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#### **HEALTH & SAFETY** e

#### Latest Global Safety Alert



The latest Global Safety Alert describes a tragic incident outside of the UK, where a contract haulier collided with a third-party truck on a dual carriageway.

You can read the Alert at the end of this document and on the UK News download page: www.cemexuknews.co.uk/downloads

As you will see both trucks were travelling in the same direction, the third-party vehicle was in the outside lane travelling slowly when the contract vehicle caught the rear corner and lost control. Both vehicles overturned and caught fire; while the third-party driver escaped from his truck, sadly the contract driver was trapped.

The incident reminds us of the relevance of the 12 Cemex Driving Essentials, with remaining Fit and Alert, maintaining a Safe Distance and Journey Planning all being particularly relevant in this instance.

Please discuss the Alert with your teams taking the opportunity to remind everyone of the importance of the Driving Essentials in keeping themselves and other road users safe.

#### The Alert should also be posted on relevant notice boards.

Cemex Global Protocols require all Fatal Alerts to be communicated and managers to capture the signature of employees and contractors to confirm they have received and understood the information and the control measures they need to adopt. In addition, operations are



invited to observe a one-minute silence in memory of the deceased at the time of discussing a Fatal Incident Safety Alert.

Before starting any new task always STOP, THINK...& CHECK it is safe, and always STEP IN if you see anything unsafe.

Look after yourself and each other.

Health and Safety information and resources can be found at the following location <u>https://cemex.sharepoint.com/sites/UKHealthandSafety/SitePages/Safety-Alerts.aspx?web=1</u>

#### Reminder – Keep Vaccinations Up To Date



Why not be prepared for the cooler autumn/winter months by going and getting your flu jab?

Flu is an unpredictable virus that can cause mild or unpleasant illness in most people. It can cause severe illness and even death among vulnerable groups including older people, pregnant women and people with an underlying health condition.

Over time, protection from the injected flu vaccine gradually decreases and flu strains often change so new flu vaccines are produced each year which is why people who have been advised to have the flu jab need it every year.

Now is the time of year when people are advised to have a vaccination jab to help protect from or reduce the symptoms of flu. Some people in the higher risk categories get the immunisation free via the NHS. For others, the jab is widely available through local pharmacies or local GPs.

As usual, Cemex will reimburse the cost of the vaccination for those that are not entitled to a free jab. Just provide your Line Manager with an itemised receipt and they will arrange for you to be reimbursed the cost of up to a maximum of £20.

Note for Managers: Requests for reimbursement should be sent to the HR Admin team using the form available via this link <u>Flu Jab Form – September 2023.doc.</u>

#### Flu jab side effects

Serious side effects of the injected flu vaccine are very rare. You may have a mild fever and aching muscles for a couple of days after having the jab, and your arm may be a bit sore where you were injected.

There is also evidence to suggest that the flu jab can reduce your risk of having a stroke.

As well as flu vaccinations, you should make sure all your 'jabs' are up to date; not only those you had as a child, but if you are planning to travel abroad. Ask your doctor which vaccines are right for you.

Please display the Health Essential Poster and brief your teams in the importance of keeping vaccinations up to date.

#### Look Out for School Children on the Roads



It's back to school time and this means the roads will be busier, so please look out for vulnerable road users, particularly young children traveling to and from school.

Take extra care to look for them getting in and out of vehicles near schools.

#### **Quarry Safety Reminder**

As the warmer weather continues we would like to ask all our quarry operators to stay alert to the risk of trespassers.

Open water such as quarry lakes may seem even more tempting for a quick dip. The good weather is also likely to encourage more young people and families to spend time outdoors, and even visit from other areas; the media has been reporting a significant increase in people travelling to scenic areas for leisure activities.

Disused quarries or sites that have recently been rendered inactive, particularly those with water, will be particularly alluring. Sites that

already have a history of the public entering uninvited may be even more vulnerable in the present climate, as will those located close to urban conurbations.

Please ensure that you have done everything reasonably possible to deter trespassers and warn them of the dangers on our sites. Please ensure fences, bunds, signage, etc are in good order and life-saving equipment present and fit for purpose (i.e. throw ropes, life buoys, etc.). During this time of increased risk, at any locations with open water, where there are concerns that trespass may be occurring, take action to employ temporary security.

Our Operational Excellence team have produce a SWAY to remind us all of the risks of swimming in quarry lakes – you can view this <u>HERE</u>.

Please also share the poster at the end of this document and on the UK News website: <u>www.cemexuknews.co.uk/downloads</u> on workplace notice boards.



#### **Network Rail Message Safety Message**

Please be aware of the latest Safety and Security Bulletin issued by Network Rail.

National Front stickers were found at Dunton Green Railway Station in Kent. Upon removal, razor blades were discovered hidden beneath them. This information is being shared to raise awareness and ensure safety, as these stickers may be distributed nationally.



Please exercise caution and do not attempt to remove these stickers yourself due to the risk they pose. Instead, contact British Transport Police im-mediately at <u>epsou@btp.police.uk</u>.

The Security Bulletin can be found at the end of this document and on the UK News website: www.cemexuknews.co.uk/downloads

#### CUSTOMER CENTRICITY

#### **Expanding Our Mortars Business in the UK**

In second half of 2025, Cemex UK is planning to open a new plant in Swindon, Wiltshire, producing dry mortar and sprayed Concrete.

Mortars is part of the Cemex Urbanisation Solutions business and the aim of the new plant is to grow market share into the South East and South West regions of the UK, by increasing production capacity. This is part of our strategy to establish Cemex UK as a national supplier of both dry mortar and sprayed Concrete.

Cemex is currently producing both dry mortar and sprayed Concrete at Dove Holes in Derbyshire and dry mortar from Braintree in Essex.



Demand has been large enough to reach capacity for these two plants based on past commercial strategy, however, the new Swindon plant will offer growth opportunities to increase capacity and penetrate new regional markets, while expand existing markets.

Building work has begun this month on site (see photo) and as the development works progress into next year, our Commercial teams will be working with current and new customers to promote our Experts In Mortar service offerings.

#### 2024 Superior Customer Service Awards



The 2024 Superior Customer Experience Awards are now open to register.

We want to recognise your positive contributions towards Cemex Customer Centricity (our strategic priority) and distinguish all of the great projects and initiatives aimed at delivering a Superior Customer Experience.

As we all know, taking care of our customers' needs is one

of our most important goals which gives directions to our daily work. We make every effort to continue to care for the Customer Experience with the highest quality.

You are invited to take part in this year's Superior Customer Experience Awards, bringing us closer to our efforts in caring for our customers.

#### We are looking for the best EMEA projects in the following categories:

- **Best Initiatives Implemented** in this category we are looking for projects that have already been implemented (at least as a pilot) that **enhance the customer experience throughout the entire customer journey.**
- **Best Data Initiatives (new!)** in this category we are looking for projects that have already been implemented and are **based on data or used data to improve the customer experience**.
- Sustainable Construction Projects in this category we are looking for any construction project that are either under development or already built, where you helped the customer make their **project a** more sustainable one by recommending products and solutions from our Vertua Brand.

#### Click <u>HERE</u> for full details and to <u>APPLY</u>. Registration is open until 27<sup>th</sup> September.

Local (EMEA) winners will compete against the best projects from other Cemex regions.

Please share the posters at the end of this document and on the UK News website: <u>www.cemexuknews.co.uk/downloads</u> on all workplace notice boards.



#### **FUTURE IN ACTION**

#### 2024 EMEA Photography Competition



To celebrate Earth Day we are launching our second Wildlife Photography Competition, open to all EMEA employees.

Cemex actively protects and nurtures biodiversity at all sites through careful environmental management and education.

Our photography competition is to celebrate diversity of wildlife at our sites, since every organism is part of an ecosystem which needs protection for a richer, stable and resilient environment as we progress towards being Nature Positive by 2030.

Please submit your photos capturing images of wildlife and habitats at any

Cemex site by sending an email to: <u>sean.cassidy@cemex.com</u> with your contact details and a very brief description of your photos. **Maximum of three images per person, with typical resolution up to 5MB, typical of any smart phone.** 

**The competition is open until 20<sup>th</sup> September 2024**. All photos submitted are likely to be used in our internal and external communications channels. Please see poster and rules, terms and conditions on the UK News download page <u>HERE</u>.

#### ຖ້ຫຼື EMPLOYEES

#### **Your Wellbeing Resources**

As we come towards the end of our latest Wellbeing campaign, Drugs and Alcohol, we would like to remind you of the resources we have shared so far this year and where you can access everything, should you need to.

#### January/February: Mental Health Awareness

Resources can be found:

- UK News website <u>HERE</u>
- HR SharePoint <u>HERE</u>
- Cemex Lifestyle Benefits Platform <u>HERE</u>

#### March/April: Women's Health

Resources can be found:

- UK News website <u>HERE</u>
- HR SharePoint <u>HERE</u>



• Cemex Lifestyle Benefits Platform <u>HERE</u>

#### May/June: Men's Health

Resources can be found:

- UK News website <u>HERE</u>
- HR SharePoint <u>HERE</u>
- Cemex Lifestyle Benefits Platform <u>HERE</u>:

#### July/August: Alcohol & Drugs

Resources can be found:

- UK News website <u>HERE</u>
- HR SharePoint <u>HERE</u>
- Cemex Lifestyle Benefits Platform <u>HERE</u>

#### Our Employee Assistance Programme

Cemex offers all employees a free, confidential employee assistance programme (EAP) called Lifestyle Support. Available 24/7, it is run by a separate provider and not part of Cemex. The company does not receive any employee specific information. You can contact our EAP for confidential advice and support – by calling 0808 168 2143 or visit <u>www.lifestyle-support.co.uk</u> (Username: cemex Password: cemex).

#### **Cemex Wellness Week – Fundraising**

Cemex UK and the charity Sense have joined forces to create **The Cemex Wellness Challenge 2024**; an epic fundraising community challenge which hopes to inspire and bring together our network of localised communities across the UK, together with our Cemex UK colleagues. Whether you're an avid cyclist or not, this is one for you to get behind, to support a very worthy cause. The Challenge incorporates the epic 5-day bike ride by a team of ten Cemex employees, and



simultaneously, our **Cemex Wellness Week** where everyone of us can get involved, boost our health and wellbeing, while having fun and raising money for Sense at the same time! Together, we can foster a positive team spirit and build healthy habits.

#### About Sense

The Charity <u>Sense</u> exists to support people living with complex disabilities, and those who are deafblind, to take part in life and enjoy meaningful connections that spark joy. One of the many ways that Sense can help people with complex disabilities is by offering employment support through their Sense Employment Programme.

Here are just a few ways that our support and donations can make a difference:

- £35 Touchpad To provide better access for physically disabled and visually impaired users.
- £54 Trackball Mouse These can be used to operate a computer in the same way a tradition computer mouse would, but rather than moving the mouse to navigate, you roll a ball. This means it can be operated by hand, arm, elbow, foot, giving options to people who have physical impairments.

- £119 Text to Speech software For individuals who are non-verbal or use other communication methods, text to speech software allows typed text to be presented audibly.
- £192 Joystick Mouse A joystick mouse again has the same function as a regular computer mouse but can be easier for a person to hold if they have limited mobility or dexterity in their hands.
- £250 Handheld digital magnifier Works in much the same way a traditional magnifying glass would, but gives you the option to adjust the zoom level, contrast, and other features that might support someone with a visual impairment.
- £690 Laptop with assistive tech Laptops enable our job seekers to complete their job searches. We also acquire licenses for ZoomText Fusion, an assistive technology package that is industry standard and ideal for people with visual impairments. It serves as both a magnification software and screen reader, allowing users to get audio descriptions to enable them to navigate their PCs.

In the Overview at the end of this document, and on the UK News download page:

<u>www.cemexuknews.co.uk/downloads</u> you can find out more about Sense and how donations are making an incredible difference to people who are deafblind or who have complex disabilities.

#### **Fundraising for Sense**

During our Cemex Wellness Week, if you would like to support Sense here are some ideas how you can do this:

- Simply make a personal donation using our Cemex/Sense JustGiving page <u>HERE</u>
- Set yourself a personal challenge and ask friends and family to sponsor you by sharing our JustGiving link: <u>https://www.justgiving.com/campaign/cemexwellnessweek</u>
- Organise a team challenge with your Cemex colleagues and ask friends and family to sponsor you by sharing our JustGiving link: <a href="https://www.justgiving.com/campaign/cemexwellnessweek">https://www.justgiving.com/campaign/cemexwellnessweek</a>
- Take part in an organised event in your area check out these events taking place in September: <u>https://www.sense.org.uk/get-involved/fundraise-for-sense/events/</u>
- Organise a 'Sensational Tea Party for Sense' in your office/site full details here: <u>https://www.sense.org.uk/get-involved/fundraise-for-sense/your-own-way/sensational-tea-party/</u>

Whatever you choose to do, please tell us about it and share photos! Email us at: <u>cemexwellnesschallenge@cemex.com</u>

#### Participating in Cemex Wellness Week

Every day from Monday 16<sup>th</sup> to Sunday 22<sup>nd</sup> September, either alone or as a team, spend some time doing physical activities and keep a note of your time spent. Activities could include for example, running, cycling, walking, gym classes, swimming, racket sports, circuit training, spin classes, or dancing. Shopping, mowing the lawn or cleaning the car also count! You could set yourself a challenge (for example walk 10,000 steps per day), try something new or raise money for Sense as well. All we ask is that each day, you or your team Captain, logs your steps and then share your activity photos with us. We will be sharing more details of how to do all this in the coming weeks. We're hoping you'll embrace a friendly competitive spirt and we'll be sharing a leader board to track team's progress throughout the week. **We will be awarding a prize for the team with the highest number of steps at the end of the week!** 

#### Time to mobilise your teams!

If you would like to participate as a team and compete against your colleagues, now is the time to start gathering your teammates (maximum 10 Cemex colleagues per team), choose a team name and a team captain! Then your Captain can register the details of your team name, Captain's name and the team members by clicking <u>https://forms.office.com/r/c0ys62rN8F</u> (or use the QR code in the poster <u>HERE</u>).

**Deadline to register is 6<sup>th</sup> September.** You can also participate as an individual, just register your name using the same link.

#### **A Fabulous Family Celebration**

Congratulations to Stephen Leigh, Works Manager at Dove Holes, as he celebrated a phenomenal 50 years of long service with our company recently.

Steve began his long career in the industry on 29<sup>th</sup> July 1974 as an Apprentice Fitter at Staveley Industries with the Works Manager, Granville Hadfield. He completed his Apprenticeship in 1980 and was asked by Greg Anson to become Engineering Supervisor at Hindlow, also part of Staveley Industries. Steve worked alongside the Works Engineer, Jack Barker, for around six months, when Jack then took early retirement due to ill health, at which time Steve then took over as Works Engineer. He then went on to perform various roles at Hindlow including Quarry Manager and Production Manager, and around 1984 Staveley was taken over by RMC.



Steve left Hindlow in 1997 and came back to Dove Holes as Assistant Quarry

Manager under the Directorship of Mike Lenagh. In 1998 he became the Engineering Manager under Mike, who left a few years later and was succeeded by Martin Downey. In 2005 Cemex completed its acquisition of RMC and in 2008 Steve became Quarry Manager/Engineering Manager.

Kevin Cage, Head of UK Aggregate Operations, has worked with Steve since 1990 and sent the following message for Steve: "I would personally like to thank Steve for his hard work, dedication and commitment to our company over the years. Steve was one of the first people I met when I joined the team at Hindlow as a management trainee. I have a lot to thank him for in those first two years he and his team taught me a lot most of which I still use today. 50 years is an incredible achievement, and we wish him all the best in the years to come. Thank you Steve, and many congratulations on achieving this special milestone!"

Steve will be celebrating his significant milestone with the Operations team from Dove Holes quarry.

Joining Steve in his celebrations at the end of this month will be his daughter, Samantha Culshaw, and his son, Adrian, who are both celebrating their 12<sup>th</sup> year working for Cemex! Sam started as an Area Sales Manager in Concrete Products and has progressed to National Sales Manager, and Adrian began working on the Weighbridge at Dove Holes on nights and is now an Electrician in the quarry. Congratulations to the whole family – we hope you will enjoy celebrating your fantastic milestones together!

#### **Celebrating Long Service Awards**

We would like to send huge congratulations and thank you to the following colleagues for reaching long service milestones in August 2024.

We appreciate all your contributions and hard work over the years:

- Steven Broomfield, Sales Executive in Bedfordshire celebrated 40 years
- Neil Meredith, Landfill Manager in Gloucestershire celebrated 25 years
- Mark Rozic, Maintenance Planner in Warwickshire celebrated 25 years
- Mark Smith, Plant and Field Technician in Bedfordshire 25 celebrated 25 years
- Bruce Butler, Multi Skilled Operative in Derbyshire 25 celebrated 25 years

#### **Invest In Your Future Selves**

Cemex uses Standard Life to provide you with a workplace pension that helps you shape your financial future.

Pension Engagement Season is coming and throughout September we will be sharing some great tips on helping you to keep making the right choices for you and your pension savings. From keeping tabs on your workplace pension – how it's performing and how much it's worth, to seeing where your money is being invested. From taking control of your pension payments to protecting your savings from scammers.

A good way to begin is to download the Standard Life UK mobile app to manage your pension plan on the go Click <u>HERE</u> to download the app. And if you haven't already, register for online servicing to manage your pension online <u>HERE</u>.

#### The Hidden Dangers of Bluetooth: A Call to Action for Cyber Defense

Bluetooth technology is meant to operate as a "personal area network," meaning it's designed for short-range communication where devices should ideally be within a few feet of each other.

In today's interconnected world, Bluetooth plays a vital role in data transfer and short-distance device connectivity. However, it can also be a potential vector for cyberattacks. Sound Bluetooth security practices are essential to protect your data and corporate assets.

Here's a quick guide to safeguard your Bluetooth security:









#### **Characteristics of Cyberattacks**

Bluetooth attacks involve an attacker being physically close to your device and having your Bluetooth enabled to access your device without your explicit consent, especially if your phone has a vulnerability. Once the attacker successfully connects, they can interfere with the device's functionality, spy on private information, send unwanted messages, or take full control of it. This allows them to steal critical personal data, such as passwords and banking information, and perform identity theft.

#### Security Recommendations:

The following recommendations are applicable to prevent any cyberattack:

- 1. Turn off Bluetooth when not in use: Reduce attack risks by keeping Bluetooth disabled when it's not needed.
- 2. Accept connections only from known devices: Avoid pairing with unfamiliar devices.
- 3. Avoid sharing sensitive information: Refrain from transmitting confidential data over Bluetooth.
- 4. Pair in secure locations: Perform pairing in private settings to prevent interception.
- 5. Remove unused connections: Regularly review and delete unnecessary paired devices to minimise risks.

#### Getting Back on Track Post-Vacation: Tips for a smooth transition



Returning from vacation to your daily routine can be both refreshing and challenging. While you may feel rejuvenated from your time away, the thought of diving back into work can be daunting. However, with a few strategic steps, you can ease back into your routine smoothly and maintain the positive energy from your vacation. Here are some tips to help you get back on track and make the transition as seamless as possible:

- Ease into your routine: Give yourself a day or two to adjust before diving back into work. Use this time to catch up on emails, organise your tasks, and set priorities.
- Set clear goals: Define your objectives for the first week back. Having a clear plan can help you stay focused and motivated.
- Prioritise self-care: Don't forget to take care of yourself. Ensure you're getting enough sleep, eating well, and taking breaks throughout the day to recharge.
- Stay organised: Utilise tools such as to-do lists, calendars, and project management apps to keep track of your tasks and deadlines.
- Reconnect with colleagues: Take some time to catch up with your colleagues. Reconnecting can help you feel more engaged and supported as you reintegrate into your work environment.
- Reflect on your vacation: Reflect on your vacation experiences and how they can positively impact your work. Whether it's a new perspective or a refreshed mindset, use these insights to enhance your productivity.

Remember, it's normal to feel a bit overwhelmed when returning from a break. By taking small, manageable steps, you'll be back on track in no time.



#### **Our Employee Assistance Programme**



Did you know that Cemex offers all employees a free, confidential employee assistance programme called Lifestyle Support?

You can find a guide all about How Care first can support you at the end of this document and in the UK News website: www.cemexuknews.co.uk/downloads

Lifestyle Support is easy to access, available 24/7 and can provide help and support with a wide range of issues or concerns such as

family matters, debt, relationships, bereavement, depression and anxiety.

It is run by a separate provider and not part of Cemex; we don't receive any employee specific information from them.

Contact the Employee Assistance Line (Lifestyle Support) for confidential advice and support – call 0808 168 2143 or visit <u>www.lifestyle-support.co.uk</u> (Username: cemex Password: cemex).

IVC Ref	Position	Company	Location	Closing date
146-08-2024	Plant Manager	Materials - Readymix	Burton	10/09/2024
147-08-2024	Multi Skilled Operative (Nights)	Materials - Aggregates	Dove Holes	10/09/2024
148-08-2024	Leading Hand	Urbanisation Solutions – Building Products	Somercotes	10/09/2024
149-08-2024	Multi Skilled Operative (Days)	Materials - Aggregates	Dove Holes Quarry	10/09/2024
150-08-2024	Operative (Rail Yard)	Urbanisation Solutions – Building Products	Rochester	11/09/2024

#### Internal Vacancies

#### We would love to hear from you for the next edition

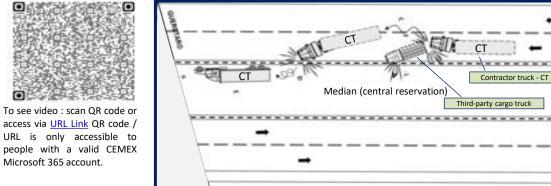
To send us a story: either click on 'submit a story' on the UK News website or email <u>gb-communicationsandpublicaffairs@.com</u> If you can, please include a photo too (taken in super fine landscape setting and saved as a jpeg.) Thank you.

# **GLOBAL SAFETY ALERT**

## **CONTRACTOR FATALITY DURING TRUCK ROLLOVER AND FIRE**

#### **INCIDENT DETAILS**

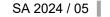
A Contractor was travelling in the outside lane on a federal highway with a load of clinker, when he encountered another truck in the same lane ahead. As the contractor tried to pass using the inside lane, his vehicle colliding with the rear right side, causing the contractor to lose control and his truck rolled over and caught fire. The other truck caught fire as well during the incident, and while that driver managed to exit his cab in time, sadly, our contractor was trapped inside.



#### **KEY FINDINGS**

- After reconstructing the incident, it was concluded that the third-party truck was travelling at a low speed (approx. 20 km/h) in the overtaking lane and the contractor, who travelling at a higher speed (63 km/h), misjudged the required safety distance when he tried to pass.
- The section of road where the rear-end collision occurred was straight with good visibility. It is concluded that a micro sleep or some distraction may have influenced the late maneuver.
- The delivery need was not part of the usual supply requirements and had been arranged to provide support between two company plants. This resulted in a different route to the norm being used and other process controls not being followed.

#### 27th August 2024



#### MANAGERS – KEY POINTS TO CHECK

- All vehicles and drivers are approved to make sure they meet the Health and Safety requirements. In situations where more than one team arranges deliveries and contractors, they are all aware of the controls to apply.
- Effective checks are made to review whether contractor companies have robust management practices in place for their fleet and drivers.
- Driver training records are included in driver assessments to make sure the training is relevant and up to date and you are aware of any relevant previous breaches in safety requirements.
- Working hours are monitored as part of a fatigue avoidance process.

#### **ALL PERSONNEL – ACTION TO TAKE**

- Never drive tired! If you feel sleepy on the road, look for a safe place to stop and take a break.
- Always remain aware of your surroundings while driving, avoiding any distractions that may reduce your ability to react to unexpected situations on the road.
- Always adjust your speed according to the position of other vehicles, the road conditions and layout. Remember to use lower gears to help slow your vehicle.
- Always overtake with caution, anticipating that other vehicles might be travelling slower, or faster, than they seem.
- Please remember, its very important for you to be safe on the road, and to always follow the Driving Essentials- Your family is waiting for you at home!







speed



Fit & Alert

Watch your Keep a safe distance

Remember

# Site Security & Safety

During the warmer weather it can be tempting for members of the public to trespass into our quarries wanting to swim.



During the summer season, we all understand the allure of cool, inviting waters, especially those found in quarries. However, it's crucial to remember that these areas are not designated swimming spots and trespossing into quarries is both illegal and dangerous.

- Hore accidential drownings occur at inland waters such as conais, rivers, lokes, reservoirs, water filled volds like disused guarries than at the coast. Key drowning staffinities across the UK and commonities.
  - Males continue to over represent, with 83% of accidental f
  - Everyday activities, such as walking and running, accounted for ABX of accidental fatalities.
  - 63% of accidental fatalities happened at inland waters

#### Keep Everyone Safe!

Make sure your boundaries are robust, and your warning signs are displayed around your sites. Remember, we have a duty of care to do what is reasonably practicable to protect both employees and visitors. Everyone's safety is paramount, and a moment's thrill is not worth a lifetime of consequences. Encourage everyone around you to enjoy the summer responsibly!

# Regularly check your site boundaries are robust and displaying the following sites where appropriate



For advice on improving the security around your site, please contact our UK Security Team <u>colinpeter.jones@cemex.com</u> <u>John.sweeting@cemex.com</u>





everyone

home safe

every day

High Speed Ltd.

# **Safety & Security Bulletin**

Injury Risk Warning From Stanley Blades Hidden Under Stickers With National Front Written on Them.

Title: Safety & Security Alert - Injury Risk warning From Stanley Blades Hidden Under Stickers With National Front Written on Them.

Ref: HSB 774

Date of Issue: 05-08-2024

Contact: Scott Dawson



On 02/08/2024, National Front stickers were found at Dunton Green Station. Upon removal, razor blades were discovered hidden beneath them. This information is being shared to raise awareness and ensure safety, as these stickers may be distributed nationally. Please exercise caution and do not attempt to remove these stickers yourself due to the risk they pose. Instead, contact BTP immediately.

**Safety and Security Reminder:** Safety and security are shared responsibilities. Every staff member must contribute to maintaining a safe and secure environment for their colleagues and the work-place.

#### **Discussion Point**

If further stickers are sighted, please report these to the British Transport Police for the attention of EPSOU with an image for reference - <u>epsou@btp.police.uk</u>

Part of our group	Safety	Safety	Safety	Shared
of Safety Bulletins	Alert	Bulletin	Advice	Learning



Superior Customer Experience

### A W A R D

## **APPLY BY 27 SEPTEMBER!**

## **APPLY FOR THIS YEAR'S EMEA SCE AWARDS**

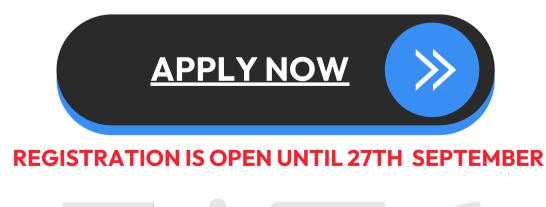
Welcome to the 2024 edition of the Superior Customer Experience (SCE) Awards! We want to recognise your positive contribution towards Cemex Customer Centricity (our strategic priority) and distinguish all the great projects and initiatives aimed at delivering a Superior Customer Experience.

### We are looking for the best EMEA projects in the following categories:

- Best Initiatives Implemented (BII)
- Best Data Initiatives (BDI)
- Sustainable Construction Projects (SCP).



Local (EMEA) winners will compete against the best projects from other Cemex regions.



## **2024 REGISTRATION IS OPEN!**

**Superior Customer Experience** 

A W A R D

## **APPLY BY 27 SEPTEMBER!**

## APPLY FOR THIS YEAR'S EMEA SUPERIOR CUSTOMER EXPERIENCE AWARDS

## What projects and initiatives are we looking for?

\*

**Best Initiatives Implemented** – in this category we are looking for projects that have already been implemented (at least as a pilot) that **enhance the customer experience throughout the entire customer journey.** 

**Best Data Initiatives (new!)** - in this category we are looking for projects that have already been implemented and are **based on data or used data to improve the customer experience**.

Sustainable Construction Projects - in this category we are looking for any construction project that are either under development or already built, where you helped the customer make their **project a** more sustainable one by recommending products and solutions from our Vertua Brand.



<u>APPLY NOW</u>

**REGISTRATION IS OPEN UNTIL 27TH OF SEPTEMBER** 

# Making the moments that matter



# No one left out of life

Life is best measured, not by days or years, but by moments.

Think about the little things you've enjoyed today. Perhaps you've made a cup of tea. Shared a joke with a friend. Gone for a walk with the family.

For those of us who are deafblind or living with complex disabilities, these everyday moments can seem out of reach. But they don't have to be.

At Sense, we know it's possible for everyone to experience the world around them, no matter how complex their disabilities. It's just about having the right support. For everyone who is deafblind.

For everyone who has complex disabilities.

Sense is here to help people communicate and experience the world.

# We see possibilities and potential.



When communication is challenging, it can feel incredibly isolating. But there are thousands of ways to connect. Whether it's speech or sign, touch or movement, gesture or sound, art or dance – we help people express themselves and be understood, no matter how long it takes.

Naturally, everybody we help has a different path through life. For some, it may be working towards future goals

like living more independently in supported housing. For others, finding joy in the here and now may be enough. That could be something as powerfully simple as feeling the rhythm of music or the grass beneath your feet.

At Sense, we believe that everyone, no matter how complex their disabilities, deserves the right to take part in life.

# We offer a range of support, tailored to the individual needs of each person.

- Early intervention for children.
- Education and transition into adulthood.
- Support at home, in the community and at our Sense Centres.
- Supported living and residential care.
- Holidays and short breaks.
- Opportunities to be creative and active.
- Information and advice.

# The best possible start.

The future can seem daunting for a child who is deafblind or has complex disabilities. So we're here to help families find their best way through this new territory, offering expert advice, relaxation and reassurance when it's needed most. Just spending time with other families in a similar position is a source of great support for many people.

Mia and her dad Andy know what a difference this support makes. They're regular visitors to the Mini Magpies group run by Sense. Mia has little eyesight and is startled by sudden changes in light. But when she's swimming in the hydrotherapy pool with her dad she feels safe and comfortable – it's true quality time.

Mia's parents find just as much sanctuary at Sense, sharing their experiences with other families and getting some much-needed guidance. With this support system behind them, parents like Andy can help their child get more out of life.

Having that time in the pool each week is massive for her, she really comes alive. Mia is always happy at Mini Magpies, but it's also helped us to come to terms with our situation and the future we face as a family. Andy, Mia's dad



Joe's life has changed completely since being at Sense College. It's like it's gone from being black and white to full colour! Joe's mum



# A lifetime of opportunities.

Everyone deserves the chance to live a rich and meaningful life. So Sense helps people living with complex disabilities open doors that would otherwise be closed to them. We'll never give up on a person's potential to learn and make life choices.

Joe proves just what a difference the right support can make. Throughout his childhood, he was limited to using vocalisations and facial expressions to communicate. You can imagine how frustrating this must've been for him.

But Sense knew there was a way to help him continue to learn. Sense spotted Joe's ability to use his eyes to communicate and arranged for him to start using Eye Gaze technology.

It's a gradual process, but with lots of determination from Joe and the unfailing encouragement of Sense College staff, he has a voice at last and can take more control of his life.

Joe is one of thousands of people who have had a breakthrough at Sense. That's why we believe that no one, no matter how complex their disabilities, should be isolated and unable to fulfil their potential.

# Life's better when we're all connected.

We want to bring about the day when no one with complex disabilities is left out of life – but we can't do this on our own. We as a society need to understand the barriers that those of us living with deafblindness and complex disabilities face. Then we need everyone to feel inspired to do something about it.

After all, everybody deserves to take part in life and enjoy those meaningful moments and connections that bring joy.

To find out more about how you can help make the world a place where no one is left out, no matter what, visit **www.sense.org.uk** 





Here are a few ways that your support and donations can make a difference to people living with complex disabilities through the Sense Employment Programme:

- £35 Touchpad
- £54 Trackball Mouse
- £119 Text to Speech software
- £192 Joystick Mouse
- £250 Handheld digital magnifier
- £690 Laptop
- £1,475 Document Reader
- £2,598 Adjustable tables x 2
- £3,240.00 Orcam glasses



# Every penny that you donate makes a huge difference in the lives that we support!

## Here are a few ways that your support could be felt within our community...

- **£20** could pay for an umbrella with twinkling lights inside, used to create a mini-sensory environment for a child in a cot or hospital bed.
- £45 could pay for a sensory bag containing a children's story and tactile objects. This gives children who are deafblind or have complex disabilities a meaningful, enjoyable way to understand and engage with the story.
- £150 could pay for a weekend break for a sibling or young carer, giving them the chance to spend time with other children with shared experiences, try new activities and have a fun weekend free of responsibilities.
  - £725 could help Sense visit a family for an initial assessment, keep them invited to support events throughout the year, and give them access to our specialist networks and advice.
- £1,270 could fund an acoustic tactile wall panel, made of bells, chimes, tambourines, rattle and mirrors. These offer children and adults with complex disabilities a fun way to explore and learn about sound through vibrations and touch.
- £2,000 could provide a six-month block of creative arts opportunities. including music, art and dance, for five people with complex disabilities.
- £5,000 could pay for the cost of a nurse to provide the essential support needed by child with complex medical and physical needs all year round
- £7,500 could pay for an entirely new sensory room to be fitted in one of our day services that is in dire need of updating

### **Connect with us**



Call us: 0300 330 9257

Minicom/textphone us: 0300 330 9252

Email us: supporterservices@sense.org.uk

Follow us on Twitter: @sensecharity

Follow us on Facebook: @sensecharity

Follow us on Instagram: @sensecharity

Write to us: 101 Pentonville Road, London N1 9LG

If you, or someone you know, needs this leaflet in another format, such as braille, large print, Easy Read etc, please do get in touch with us.



Registered charity number 289868



## 🔀 Employee Assistance Programme

# How Care first can support you...

#### **Counselling support**

Our team of professionally trained, gualified and BACP accredited counsellors are available 24/7 to offer support for personal or workplace related issues. As well as the headline issues surrounding mental health, our Care first counsellors are also trained in dealing with both work and home grievances, bullying  $\delta$  harassment issues, domestic violence, relationships at both home and at work and much more. No matter how big or small the problem may be, our counsellors are here for you to provide you with unbiased support away from the situation. Everyone has very individual needs for support, Care first provides short term focused counselling, so the Care first counsellor will assess your circumstances when you call to establish what the most appropriate form of support will be for you. It might be that you just need a brief conversation with the counsellor that day, or you may benefit from a few more sessions.

#### **Information Specialists**

As control, or the lack of it, can be an influencing factor on the impact of stress. Many individuals identify stress as emotional. However, a lack of control around practical issues can be just as impactful. We have expert advisors that have been trained by Citizens Advice who can provide you with comprehensive answers and assistance on a wide range of practical issues which can affect our daily life, these include but are not limited to; redundancy, advice on funerals and probate, legal information, housing and tenancy issues, childcare, elder care, health, consumer issues, employment, travel and education.

Our Information Specialists are also money trained experts and can provide support with a variety of financial queries such as help with budgeting finances and advice with benefits. You can speak with one of our Information Specialists confidentially Monday-Friday between 8am-8pm.

#### **Management Support**

If you are a manager, have leadership responsibilities, or look after a team within your organisation, it is as important as ever that your colleagues are made aware of the range of support available from Care first. As well as supporting you to signpost your colleagues to the Care first service effectively to maintain your managerial boundaries, Care first can also provide you with support within your role as a manager. Care first counsellors are all management trained and can provide support with issues such as if the organisation is going through a period of redundancy, managing change and difficult conversations, workplace performance, remote working, absence management and disciplinary.

#### **Care first Lifestyle**

Through the Care first lifestyle site you can access a wide range of supportive information, read helpful articles published by our team, view Webinars covering a variety of well-being topics and even speak with a Care first counsellor in real-time via our online counselling facility.

You can log into your account by visiting www.carefirst-lifestyle.co.uk and logging in using your organisation's unique log in details. If you are unsure what these details are then please contact your line manager or HR department. The Care first Lifestyle website is great place to go to learn more about Care first and the different areas that we can support in.

#### **Care first service**

**BACP** counselling

Information specialists

Management support

Care first lifestyle

#### How it supports?

Mental wellbeing

**Practical issues** 

Support for managers within their working role

Hub of resources and information

#### How all of these above services link together

As you can see from the above table, all the services that we offer complement each other to ultimately encompass an individual's overall mental and physical wellbeing, which enables individuals to access professional and clinically proven support.

Our counselling support is available 24/7 to help individuals with any emotional issues that they may have. Our Information Specialists can help individuals with practical information and advice. This practical support is so important because if an individual is concerned about a practical issue, then this can cause detrimental effects to their emotional wellbeing. By getting some support from an Information Specialist this will provide the individual with some clarity on that particular issue, which may help them to feel more in control of a situation and relieve some anxiety.

The Care first Lifestyle site can help individuals who are concerned about an issue. The individual may not know where to start and they can have a look at the resources on our Lifestyle website which may be enough to help them.

The Lifestyle website is a great starting place to learn about the types of issues that Care first can support with. The individual can also access our online counselling tool through the Lifestyle website which is an alternative way to access support from a counsellor. By an individual looking through all the resources on our Lifestyle website this can help them to get answers about an issue they may be having.

Again by getting some clarity on their issue this may have a positive effect on their mental wellbeing.

If you wish to contact the Care first telephone counselling and information line then please don't hesitate to call the Freephone number provided below and you can speak to a professional in confidence.

Visit: **www.carefirst-lifestyle.co.uk**to view our articles on health and well-being, or call **0808 168 2143** for in the moment support.