



# Welcome to UK NEWS



Your bi-weekly update from around Cemex UK

9<sup>th</sup> July 2026



[www.cemexuknews.co.uk](http://www.cemexuknews.co.uk)

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## Health & Safety

### Cemex UK Wins MPA Health & Safety Award for Innovative Driver Induction Project

We're delighted to share that Cemex UK has won the Topic Award for Safer Management of Pedestrians and Transport On-site at this year's MPA Health & Safety Awards.

The MPA Health & Safety Awards are founded on the principle of 'Safer by Sharing', recognising innovations and good practice that help improve health, safety and wellbeing across the mineral products industry. Winning these awards is a fantastic achievement and reflects the positive impact of this innovative approach.

Congratulations to project lead, Matt Baker, and the UK Cement Supply Chain team for their award-winning project: 'Driver Inductions Reinvented: Site Guides with Vehicle and Drone Perspectives'.



The project transformed the induction process for new Cement Tanker Drivers, replacing traditional classroom presentations and paper guides with a visual induction video. Combining footage from the driver's perspective with drone views of the Rugby Cement Plant, the video gives drivers a realistic understanding of site layouts and traffic routes before they arrive, helping to reduce uncertainty, improve safe behaviours and reinforce safe site navigation.

👉 You can watch their MPA Awards video [HERE](#).

Commenting on the win Matt Baker shared: "I'm incredibly proud to receive this award. Filming and producing the videos to help improve the safety of pedestrians and vehicles on site has been a great project to be involved in, and I'm grateful to everyone who has helped. It's rewarding to see our commitment to making sites safer recognised by the MPA, and I hope the work encourages others to continue putting safety first."

Robert House, EMEA Health and Safety Director, shared: "A BIG congratulations to the Cement Supply Chain team for this award! It's always positive to be recognised by industry peers - well deserved and reflects the commitment the whole team has to innovating to keep people safe. I was also really pleased to have attended the event in person for the first time! It's clear that the industry has a true passion towards health and safety!"

Lex Russell, MD Cemex UK Materials and Chair of the MPA, opened the awards ceremony along with radio/TV presenter, Mike Bushell. Commenting on the awards Lex shared: "Every discussion, presentation and award contributes towards a shared commitment to Vision Zero. By sharing our ideas and experiences we are helping to raise standards across our industry and support our shared ambition to ensure that everyone in the workforce goes home safe and well every day. I am very proud to see how many Cemex UK businesses and initiatives were recognised at the awards, as this is testament to everyone's commitment to looking after the wellbeing and safety of ourselves and each other. Thank you and congratulations to Matt and the Cement Supply Chain team, and to everyone else involved in these following projects."

### Safer production

- Highly Commended: Triton - whole vessel monitoring system

### Safer maintenance and housekeeping

- Highly Commended: Isolation improvements
- Certificate of merit: Winch & pulley system for safe personnel and equipment access into Hydralig and Hydrosize
- Certificate of merit: New style guarding
- Certificate of merit: Site continuous improvement project
- Certificate of merit: Reduction of manual handling through use of integrated loading shovel tipping skip

### Safer management of pedestrians and transport on-site

- Winner: 'Driver Inductions Reinvented: Site Guides with Vehicle and Drone Perspectives' - Cement Supply Chain team.
- Highly Commended: Delivery driver ticket station
- Highly Commended: New traffic management Angerstein Wharf
- Highly Commended: Transforming SSOWs: From paper documents to engaging training videos
- Certificate of merit: Auto-induction and notice for visitors, contractors and employees

### Safer transport and logistics

- Finalist: Truck full hose magnetic couplings (watch the MPA Award video [HERE](#))
- Certificate of merit: Netrodyne driver AI monitoring/support system

### Safer operations at a contracting/laying asphalt, construction, or customer site

- Certificate of merit: Bulk tanker auto lids
- Certificate of merit: Incident communication alerts

### Safer through improvements in health and wellbeing

- Highly Commended: Defibrillator awareness and confidence building session
- Certificate of merit: Health, wellbeing and team building
- Certificate of merit: Wedge pit safety

### Safer together

- Finalist: Working at height emergency rescue (Watch the MPA Award video [HERE](#))
- Highly Commended: Improvement card management review
- Highly Commended: Noticeboard
- Highly Commended: Internal regional Health & Safety briefing sessions

## Share Your 5S Successes

### Great ideas deserve to be shared! Capture it. Share it. Inspire others.

Earlier this year the UK Materials 5S Improvement Initiative was launched as part of the Europe Materials 2026 Health & Safety Improvement Plan. The initiative focuses on practical improvements that make our sites safer, tidier, and more efficient, with particular emphasis on pedestrian and traffic management and housekeeping.

Since launching, we've already seen some fantastic examples of simple but effective improvements from sites across the business (see image examples). Now it's time to build on that momentum.

### Introducing the 5S Good Practice Library

To help everyone learn from each other, a dedicated 5S Good Practice Library has been created on the UK Health & Safety SharePoint. This is



Bletchley

Before



After



Nottingham

where successful improvements from across our sites will be shared, giving teams the opportunity to see what's working, spark new ideas and replicate best practice. Whether it's a safer pedestrian route, improved traffic segregation, smarter storage solutions or a housekeeping improvement that reduces risk, your ideas could inspire colleagues across the UK.

[🔗](#) You can access the 5S Good Practice Library [HERE](#)  
You can find the Submission Template to download [HERE](#)

### How to Get Involved

We're asking every site and team to actively identify opportunities for improvement and submit their 5S projects using the 5S improvement template.

Each submission should include:

- A brief description of the improvement.
- Clear photographs – ideally before and after images.
- Evidence of how the improvement has been implemented and sustained using the Plan, Do, Check, Act approach where possible.

Completed submissions (using template above) should be sent to Jason Barker first, who is coordinating the initiative across the Materials business. Jason will then upload your submission to the Library.

### Every Improvement Makes a Difference

The best improvements don't have to be expensive or complicated. Often, it's the small changes that have the biggest impact on reducing risk, improving housekeeping and creating safer working environments for everyone. As more examples are submitted, we'll regularly showcase them through UK News, helping everyone benefit from the great work happening across our sites.

So please look around your site. Is there a simple improvement that could make your workplace safer or more organised? Every improvement shared helps strengthen our safety culture and supports our goal of making every site safer for everyone.

**Let's keep the ideas flowing and show what great 5S looks like across UK Materials.**

### Stay Safe This Summer: Heat Stress Prevention Toolbox Talk

As temperatures rise, it's important that we all take simple steps to protect ourselves and our colleagues from the risks of heat stress.

Our new **Heat stress Prevention - Toolbox talk** provides practical guidance on recognising, preventing and responding to heat-related illnesses in the workplace.

[🔗](#) You can find the ToolBox Talk PDF [HERE](#)

The slide pack explains how heat stress occurs and outlines the different types of heat-related illnesses, from heat rash and cramps through to heat exhaustion and heat stroke. Colleagues will learn how to spot the warning signs, what immediate action to take, and when emergency medical assistance is required.

The toolbox talk also highlights key prevention measures including staying hydrated, taking regular cool-down breaks, using shade where available, and carrying out appropriate risk assessments for hot working conditions. It provides practical advice for both employees and managers on reducing exposure to heat and keeping everyone safe during warmer weather.



**Managers** - Please take a few minutes to review the presentation with your teams and help ensure everyone is prepared to work safely throughout the summer months.

## Action for Happiness – Jump Back Up July



We can't control what happens, but we can still choose how we respond.

The [Action For Happiness](#) Jump Back Up July calendar gives us ideas to help find ways to respond well in challenging times. It is full of great ways to build positive emotions.

Why not download this month's Action for Happiness calendar to remind you to appreciate the little things in life and find out how they help with your positivity and wellbeing! Each day they give you a little task to try and complete. It could be anything from 'Do something meaningful for someone' to 'Share an inspirational quote'.

You can also find this Jump Back Up July calendar at the end of this document and in the download section of the UK News website: [www.cemexuknews.co.uk/downloads](http://www.cemexuknews.co.uk/downloads)

You can watch the Jump Back Up July video [HERE](#) where Action For Happiness's Vanessa King gives advice on how to make life happier and more fulfilling.

## Future in Action

### Latest Earthly Matters



The June 2026 edition of Earthly Matters, the blog dedicated to the partnership between Cemex and the RSPB, is now available for you to read.

You can find it at the end of this document or on the UK News website [HERE](#).

In this edition...

- Guest Partnership Update from Sarah Ferriss, RSPB Head of Business
- Conservation Advice
- Actions for Nature: Take part in the Big Butterfly Count
- Feature: Focus on Natural Grasslands
- Enter our Biodiversity Photograph competition

We hope you enjoy this latest edition.

## New Wellbeing Campaign – Move More. Feel Better.

Getting active doesn't have to mean running marathons or spending hours in the gym. Small, positive changes to how we move, eat and look after our bodies can make a big difference to both our physical and mental wellbeing.

Throughout our **Move More. Feel Better.** campaign, we'll be sharing practical tips, advice and useful resources to help you take simple steps towards a healthier lifestyle.

Over the coming months we'll be covering:


- **Free local groups and activities** to help you get moving and stay active.
- **Nutrition advice** to support your energy, health and wellbeing.
- **Healthy recipes** that are easy to prepare and enjoy.
- **Know Your Numbers** – understanding key health measures such as blood pressure, cholesterol and BMI, and why they matter.
- **Musculoskeletal health advice** to help prevent aches, pains and injuries, whether you're at work or at home.

Whether you're just getting started or looking for new ways to support your wellbeing, there's something for everyone. We hope you'll join us throughout this summer campaign and discover how moving more can help you feel better every day.

### Find Free Ways to Get Moving in Your Local Area

Getting active doesn't have to cost a thing. Whether you're looking for a walking group, a beginner-friendly exercise class or a local sports club, there are plenty of free opportunities available.

There are lots of ways to find an activity by spending a little time searching online:

 Please share our poster, which you can find at the end of this document and on the UK News download page [HERE](#).

### Use social platforms and community apps

Many free groups advertise through:

- Facebook (search “walking group”, “fitness group”, or “community sports”).
- Meetup - <https://www.meetup.com/>  
Whatever your interest, from hiking and cycling to book clubs and pilates, there are thousands of people who share it on Meetup. Local events are happening every day.
- Nextdoor - <https://nextdoor.co.uk/>  
Instantly connect with your local neighbourhood – free to sign up.

### Search your local council website

Most councils list free or low-cost activities such as walking groups, fitness classes, cycling sessions and community events.

Search: “[your town/city] wellbeing activities” or “[your town/city] leisure activities”.

### Use the NHS Better Health activity finder

<https://www.nhs.uk/better-health/get-active/>

The NHS website provides ideas, support and links to local opportunities.

### Get running with the Couch to 5K

<https://www.nhs.uk/better-health/get-active/get-running-with-couch-to-5k/>



Starting something new like running can feel overwhelming, but that is completely normal. Many people feel this way at first. The free NHS Couch to 5K programme makes it easier by guiding you from the couch to running 5km in just nine weeks. Let's take it one step at a time.

### Find a local parkrun

Parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Parkrun is 5km and takes place every Saturday morning at over 1.5k locations across the UK.

<https://www.parkrun.org.uk/>

### Check Active Partnerships

Active Partnerships connect people with local physical activity opportunities.

<https://activepartnerships.org/>

Active Partnerships is a nationwide movement, physical activity and sport network that exists to make active lifestyles the norm for everyone. They partner and connect with local and national stakeholders to transform lives and affect widespread social change.

### Visit your local leisure centre website

Many leisure centres offer:

- Free taster sessions
- Community classes
- Walking football
- Chair-based exercise
- Beginner activity programmes

Remember...

The best activity is one that you enjoy. Whether it's walking with friends, gardening, dancing in your kitchen or joining a local sports club, every movement counts towards improving your health and wellbeing.

**Move More. Feel Better.**

## Recognising Great Work at Cemex – Two Simple Ways to Say Thank You

At Cemex, we know it's our people who make the difference every single day. Whether it's supporting teammates, delivering for customers, championing safety, or finding better ways of working, great work happens across our business every day.

That's why we have two different ways to recognise our colleagues – each with its own purpose.

### Everyday Recognition – Send an e-Card

Sometimes it's the small things that deserve a big thank you. Our new Pluxee Benefits Platform makes it quick and easy to recognise a colleague by sending them an e-card directly through the app. Whether they've helped solve a problem, supported you through a busy day, or simply gone out of their way to help a colleague or a customer, an e-card is a great way to show your appreciation there and then.

Log in to the Pluxee Employee Benefits Portal [HERE](#) or use your new Pluxee UK app.

Use an e-card for:

- Everyday thank yous.
- Quick and instant recognition.
- Celebrating acts of kindness and teamwork.
- Letting someone know they've made a difference.



A simple message can brighten someone's day.

### **Thanks For Your Effort – Celebrate Outstanding Contributions**

For those colleagues or teams whose contribution has had a significant impact, our Thanks For Your Effort recognition scheme provides an opportunity to formally celebrate their achievements.


This peer recognition programme shines a spotlight on colleagues who consistently go the extra mile and demonstrate our Cemex values by:

- Ensuring Health and Safety
- Focusing on Customers
- Acting with Integrity
- Working as One Cemex
- Fostering Innovation
- Embracing Diversity

Complete the nomination form [HERE](#) and tell us why your colleague or team deserves recognition. A senior management panel will review all nominations and select winners from Categories 1 and 2. Successful nominees will receive:

- Up to £100 in store vouchers of their choice.
- Recognition in UK News.
- Appreciation from colleagues across the business.

And because every nomination matters, every nominee will also receive an exclusive "Awesome" mug as a thank you for their contribution.

 The nomination form can be accessed by clicking [HERE](#) or by scanning the QR code on the poster. Site Managers: Please print and display the poster which you can find at the end of this document and on the UK News download website: [www.cemexuknews.co.uk/downloads](http://www.cemexuknews.co.uk/downloads)

### **Which recognition tool should I use?**

Send an e-card when you want to say a quick, instant thank you for everyday support or a job well done. Submit a Thanks For Your Effort nomination when someone's actions or achievements have gone above and beyond and deserve formal recognition across the business.

The best part? You don't have to choose one or the other. Someone who receives an e-card today could also be nominated for Thanks For Your Effort if they've made an exceptional contribution.

Every thank you matters, and every act of recognition helps make Cemex UK an even better place to work.

### **In the Media: Cemex UK Leadership in an Era of Big Industry Change**



Cemex UK has been featured in an external industry article for Aggregates Business, exploring how our business is responding to the changing demands of the construction materials sector.

The article highlights the significant transformation taking place across the industry, including the drive towards decarbonisation, digital innovation and changing customer expectations. It also explores how Cemex UK is positioning itself to meet these challenges through strong leadership, continued investment in sustainable solutions and a focus on operational excellence.

It provides insight into how we are helping to shape the future of construction while continuing to deliver value for our customers, colleagues and the communities we serve.

🔗 You can read the full article here: <https://www.aggbusiness.com/cemex-uk-leadership-in-an-era-of-big-industry-change/>

## Organisational Changes

We would like to inform you of the following organisational changes:



### Cement Commercial – Admixtures

- **Ryan Eyre**, Sales Executive, has been appointed as Commercial Manager – Admixtures, directly reporting to Craig Williamson, Director Cement Commercial UK.

### Human Resources

- **Alejandra Carvajal Iglesias**, UK HR Planning and Development Lead and EMEA Coordinator, has joined Cemex UK, reporting to Mannie Bains, HR Manager.
- **Rob Greenfield**, Planning Development and Training Manager, has left the company after 37 years of a successful career with Cemex. We want to thank Rob for his contribution and commitment to Cemex and wish him every success for the future.

### Procurement

**Angelika Kowalczyk Barabas**, Regional Raw Materials Negotiator, has joined Cemex UK reporting directly to Raul Sanchez Carrera, Category Manager Europe.

These changes are all now effective, unless otherwise indicated.

We congratulate these Managers and wish them success with their new responsibilities.

## EMEA Business Update with Our Regional President



You are invited to join the EMEA Business Update with our Regional President, José Antonio Cabrera, on 27<sup>th</sup> July at 09.00 UK Time.

Hear the latest on our business performance, key priorities, and what's ahead for our EMEA region.

Don't miss this opportunity to get insights directly from our Regional President, Jose Antonio Cabrera, and stay connected with what's happening across our region.

Save the date and stay connected with our EMEA journey.

Join on Zoom: <https://cemex.zoom.us/j/88004279779>

## Cemex Supports Parliamentary Engagement on Future of UK Cement

Cemex was pleased to join fellow Cement manufacturers, policymakers and industry partners at a parliamentary event this week focused on the future of the UK Cement sector and its role in supporting economic growth.

The discussion highlighted the essential contribution that cement makes to the delivery of new homes, infrastructure and major construction projects across the country. With the Government placing a strong emphasis on growth and infrastructure investment, attendees emphasised the importance of maintaining a competitive and resilient domestic cement industry that can provide secure supply, support skilled jobs and enable long-term investment.

Key themes raised during the event included industrial competitiveness, high energy costs and the need for an effective Carbon Border Adjustment Mechanism (CBAM) to ensure a level playing field between UK producers and imported materials.

Henry Tufnell MP (pictured) addressed the event and underlined the sector's importance, noting that while infrastructure is fundamental to economic growth, cement is a critical component in delivering it.

For Cemex, the event provided a valuable opportunity to engage directly with parliamentarians and stakeholders on the policy measures needed to support both the competitiveness and continued decarbonisation of the cement industry. We look forward to continuing these conversations with government and industry partners as we work towards a thriving future for UK cement and construction.



## Introducing the New Pluxee App: Your Upgraded Benefits and Savings Experience

**Our new upgraded Pluxee Employee Experience app and portal is now live! Open your Welcome email and register!**

A graphic for the Pluxee app and portal launch. It features a megaphone icon on the left and several smartphones displaying the app interface on the right. The text reads: "Your new home for recognition, benefits & savings. LAUNCHING 1<sup>ST</sup> JULY. Register via the welcome email you will receive. Recognise your colleagues, access workplace benefits, and save on everyday spend - all through one simple app." Below the text are two QR codes. The first QR code is for downloading the app, with the text "Scan the QR code to download the app! Or visit our web portal: www.experience.cemex.pluxee.uk/emp-benefitsportal". The second QR code is for watching a complete guide to using the Pluxee App on YouTube, with the text "Scan to watch our complete guide to using the Pluxee App on YouTube".

Our Lifestyle Benefits Platform has been upgraded with a brand-new app and web portal, replacing our current Pluxee platform. The new platform brings your employee benefits, discounts, and colleague recognition together in one place, making it easier to access everything whether you're at work, at home or on the go. You can also recognise and celebrate colleagues who demonstrate our Cemex values. With a more intuitive design and a new mobile app, it's now even easier to save money on everyday spending, access exclusive offers from leading brands and make the most of your employee benefits wherever you are.

### What's new?

- **Easy access on phone or desktop** – your benefits are always within reach
- **\*\*NEW Colleague recognition tools** – helping celebrate our Cemex Values
- **Discounts at 500+ retailers** – from everyday essentials to major brands
- **All your benefits in one place** – simpler and quicker to use

### Getting started

- Getting started is simple. If you were registered previously on our employee benefits platform, or you have a Cemex email address **you will have received a welcome email** from [noreply@mail.pluxee.uk](mailto:noreply@mail.pluxee.uk) with registration instructions. If you haven't received the Welcome email, please check your 'Other' folder in your outlook inbox.

**Important note:** If you were previously registered, you will **need to register again** for the new Pluxee platform.

- To get the new Pluxee App on your phone, just scan the QR code in the poster, and download it to your phone.
- Once registered, login on the app, complete the two-step authentication and you'll be all ready to access the app or website. You will only need to use the authentication process on the app version the first time – after that you will be logged straight in.
- To access our new Pluxee Employee Experience on a **web browser via your PC** click this link: [experience.client.pluxee.uk/EmployeePortal](https://experience.client.pluxee.uk/EmployeePortal)

**For Managers**, if your team members do not have a Cemex email address and were not previously registered on our Cemex Lifestyle Portal, but they would like to register for this new Pluxee App, please ask them to send an email using their personal email address, to [gb-compensation&benefits@cemex.com](mailto:gb-compensation&benefits@cemex.com) requesting a registration link.

✦ Please share the poster on workplace noticeboards – it includes a QR code to download the app, and a QR code to the complete user guide (via YouTube link)

## Support for getting started:

### Training Guides

We have created some short videos to guide you through downloading, exploring, and using the new app.

- [1. Downloading the Pluxee UK app.mp4](#)
- [2. Getting registered.mp4](#)
- [3. Getting to know the app.mp4](#)
- [4. Recognising your colleagues.mp4](#)
- [5. Setting your preferences and notifications.mp4](#)
- [Complete Guide to using new Pluxee App \(all videos combined\).mp4](#) (available via YouTube here: <https://youtu.be/hJZX9obFGI8>)

### Webinar: On 13<sup>th</sup> July at 2pm (Click [HERE](#) for Teams invite)

- Join Tom from Pluxee for a quick, live demo of your Pluxee Employee Experience App.
- See how the Pluxee marketplace discounts and wider benefits come together in one easy-to-use app.
- Hundreds of places to save and make your money go further.
- A relaxed walkthrough with time to explore features and ask questions.

We will be recording the session for those who can't join on the 13<sup>th</sup> July.

## Join the Quarry Spin-Off

Looking to retain their title as Quarry Spin Off champions, a Cemex team, led by Jordan Hercock from Dove Holes Block Plant, is once again gearing up for a 12-hour cycling showdown, taking part in a local quarries Spin Off on Thursday 30<sup>th</sup> July, raising money for the [Blythe House Hospice](#).

Blythe House Hospice offers a wide range of free services to care for and support anyone in North Derbyshire who is affected by life-limiting illness.

With five new riders every hour to keep the pedals turning for 12 hours straight, the team is cycling on static bikes along with teams from local Tarmac and Breedon quarries. One cyclist from each will ride static bikes for each hour, in friendly competition. Which quarry will take the victory!

The spinoff challenge will be true test of teamwork, stamina, and community spirit. If you would like to join the Cemex cyclists at Dove Holes please contact Jordan Hercock.



You can also support this fantastic cause by buying raffle tickets – tickets are £2.50 each or £10.00 a strip and there are some great prizes to be won and can be bought from the admin team at Dove Holes.

Alternatively you can support our fantastic Cemex team, and in turn support the hospice on their JustGiving page [HERE](#)

### Clare Celebrates 20 Years Long Service



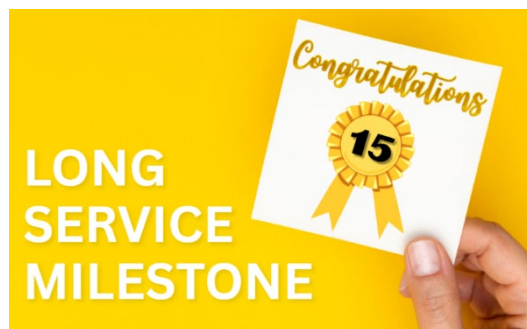
Congratulations to Clare Brace, Customer Services Representative in Cement, who recently celebrated her 20th year of long service. Clare celebrated this milestone along with her Head Office team - pictured.

Congratulations and thanks for all your hard work Clare.

### Alex Celebrates 15 Years Long Service

Congratulations to Alex Mayburry who has recently celebrated an impressive 15 years of service with Cemex.

Throughout his career Alex has demonstrated commitment, resilience and a willingness to embrace new opportunities. He began his Cemex journey as an Asphalt & Aggregate Driver based at Washwood Heath, successfully adapting through a number of business changes, including site closures and relocations, while continuing to provide excellent support.



Alex later joined the planning team at Binley, where he quickly established himself as a highly valued member of the team. His professionalism, dedication and consistently high standard of work earned him regular recognition from colleagues and customers alike.

Building on his extensive local knowledge and strong customer relationships, Alex then moved into an Asphalt commercial role on secondment. He adapted quickly, developed his skills and soon became an integral member of the team, ultimately making the role his own. His continued commitment and strong performance has made him a valued asset to the business.

Rob Sims, General Manager Materials UK, shared: “I would like to personally thank Alex for his hard work, professionalism, and positive approach over the past 15 years. Congratulations on this significant milestone, and my very best wishes for the future.”

## Holiday Deals Unlocked on Pluxee



**Holiday deals: unlocked.**  
Save up to **10%** on your next break.

Get away for less.  
Visit the Pluxee UK App and click on 'Benefits'

pluxee | circles

Dream trip loading... now with discounts.

Through the Pluxee APP or web portal, you can save up to 10% on package holidays - whether you're planning something big or booking a last-minute escape.

Same trips. Better prices. More money for cocktails, snacks, or souvenirs you don't need but absolutely deserve.

You can find discounts for:

- AirBNB
- Eurocamp
- Eurostar
- Hotels.com
- Legoland
- TUI
- Cruises
- Shortstays

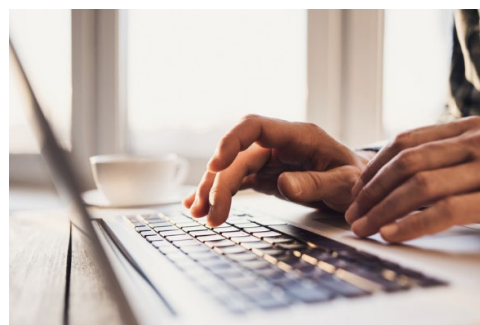
👉 Get away for less this summer. Visit your Pluxee APP or the online portal [HERE](#). Just head to Marketplace and select Holidays from the Category > Travel.

## Savings on M365 for Cemex Employees

Did you know that if you have a Cemex email address you're eligible for a hefty discount on Microsoft 365?

The Microsoft Workplace Discount Programme allows Cemex employees to buy an annual subscription of Microsoft 365 Family or Microsoft 365 Personal at a discount for use on personal devices.

Microsoft 365 Family and Personal annual subscriptions are 30% off for Workplace Discount Programme eligible customers. Plus, the discount continues for as long as you maintain recurring billing.



How to access the discount:

1. Visit: <https://www.microsoft.com/en-gb/workplace-discount-program>
2. Sign up: Enter your Cemex work email address to get started. Microsoft will check their database to establish eligibility.
3. Validate: A verification link will be sent to the provided email address to those that are eligible. Click the link to complete authentication.
4. Sign in: Use your **personal** (not Cemex) Microsoft account and link for savings.
5. Shop: Save 30% on selected Microsoft 365 subscriptions.

Don't miss out on this exciting employee discount - check your eligibility today and start saving.

## Do You Need Support?

Did you know that Cemex offers all employees a free, confidential Employee Assistance Programme (EAP)?

You can find a guide all about how our new provider Optima Health can support you in the UK News website: [here](#)

Our EAP is easy to access, available 24/7 and can provide help and support with a wide range of issues or concerns such as family matters, debt, relationships, bereavement, depression and anxiety.

It is run by a separate provider Optima Health and not part of Cemex; we don't receive any employee specific information from them. Contact the Employee Assistance Line for confidential advice and support – call 0808 168 2143 or visit [www.lifestyle-support.co.uk](http://www.lifestyle-support.co.uk) (Username: Cemex Password: cemex).

### Do you need support?



**Cemex offers all employees a free, confidential employee assistance programme (EAP) called Lifestyle Support, now operated by Optima Health.**

Lifestyle Support is easy to access, available 24/7 and can provide help and support with a wide range of issues or concerns such as family matters, debt, relationships, bereavement, depression and anxiety.  
It is run by a separate provider and not part of Cemex – we don't receive any employee specific information from them.



**Call 0808 168 2143**

**Visit [www.lifestyle-support.co.uk](http://www.lifestyle-support.co.uk)**

**Username: cemex**

**Password: cemex**



**Follow us on Yammer / Viva Engage**  
internal communication digital tool



**EMEA Region**



We would love to hear from you for the next edition  
To send us a story: either click on 'submit a story' on the UK News website or  
email [gb-communicationsandpublicaffairs@cemex.com](mailto:gb-communicationsandpublicaffairs@cemex.com)

If you can, please include a photo too. Thank you.

# Jump Back Up July 2026

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Take a small step to help overcome a problem or worry

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

3 Be willing to ask for help when you need it

4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath



27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



# Earthly Matters



## Cemex & RSPB Partnership Blog June 2026



Welcome to the June 2026 edition of **Earthly Matters**, the blog dedicated to the partnership between Cemex and the RSPB.



### Partnership Update

#### By Sarah Ferriss, RSPB Head of Business Conservation Advice

Last month, I was delighted to visit Cemex's UK Head Office in Binley for a Cemex/RSPB partnership Steering Group meeting, followed by a site visit to Southam Quarry.

The Steering Group brings together colleagues from across Cemex to discuss strategy, operations and future opportunities. These meetings are invaluable for sharing ideas, addressing challenges and identifying ways to maximise benefits for both the partnership and nature.

The visit to Southam Quarry was a great addition to the day. Learning about the site's industrial heritage before exploring the restored landscape highlighted the remarkable transformation that has taken place. It was hard to imagine

that the thriving meadows, scrub and lakes were once dominated by heavy machinery. During the visit, we saw species including Peregrine Falcon, Common Spotted Orchid, Hoary Plantain, Small Blue butterfly and Yellow Shell moth, alongside some impressive fossils.

The day reinforced the importance of partnership working in delivering solutions that support both business and nature. When planned well, quarrying can create significant opportunities for large-scale habitat restoration and species recovery.

Many thanks to the Steering Group members, and to Martin and Kai for bringing the story of Southam Quarry to life.



Image: Carl Cornish (RSPB), Sarah Ferris (RSPB), Sean Cassidy (Cemex)

### Actions for Nature

Image: Peacock butterfly © Hayley Sears



The Big Butterfly Count, run by Butterfly Conservation, takes place again this year across the UK from Friday, July 17 to Sunday, August 9, 2026.

It's easy to take part. All you need is a garden or local green space, 15 minutes to sit or walk around, some sunshine and then record the number of the different species you seen. Submit your results to <https://bigbutterflycount.butterfly-conservation.org/>. The website has guides to help identifying butterfly species.

In the lead up to this year's Big Butterfly Count, Butterfly Conservation ran a vote to find the nation's favourite butterfly. Peacock was voted the UK's favourite butterfly. A worthy winner being big, beautiful and relatively easy to see. Adults overwinter so are often one of the first species of butterfly to appear when winter days become warmer.

# Focus on Natural Grasslands

By Carl Cornish

RSPB Senior Business Conservation Adviser for Cemex Partnership

Neutral grassland is found on soils that are neither too acidic nor basic (calcareous). They are the once common wildflower meadows that would have been found in every parish. Tragically there has been a catastrophic 97% loss in the last hundred years from land use change (ploughing up grassland for arable crops and building) and improvements by reseeded and applying fertiliser, which kills many flower species. Remaining areas are often small, fragmented remnants of one much larger and connected areas.

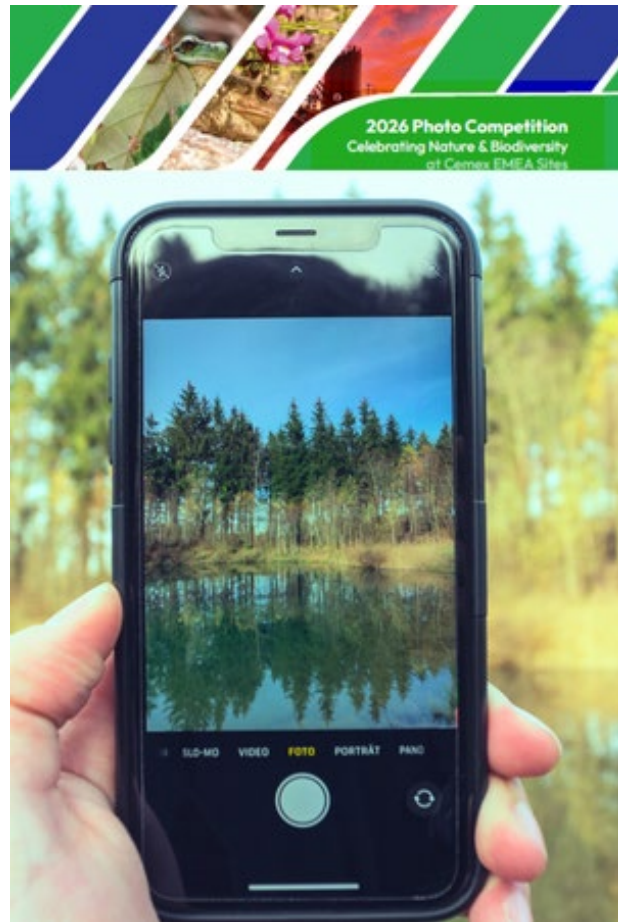
These meadows are home to familiar buttercups and Ox-eye Daisies plus a palette of colourful flowers such as Cowslip (yellow), Field Scabious (pale blue), Grass Vetchling (pink), Hay Rattle (yellow), Meadow Crane's-bill (bluish purple), Lesser Knapweed (purple). Insects make their home in neutral grasslands, including many of our butterflies including Common Blue, which, sadly, is no longer as numerous and widespread as its name suggests. Skylarks nest on the ground and sing overhead in their aerial song flight.

Neutral grassland is a habitat commonly created through quarry restoration and non-operational areas where no fertilisers or herbicides are applied act as refuges for many plants found in meadows. So Cemex is playing its part in helping bring this habitat back and help the species that depend on it.

It is #NationalMeadowsDay on Saturday 4 July so a perfect time to find a meadow and enjoy its wildlife.



Male Common Blue butterfly  
© Hayley Sears



## Photo Competition Celebrating Nature & Biodiversity at Cemex EMEA Sites

Nature thrives everywhere, including at our Cemex sites. Take a moment to notice the plants and animals around you and celebrate the diversity that enriches our environment. Enter the 2026 Nature Photography Competition by submitting your photos and descriptions to [sean.cassidy@cemex.com](mailto:sean.cassidy@cemex.com) by 18th September. Full details on UK News.

### Contact Carl

If you would like advice or a visit from Carl Cornish, our RSPB Senior Business Conservation Adviser for the Cemex Partnership, please get in touch: [carl.cornish@rspb.org.uk](mailto:carl.cornish@rspb.org.uk)



### Send us your stories and photos

We are looking for staff stories to include in upcoming blogs, these can be experiences from work or home. We would love to share them in an upcoming blog.

Send them in to: [gb-communicationsandpublicaffairs@cemex.com](mailto:gb-communicationsandpublicaffairs@cemex.com)

# Move More. Feel Better.



## Find FREE Ways to Get Moving in Your Local Area

Getting active doesn't have to cost a thing. Whether you're looking for a walking group, a beginner-friendly exercise class or a local sports club, there are plenty of free opportunities available. Here are just some ways to access these.



### Use Social Platforms & Community Apps

- Facebook - search "walking group", "fitness group", or "community sports"
- Meetup - thousands of local groups for hiking, cycling, pilates & more
- Nextdoor - connect with your local neighbourhood for free



Meetup



### Search Your Local Council Website

Most councils list free or low-cost activities: walking groups, fitness classes, cycling sessions & community events.

Search: "[your town] wellbeing activities" or "[your town] leisure activities"



Nextdoor



### Couch to 5K

A free NHS programme guiding you from the couch to running 5km in just 9 weeks. Starting something new can feel overwhelming - that's completely normal. One step at a time.



Couch to 5K



### NHS Better Health Activity Finder

The NHS website provides ideas, support and links to local opportunities.



NHS  
Better  
Health



### Your Local Parkrun

A free community event - walk, jog, run, volunteer or spectate. 5k every Saturday morning at 1,500+ UK locations.



Parkrun



### Active Partnerships

A nationwide network connecting people with local physical activity opportunities. They partner with local and national stakeholders to transform lives.



Active  
Partnerships



### Visit Your Local Leisure Centre

Many offer: free taster sessions, community classes, walking football, beginner activity programmes.



Your journey to a more active life starts here!



Scan to  
nominate

# Thanks For Your Effort



RECOGNISE GREAT  
WORK WHICH  
MAKES A DIFFERENCE!



## A small thank you can make a big impact

### WHO CAN YOU RECOGNISE?

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Someone who goes above  
and beyond



Someone who lives our  
Cemex Values



Someone extraordinary in  
Health and Safety

### HOW TO NOMINATE

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The nomination process is now  
quicker and easier

- 1 Scan the QR code above to  
open nomination form
- 2 Complete the short form
- 3 Submit your nomination



**BLYTHE  
HOUSE  
HOSPICE**

# Quarry **SPIN OFF**

**Who will take the victory?...**

**Cemex** are competing against **Breedon** and **Tarmac** to cover as many miles, and raise as much money for Blythe House Hospice, as possible!

Taking place on:  
**Thursday 30<sup>th</sup> July**

Get involved and help support your local hospice!

[www.blythehousehospice.org.uk](http://www.blythehousehospice.org.uk)

Registered charity no. 1031192





# BLYTHE HOUSE RAFFLE

RAFFLE TICKETS

**NOW ON SALE!**



## CEMEX SPIN DAY



**Thursday 30<sup>th</sup> July**

SUPPORT A FANTASTIC CAUSE AND BE IN WITH A CHANCE TO WIN SOME AMAZING PRIZES DONATED BY...



Olive Tree



**£2.50 per ticket or £10.00 per strip**

Don't miss out — great prizes and a great cause!

Supporting Blythe House Hospice Care

Every ticket helps support local families and individuals in need of care.

Thank you for your support!