex continue to set the standard for safety excellence in the industry.

What our people say about the course

“Part of my job roll requires me to access Rail Siding Depots within Cemex. The Rail Safety Awareness Course provided me with bespoke training in basic railway safety giving me knowledge to not only keep myself safe, but also the understanding to know when to Step In if required, to keep others safe whilst out on track. It also gave me greater understanding of not only the potential trackside hazards, but also how we as a business should be controlling train movements safely and correctly maintaining our infrastructure.”

Lee Wairing, Health & Safety Advisor



“The Rail Safety Awareness course has given me an excellent overview of our rail operations and the additional safety procedures that these sites must take to ensure that we continue to prioritise health and safety across our organisation. I feel more confident of knowing what potential hazards to look out for at our rail sites and in understanding some of the language that is used that is unique to the rail industry.”

Andy Richmond, UK Communications Manager

Find out more or arrange your place on a future course

If you or any member of your team are interested in learning more about our rail safety operations, then contact **Tracey Millen** via traceyann.millen@cemex.com, to find out more about the course and how you can take part.



FUTURE IN ACTION

Supporting Collaborative Women

Around the world our Cemex Social Impact strategy is making a positive and lasting difference in the local communities where we operate. We focus on empowering people, improving housing and infrastructure, building green spaces and resilient communities, and supporting local economies through skills development, entrepreneurship, and sustainability for a just transition.

How can you get involved



Across the UK between 10th – 14th June we are asking Cemex UK colleagues to please support **Collaborative Women** this June, by donating items that you no longer need or want. Operating out of Manchester, Collaborative Women work with victims of domestic violence and provide access to safe and affordable housing and also find ways of empowering these women to forge their own paths. The support they

mostly require is with materials to assist women who have been housed or are seeking safe accommodation when they escape domestic violence. You can find out more about the organisation here:

<https://www.collaborativewomen.co.uk/about>

We can support them by donating:

- Bedding | For Double and Single Beds
 - Mattress covers
 - Sheets
 - Pillows
 - Duvet covers
- Period products
- Toiletries | travel size options would be welcome



- Toothpaste
- Toothbrush
- Shampoo and conditioner
- Shower gel and bar of soap
- Body lotions and hand lotions (particularly culturally specific skincare products that are halal)

We have arranged the following collection points at Cemex sites. Please bring your donations to these collection points between 10th – 14th June.

UK Collection points:

- Sheffield – Contact: Paul Cooke
- Head Office Coventry – Contact: Chiedza Mupfumira
- Wick Floors – Contact: Susan Townsend
- Wick Readymix – Contact: Ann Ponting
- Dove Holes – Contact: Stephen Leigh
- Southampton Marine – Contact: Matt Bland
- Rugby Cement Plant – Contact: Nicola Clare
- Preston Brook – Contact: Damon Montgomery
- Stockton – Contact: Christine Westwood
- Oldbury – Contact: Naomi Gough

Please share our poster on all workplace notice boards – you can find it at the end of this document and on the UK News download page: www.cemexuknews.co.uk/downloads

Many thanks for your support.

New Lend a Hand Platform



lendahand

Volunteering is part of Cemex’s commitment to improving the quality of life and wellbeing of its communities. **All Cemex employees** are encouraged to actively engage in activities that contribute to improving the quality of life and wellbeing of people in cities and communities where we live and operate.

All employees are encouraged to spend a day a year, taking part in a volunteering activity and here in the UK we refer to this as our **Lend a Hand** day. This year we are celebrating our volunteering activities by encouraging as many people to take part in your Lend a Hand activity during our first **Cemex UK Lend a Hand Week 17th – 21st June 2024 and to please share your photos with us!** While we would encourage you to organise your activity to take place during Lend a Hand week, you can of course take part in a volunteering activity at any time during the year.





To support you and your team in finding local opportunities for your Lend a Hand activities, we are delighted to announce that Cemex UK has partnered with **Neighbourly**, a volunteering platform to support you to deliver social impact. Once registered, the new online platform will assist you in searching for volunteering activities in your local areas.

Click this link [HERE](#) or scan the QR code to open Neighbourly. You can find **instructions** to register with Neighbourly at the end of this document and on the UK News download page [HERE](#).

If you need any further support using Neighbourly or organising your Lend a Hand activity this year, please contact Chiedza Mupfumira, Cemex UK Social Impact Specialist.

Calling All Amateur Photographers!

To celebrate Earth Day, this week we have launched our second Wildlife Photography Competition, open to all EMEA employees.

Cemex actively protects and nurtures biodiversity at all sites through careful environmental management and education.

Our photography competition is to celebrate diversity of wildlife at our sites, since every organism is part of an ecosystem which needs protection for a richer, stable and resilient environment as we progress towards being Nature Positive by 2030.

Please submit your photos capturing images of wildlife and habitats at any Cemex site by sending an email to: sean.cassidy@cemex.com with your contact details and a very brief description of your photos. **Maximum of three images per person, with typical resolution up to 5MB, typical of any smart phone.**

The competition is open until 20th September 2024. All photos submitted are likely to be used in our internal and external communications channels. Please see poster and rules, terms and conditions on the UK News download page [HERE](#).





Men's Health | Heart Disease - the statistics, the risk factors and how to reduce your risk

Did you know that 1 in 10 men aged 50 have a heart age 10 years older than they are. Did you also know that heart disease mortality is higher in men than in women.

Heart and circulatory diseases, such as Cardiovascular disease (CVD) and (CHD), are terms for diseases of the heart and circulation.

Cardiovascular disease (CVD) can be divided into two categories: heart disease (involving the heart) and vascular disease (involving the blood vessels).



Coronary heart disease (CHD) is when the coronary arteries that supply the heart muscle with blood become narrowed or blocked due to a gradual build-up of fatty material. This is the most common type of cardiovascular disease and the most common cause of heart attack. These diseases can be thought of as a 'family', sharing many of the same risk factors.

We have shared the following information in three posters which can be found at the end of this document and on UK News using the links below.

- [Heart Disease - Statistics](#)
- [Heart Disease - Risk Factors](#)
- [Heart Disease - Lower your risk](#)

Some statistics

According to a British Heart Foundation (BHF) [report](#) published in January 2024:

- Heart and circulatory diseases cause around a quarter (27%) of all deaths in the UK; that's more than 170,000 deaths a year, or 480 each day – one every three minutes.
- Around 4 million males and 3.6 million females are living with heart and circulatory diseases in the UK.
- Around 80% of people with heart and circulatory diseases have at least one other health condition.
- Around twice as many people are living with heart and circulatory diseases in the UK than with cancer and Alzheimer's disease combined.
- CHD is the most common type of heart and circulatory disease. In January 2024, there were 2.3 million people in the UK living with CHD – around 1.5 million men and 830,000 women.

Why are more men affected than women?

Various reasons are thought to be the causes of increased Cardiovascular Disease (CVD) numbers in men. There have been many medical studies to explain why more men than women die from heart diseases and one theory is that men's ability to cope with stressful events may be less adaptive physiologically, behaviourally, and emotionally, contributing to their increased risk. However, there are also gender



differences when it comes to heart disease, such as the role of hormones, cholesterol buildup in different areas, differences in body fat and differences in heart and blood vessel size.

The Risk Factors

No matter your gender or age, here are the main risk factors that can expose you to higher chances of having cardiac events:

High blood pressure (Hypertension)

High blood pressure is the leading modifiable risk factor for heart and circulatory disease in the UK. Around 50% of heart attacks and strokes are associated with high blood pressure in the UK. An estimated 30% of adults in the UK have high blood pressure in the UK.

Diabetes

Diabetes is a condition in which blood sugar levels are elevated over a prolonged period of time. This results in damage to the inner lining of blood vessels. Consequently, diabetes is a significant risk factor for heart and circulatory diseases. Adults with diabetes are 2-3 times more likely to develop cardiovascular disease, and nearly twice as likely to die from heart attack or stroke than those without diabetes. Over half a million adults in the UK are thought to suffer from undiagnosed diabetes.

High cholesterol

High blood cholesterol is a significant risk factor for developing heart and circulatory diseases. Cholesterol is a lipid, a fatty substance that is present in your blood vessels. There are two types of cholesterol, LDL and HDL. High LDL levels of cholesterol is associated with 1 in 4 heart and circulatory disease deaths in the UK. "Bad cholesterol" represents a strong risk factor for cardiovascular disease and almost half of UK adults are thought to be living with cholesterol levels above the national guidelines total cholesterol (5mmmo/L). It's estimated that close to half of adults in the UK are living with cholesterol levels above national guidelines total cholesterol (greater than 5mmol/L).

Air Pollution

Poor air quality has a significant impact on heart and circulatory health. It's estimated that up to 11,000 heart and circulatory disease deaths in the UK are attributable to particulate matter pollution each year.

Smoking

Modifiable risk factors such as cigarette smoking, physical inactivity and poor diet contribute significantly to the risk of cardiovascular disease. At least one in eight adults in the UK smoke cigarettes, and it's estimated that at least 80,000 deaths each year can be attributed to smoking-related causes.

Overweight/Obesity

More than a quarter (26%) of adults in the UK have obesity and in addition nearly two in five (38%) have a body-mass index (BMI) defined as overweight. It's estimated that 30% of children in the UK have a BMI defined as overweight or obese. In the UK around 1 in 6 heart and circulatory disease deaths are associated with a high body-mass index.



Diet and Exercise

Only around a quarter of adults consume the recommended minimum five portions of fruit and vegetables per day. Nearly a quarter of adults in the UK exceed national guidelines for weekly alcohol intake; no level of use is without risk. More than one in three (36%) of adults in the UK do not achieve recommended levels of physical activity (150 minutes each week). Being physically active can reduce the risk of developing heart and circulatory diseases by as much as 35%.

How to Lower Your Risk of Heart Disease

Heart disease is avoidable, even if you have a family history. Lifestyle changes, like eating healthy foods, staying active, and managing stress can have a large impact in preventing cardiovascular disease, or in keeping it from worsening.

Here are the NHS recommended ways of lowering your risk of a heart disease:

Stop smoking

If you smoke, you should try to give up as soon as possible. The [NHS Better Health website](#) can provide information, support and advice to help. Your GP can also provide you with advice and support. They can also prescribe medication to help you quit. Read more about [stopping smoking](#) and [stop smoking treatments](#).

Have a balanced diet

A healthy, balanced diet is recommended for a healthy heart. A balanced diet includes:

- low levels of saturated fat – try to include healthier sources of fat, such as oily fish, nuts and seeds, and olive oil, and avoid unhealthy fats such as fatty cuts of meat, lard, cream, cakes and biscuits
- low levels of salt – aim for less than 6g (0.2oz or 1 teaspoon) a day
- low levels of sugar
- plenty of fibre and wholegrain foods
- plenty of fruit and vegetables – eat at least 5 portions of fruit and vegetables a day
- Read more about [healthy eating](#).

Exercise regularly

Adults are advised to do at least 150 minutes of moderate activity a week, such as cycling or brisk walking. If you find it difficult to do this, start at a level you feel comfortable with and gradually increase the duration and intensity of your activity as your fitness improves. Read advice about [starting exercise](#).

Maintain a healthy weight

If you're overweight or obese, a combination of regular exercise and a healthy diet can help you lose weight. If you're struggling to lose weight, your GP or practice nurse can help you come up with a weight loss plan and recommend services in your area. Read more about [losing weight](#) and [how your GP can help](#).

Cut down on alcohol

If you drink alcohol, try not to exceed the recommended limit of 14 alcohol units a week for men and women. If you do drink this much, you should aim to spread your drinking over 3 days or more. A unit of alcohol is roughly equivalent to half a pint of normal-strength lager or a single measure (25ml) of spirits. A small glass



of wine (125ml) is about 1.5 units. Your GP can give you help and advice if you're finding it difficult to cut down your drinking.

Medicine

If you have a particularly high risk of developing CVD due to high blood cholesterol, your GP may recommend taking medicines called [statins](#) to reduce your risk.

World Day for Cultural Diversity

Tuesday 22nd May was World Day for Cultural Diversity and across Cemex's EMEA region we have celebrated Multiculturality by recognising the incredible strength of our multicultural teams across the diverse landscape of EMEA. With a presence in 13 countries and 92 nationalities working together daily, our region stands as a most diverse region within Cemex.



Did you know about?

- **Our nationalities:** Our nationalities: British (15%), French (14%), Czech (10%), Spanish (10%), and Polish (10%) make up a total 59% of our EMEA workforce.
- **Regional coordination:** Our region operates seamlessly across 5 different time zones.
- **Diversity within our countries:** Leading the diversity UK boasts 36 nationalities, followed by France with 30, Germany with 25, Spain with 23, and the UAE with 21.
- **Regional coordination:** Our region operates seamlessly across 5 different time zones.
- **Linguistic Diversity:** Communicating effectively in 14 languages.
- **Respect above all:** Embracing and respecting the beliefs of the many religions represented within our workforce.

Let's continue to celebrate the power of diversity!

Recognition for Rail Team

Recently at our Rail Solutions plant located in Somercotes, Derbyshire, the entire team were treated to a day of character building in recognition of the hard work and commitment shown by the team. The local leadership team wanted to give thanks so they planned a day at Wild Park in Derbyshire.

Together they enjoyed quad bikes and Jungle Laser Tag. After getting to grips with the dynamics of the quad bikes they had a fantastic time riding them on off road tracks and trails. With the Jungle Laser Tag experience, after an in-depth safety briefing, they went head-to-head in a few different fight scenarios.



Terence Clair, Business Manager, commented: “I believe it is important to give celebration and thanks for the great work we see every day by all the team at Somercotes. It is so easy to get lost in the daily challenges we face in business and life, but it is so important that we take the time to reflect, and that reflection can be done in so many ways. The team at Somercotes work exceptionally hard and help us achieve our daily targets and ensure we safely deliver a safety critical product on time every time. I am immensely proud of the team at Somercotes and it is right to recognise the commitment given each day”.

Terence Clair continues: “The day is also testimony of how we listen to our people, during our WE’X survey and feedback sessions this year, one of the key questions was about recognition. I’d like to thank everyone at Somercotes for a great team building day and for the continued commitment I see every day at Somercotes.”

A Decade of Progress

A message from Cemex CEO, Fernando González.

Ten years ago today, Rogelio Zambrano was appointed Chairman of the Board, and I was appointed CEO of this great company. I want to express my gratitude to Rogelio and the Board of Directors for trusting me with this responsibility, which has been the greatest professional journey of my life. I also want to share my appreciation to all of you for your hard work, dedication, and loyalty to Cemex.



Together, we have faced and overcome many challenges and capitalised on many opportunities, achieving remarkable results. We have transformed Cemex into a safer, more sustainable, digital, and innovative company with a diversified and balanced portfolio of products and services in key markets around the world. We have also strengthened our financial position, become an investment-grade company, and enhanced our customer satisfaction, just to mention a few.

None of this would have been possible without your talent, passion, and commitment. You are the reason why we are a global leader in the building materials industry. I am very proud of what we have accomplished so far and excited that we have an even brighter future ahead!

Let’s keep working together to continue building a better future. Thank you for being part of the Cemex family.

You can watch Fernando dive into a decade of transformation in this special anniversary podcast, where he shares his thoughts on how our company has evolved, and what we can expect in the future. Check it out [HERE!](#)



Councillors Tour of Rugby Cement Plant



Recently we were very pleased to welcome Yousef Dahmash, Conservative Prospective Parliamentary Candidate for Rugby and County Councillor, and John Slinger, Labour Prospective Parliamentary Candidate for Rugby and Borough Councillor, to visit our Rugby Cement Plant for a presentation, and tour of our operations.

During their visit they heard about how the site operates, the contributions Cemex makes to the local community, the national impact that the plant has, our future plans for the site, and how we plan to progress our Future in Action decarbonisation goals.

Our Public Affairs team were grateful to them both for making the time to visit and are looking forward to working with them both going forward.

Thank you to Jamie, Ian, and all the team on site at Rugby Plant for facilitating these visits.

If any other sites would be interested in hosting a political visit, please contact Dan Mann in the Public Affairs team at Daniel.mann@cemex.com

Exercises To Do At Your Desk



Last week was Mental Health Awareness Week, but looking after our mental health should be an ongoing objective for us all. We all know that managing our daily lives is busy, trying to achieve a work life balance that works for us while juggling work, family, hobbies and exercise. So, for those of you who are office base, here are some exercises to do at your desk, as often as you can.

Did you know that taking a few minutes to stretch and do some desk exercises can improve circulation, reduce stiffness, boost energy levels throughout the workday and significantly alleviate stress and improve mental well-being.

Follow the steps below to put some stretch stress relief in action!

Neck stretches: Gently tilt your head to one side, holding for 15-30 seconds, then switch sides, relieving tension built up from staring at screens.

Shoulder rolls: Roll your shoulders backwards and forwards in circular motions to release tension and improve circulation in the upper body.



Seated spinal twist: Sit upright, place one hand on the opposite knee, and gently twist your torso, looking over your shoulder, to stretch your spine and release tension in the back.

Wrist stretches: Extend one arm with palm facing down, gently pull back the fingers with the other hand to stretch the wrist muscles, holding for 15-30 seconds, then switch sides.

Seated forward bend: Sit forward in your chair, feet flat on the ground, and slowly hinge forward from your hips, reaching towards your toes or shins, to release tension in the lower back and hamstrings.

Innovation Day – Save the Date

Fostering Innovation is one of our new corporate values which reflects our vision of being a disruptive company, leveraging creativity, experimentation, and change, as a fundamental part of our culture.

We would like to invite you to participate in the **Cemex EMEA Innovation Day** which will take place on 28th May (10.00am to 11.30am UK time).

To join via Zoom, please click this link:
<https://cemex.zoom.us/j/81717603072>



The agenda:

- Introduction - Elke Schall and Alexandra Nikolova
- EMEA representatives in the 2023 Innovation Global Executive Review
 - Cement operations | CO2 Carbon Capture with Sodium Hydroxide: Tomás Sánchez-Corral & Sergio Sanz González
 - Supply Chain | Lower CO2 discharge: Nigel Ponton
- EMEA Innovation Universe
 - West Materials: Smart Inventory Measurement - Adam Leverett
 - Urban solutions: Asphalt unleashing circularity potential - Scott Jones
 - Israel - CEPTION: AI solutions for Heavy Machinery - Einat Bakon
 - Coach Up! - CEMEX EMEA Online Executive Coaching Program - Carlos Delgado
- Vertua Verticals - Marcelo Catalá
- Digital Construction Ecosystem - Mateo Zimmerman
- Closing - Sergio Menendez



Internal Vacancies

IVC Ref	Position	Company	Location	Closing date
100-05-2024	LGV Driver x 2	Supply Chain - Materials	Luton	30/05/2024
101-05-2024	Electrical Shift Technician	Cement Operations	Rugby Cement Plant	21/05/2024
102-05-2024	Asphalt Plant Manager	Urbanisation Solutions - Asphalt	Ellesmere Port	03/06/2024
103-05-2024	Quarry Supervisor - Primary	Materials - Aggregates	Dove Holes Quarry	05/06/2024
104-05-2024	Quarry Supervisor - Finished Products	Materials - Aggregates	Dove Holes Quarry	05/06/2024
105-05-2024	Class 2 Driver (Tipper)	Supply Chain - Materials	Angerstein	05/06/2024

We would love to hear from you for the next edition

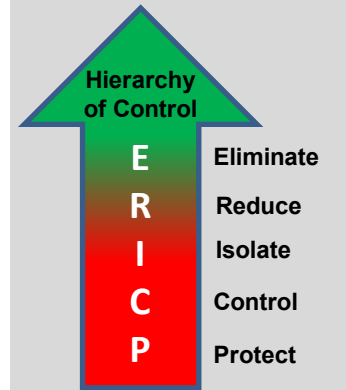
To send us a story: either click on 'submit a story' on the UK News website or email gb-communicationsandpublicaffairs@.com

If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.



SAFETY ALERT

HIPO – DRIVER PUTS HIMSELF AT RISK



DETAILS OF THE INCIDENT
 After returning from delivering the last load of slipform from a customer’s site, where drivers are only allowed to dry brush their truckmixer chutes, the driver “stone washed” the drum. He noticed there was concrete build up on the “pig’s ear”. The driver parked his truck, isolated the vehicle and applied the wheel chocks, before climbing on the rear chute to remove the build-up.

HOW COULD THIS HAVE BEEN AVOIDED

- Use of **TAKE 5 / STOP & THINK** approach.
- Compliance with site procedures, including obtaining a Permit to Work from a company representative and the requirement for supervision.
- Follow ERIC P hierarchy and risk assessment principles to identify the safest method of work.
- By completing the task another way, using mobile safety steps, scaffold tower or Mobile Elevated Work Platform (MEWP).
- Ensuring relevant Safety Alerts are effectively communicated and understood.

KEY FINDINGS

Look after yourself and each other	Stop and think behaviour not used.
Safe systems of work	Driver induction training had been completed. Production had finished on the plant. No permit to work was issued. The activity is not included in the Independent Haulage Contractor (IHC) permitted vehicle maintenance activities.
Working at height	Inappropriate access used for working at height.
Safety Alert	Recent HiPo Safety Alert involving similar vehicle Working at Height not effectively communicated.
Take 5 / Risk Perception	At no point was a TAKE 5 pre task risk assessment completed.

KEY REVIEW POINTS

- Are all IHC’s aware of permitted activities, including not carrying out maintenance on site without a Permit to Work?
- When working at height, is there a risk assessment, method statement, Permit to Work and the correct equipment incorporating adequate fall protection?
- Are all the relevant rules and procedures understood?
- Do we encourage and thank people for taking the time to **STEP IN / Take 5 Together** when unsafe activities or behaviours are observed?
- Are Safety Alerts effectively communicated to all relevant parties?



Photos shared by delivery driver who Stepped In

Look after yourself and each other
 Don't let anyone act unsafely, always stop unsafe practices.

Tools and Equipment
 Use the right, well maintained, tools/ equipment for the job. Never make do.

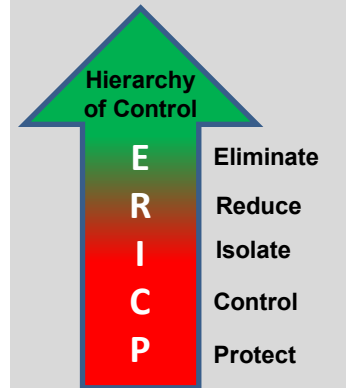
Safe Systems
 Follow safe systems of work, site rules, signage and traffic signals.

Working At Height
 Use appropriate access equipment and fall protection.



STOP THINK ACT

SAFETY ALERT HIPO – FIRE IN CUSTOMER HOTBOX



DETAILS OF THE INCIDENT

An Asphalt collect customer arrived on site driving a hotbox vehicle, placed his order and proceeded to the dedicated hotbox loading area. He was preparing his vehicle for loading when he noticed that materials had been left in overnight from the previous shift; the burners had been left on overnight to try and keep the material in a usable state. Whilst preparing his vehicle, the customer decided to use a release agent to try and soften the materials, making it easier for him to screw the materials out via the auger. On contact with the hot material, the release agent (suspected Diesel) started to smoke heavily, and the release agent/ bitumen ignited. A fellow customer extinguished the flames with a fire extinguisher. The hotbox thermometer read 169 degrees.

HOW COULD THIS HAVE BEEN AVOIDED

- Ensure hotbox operatives isolate their gas supply before entering the site. Relevant information should be provided via induction / site signage / weighbridge checks.
- Enforce the use of non-flammable release agents for vehicle preparation
- Discourage the practice of storing materials in vehicles overnight at high temperatures

KEY REVIEW POINTS

- Are specific induction processes robust, ensuring effective enforcement of relevant site rules and policies?
- Ensure only authorised non-flammable release agents are used for hotbox preparation.
- Are operators aware of the potential hazards associated with Asphalt delivery vehicles (fire / explosion / explosive atmospheres)?
- Have collect customers received sufficient training and are they competent to operate their vehicles safely?
- Emergency procedure review...Are we equipped with the knowledge / equipment to deal with issues relating to specific vehicle types?

KEY FINDINGS

Operator error	The release agent used in the vehicle preparation was believed to have been diesel, with a flashpoint of >60 degrees
	Site procedures stipulate that diesel is prohibited for use as a release agent, this is advised in the induction process
Operating Procedures	The hotbox was partially loaded with materials from the previous day, the burner had been set at 160 degrees to try and keep it usable for the next day.
Site induction	The customer had received a full site induction, however ignored the ruling of propane isolation.



Look after yourself and each other

Don't let anyone act unsafely, always stop unsafe practices.

Tools and Equipment

Use the right, well maintained, tools/ equipment for the job. Never make do.

Safe Systems

Follow safe systems of work, site rules, signage and traffic signals.

STOP THINK ACT

Supporting Collaborative Women



Around the world, our Cemex Social Impact strategy is making a positive and lasting difference in the local communities where we operate.

We focus on empowering people, improving housing and infrastructure, building green spaces and resilient communities, and supporting local economies through skills development, entrepreneurship, and sustainability for a just transition

Collaborative Women

Creating Safe Spaces For Women



Scan to find out more



How can you support?

Across the UK, **between 10th - 14th June**, we are asking Cemex UK colleagues to please support Collaborative Women this June, by donating items that you no longer need or want.

This is an organisation providing access to safe and affordable housing and to find ways of empowering women have been who victims of domestic violence, helping them to forge their own paths.

We can support them by donating:

- **Bedding | For Double and Single Beds**
 - Mattress covers
 - Sheets
 - Pillows
 - Duvet Covers
- **Period Products**
- **Toiletries | travel size options would be welcome**
 - Toothpaste
 - Toothbrush
 - Shampoo & Conditioner
 - Shower Gel and Bar of Soap
- **Body lotions & Hand Lotion (particularly culturally specific skincare products that are halal)**

UK Collection points:

- Sheffield RMX plant – Contact: Paul Cooke
- Head Office – Binley, Coventry – Contact: Chiedza Mupfumira
- Wick Floors – Contact: Susan Townsend
- Wick Ready Mix – Contact: Ann Ponting
- Dove Holes – Contact: Stephen Leigh
- Southampton Marine – Contact: Matt Bland
- Rugby Cement Plant – Contact: Nicola Clare
- Preston Brook – Contact: Damon Montgomery
- Stockton – Contact: Christine Westwood
- Oldbury – Contact: Naomi Gough



GUIDE TO USING NEIGHBOURLY PLATFORM

Volunteering is part of Cemex's commitment to sustainable development, and all employees are encouraged to actively engage in activities that contribute to improving the quality of life and wellbeing in cities and communities where we live and operate.



lendahand

All Cemex employees are encouraged to spend a day a year, taking part in a volunteering activity.

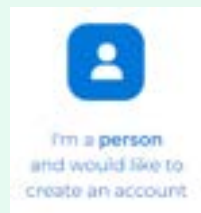
Cemex UK has partnered with Neighbourly, a volunteering platform to support employees more closely in delivering social impact in your local areas. Once registered, the new online platform will assist you in searching for volunteering activities in your local areas.

1. To open Neighbourly on device or workstation



[Click HERE](#)

2. Select "I'm a person"



3. Complete your details

4. Fill in address with Head Office address:

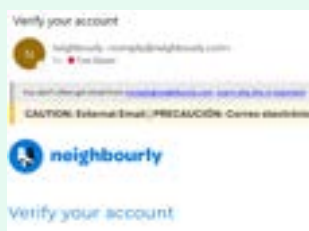
5. Fill in your Cemex email address (or your manager's if you don't have a Cemex address)

6. Create a password

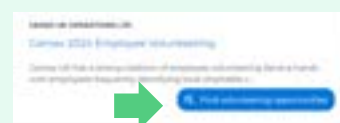
7. Check and Sign Up



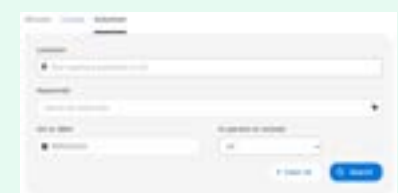
7. Check emails and Verify your account, clicking link in email, then log into website




8. Scroll down to 'Find volunteering opportunities'



9. Fill in your location and start searching!



 If you need any further support organising your Lend a Hand activity this year, please contact Chiedza Mupfumira, Cemex UK Social Impact Specialist.





Heart Disease

? Did you know that 1 in 10 men aged 50 have a heart age 10 years older than they are.

Did you also know that heart disease mortality is higher in men than in women.



Heart & circulatory diseases How to Lower Your Risk

Heart disease is avoidable, even if you have a family history. Lifestyle changes can have a large impact in preventing cardiovascular disease, or in keeping it from worsening. Here are the NHS recommended ways of lowering your risk of a heart disease:

Stop smoking



Have a balanced diet



Exercise regularly



Maintain a healthy weight



Cut down on alcohol



GP recommended medication





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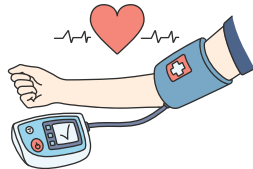


Heart & circulatory diseases

The Risk Factors

No matter your gender or age, here are the main risk factors that can expose you to higher chances of having cardiac events:

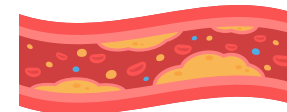
High blood pressure



Diabetes



High cholesterol



Air Pollution



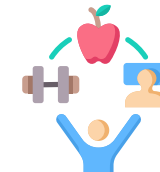
Smoking



Overweight/Obesity



Diet and Exercise





UK Statistics about heart & circulatory diseases

Source: British Heart Foundation Report, January 2024

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Heart & circulatory diseases cause:

27% of all UK deaths, that's

480 each day

1 every 3 minutes

7.6 million

people living with heart & circulatory diseases

4 million
males

3.6 million
females

living with heart heart & circulatory diseases

80%

people living with heart & circulatory disease have at least one other health condition.

1.5 million
males

830k
females

living with Coronary Heart Disease

1.4 million

people alive in the UK have survived a heart attack