# **SAFETY ALERT**

# LTI – Fall while getting in the truck

#### **INCIDENT DETAILS**

A contractor driver fell while attempting to get in truck's cabin. As he stepped onto the third step, he lost his footing because his personal shoes were placed on the step, preventing him from properly positioning his foot. He fell, impacting his hip and ribs. He was taken to a medical center for evaluation. Although no injuries were detected through examination, he was granted medical leave due to the pain he reported.

## **KEY RCA FINDINGS**

- The driver was validated in the contractor validation system.
- The driver had 9 years of experience as a driver and 1.5 years working for Cemex.
- The driver stored his personal shoes on the third step of the truck.

The truck is equipped with a dedicated storage compartment next to the door for personal belongings, but the driver chose not to use it. Instead, he opted for a shortcut by keeping his personal shoes on the step, as it was quicker for him to access them.

### WHAT CAN WE DO TO IMPROVE?

- Reinforce the 3 points of contact rule, especially when getting in and out of the cabin. Always maintain three points of contact either two hands and one foot or two feet and one hand to ensure secure movement
- When entering or exiting a truck follow key safety rules. Always check your surroundings for potential hazards, keep your hands free to maintain balance, and use designated grab handles and footholds. Wearing proper footwear and work gloves enhances grip and stability.

#### **REVIEW OF KEY POINTS**

- Before getting into the cab, check the condition of the safety boots and steps, which do not have mud or other elements that could cause slipping. If so, clean it before climbing.
- Use a proper storage for elements inside the cab. Never use steps to storage tools, shoes, cans, etc.
- Check that the trucks have signs for the use of the 3 support points next to the door.





# **I**CEMEX

Hierarchy of Control

E

Eliminate

Reduce Isolate

100141

Control

**Protect** 

### Get a grip



Hold handrails on stairways and use three points of contact when getting into/out of vehicles.

# Look after yourself and each other



Don't let anyone act unsafely, always stop unsafe practices.

# Housekeeping



Keep designated access routes and work areas tidy and free from trip/slip hazards.



STOP THINK

AC