

Support for Neurodiversity



The ADHD Foundation

Supports individuals with ADHD and other neurodiverse conditions through education, training, and advocacy, promoting a strength-based approach to neurodiversity.



The Brain Charity

Emotional support, practical help, and social activities to anyone with a neurological condition and their families. Includes counselling, welfare benefits advice, adult learning courses, and support groups.



The Donaldson Trust

The National Body for Neurodiversity, providing tailored support for neurodivergent individuals. They offers educational and vocational programs, wellbeing services, and neurodiversity training.



Neurodiversity UK

Social enterprise dedicated to uniting the neurodiverse community across the UK. It provides ADHD coaching, neurodiversity training, and a directory of support groups and events.



Daisy Chain

Supports autistic and neurodivergent children, adults, and their families in the North East and beyond. They provide social groups, wellbeing services, vocational training, and family support.



Epilepsy Society

The UK's only charity dedicated to transforming the lives of people with epilepsy through research, advocacy, and care. They offer a range of services including a helpline, support groups, and educational resources.



National Autistic Society

The National Autistic Society supports autistic people and their families through advocacy, guidance, and services, aiming to create a more inclusive society.



British Dyslexia Association

The British Dyslexia Association supports dyslexic individuals through advocacy, resources, and training, aiming to create a dyslexia-friendly society and promote neurodiversity.



Cemex Employee Assistance Line (Lifestyle Support) for confidential advice and support.

Call 0808 168 2143
Visit www.lifestyle-support.co.uk
(Username: cemex Password: cemex)