

BOWEL CANCER

Support Resources



**SCAN FOR
GUIDES**

- Knowing the symptoms of bowel cancer
- The facts about bowel cancer
- Simple steps for good bowel health



BOWEL CANCER

NHS Screening for ages 50+



We strongly recommend you complete the NHS home test when you are sent it - here is why:



NHS Guide to
Home Test
Screening

1. It can detect bowel cancer early before symptoms start.
2. It's quick, simple and done at home.
3. It could save your life.

BOWEL CANCER

Common Symptoms



Bleeding from
your bottom
and/or blood in
your poo



A persistent and
unexplained
change in bowel
habit



Unexplained
weight loss



Extreme
tiredness for
no obvious
reason



A pain or
lump in
your
tummy



NHS - Further
info about
symptoms

Most people with these symptoms don't have bowel cancer. But if you have any of these, or if things just don't feel right, go and see your doctor. You may need to visit your doctor more than once if your symptoms don't get better.