

CEMEX



ICEMEX

Balance point

3-points of contact

Safe routes

Footwear

Avoid distractions









Find your balance point:

- Every step matters Stay Alert!
- Keep your back straight, eyes forward and stay grounded

Your balance = Your safety







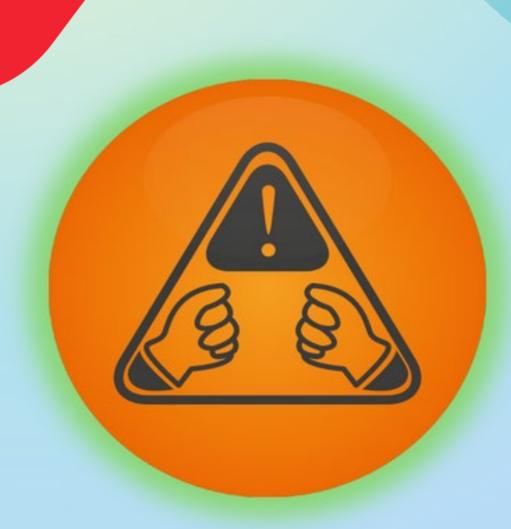
Footwear

- Safety boots type S3
- Types must provide proper ankle protection
- Lace correctly = Ankles protected
- Consider different colour laces to easily detect loose boots!

Proper footwear is the foundation of safe walking!







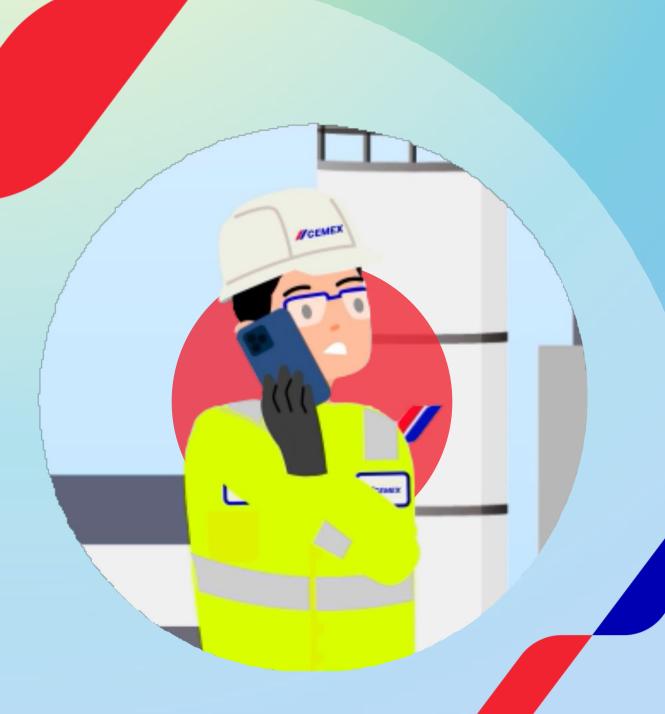
3-point rule – Get a Grip

 On stairs, ladders, scaffolds always adopt 3 points of contact

Your stability is in your hands!







A message can wait. Your safety can't!

- Put the phone away while walking at work
- Distraction = Danger

Choose the **right time** and **place** to use your phone — in a **safe area**, not while walking.

Stay present. Stay safe!







Walk where you should – not where you can

- Marked walkways are always your safe route
- They are there to protect you walking on them helps keep you and others safe

Your safety begins with the first step!