CEMEX

Zero4Life

Stay Safe During Winter.
Prevent Slips, Trips & Falls

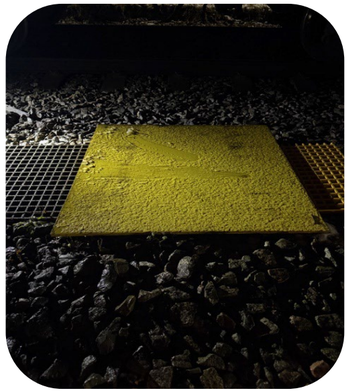
SLIPS TRIPS & FALLS



Learning from STF incidents

SLIPS ON ICY SURFACES from the previous winter season

EMEA



CONTRACTOR LTI

A contractor train driver was walking to the car park after his shift, ignoring the designated walkway. He stepped on an icy maintenance cover hidden under snow, slipped, and fell.

INJURY: leg fracture and ligament damage



EMPLOYEE LTI

While walking from a car to the maintenace shop under adverse weather conditions, the employee slipped on an untreated surface of a roadway during the shift and hit his head. After first aid was provided on site, the employee was transported for medical treatment.

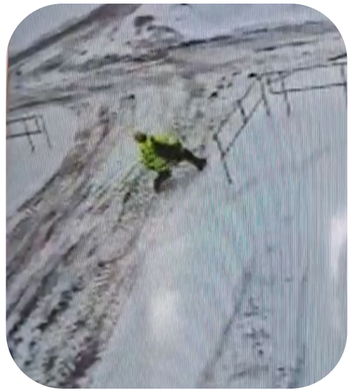
INJURY: Head injury



EMPLOYEE RWI

An employee slipped on slippery ground while exiting a car, falling forward onto the ground. He sustained a severe left knee injury and was taken to the hospital by ambulance.

INJURY: knee bruise



CONTRACTOR INJURY

A contractor slipped while walking and fell onto his back. The incident occurred on the subcontractor's own premises. At the time of the incident, he was talking on the phone and didn't exercise due caution.

INJURY: Contusion of the left leg

Common factor: Slippery/icy surface

Let's ensure safe working conditions during winter!

Prevention of Slips, Trips & Falls

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Weather Conditions

Check the weather and watch for ice, snow and poor visibility.

3-Points of Contact

When entering or exiting vehicles. Use handrails on stairs and steps

Safe Routes

Use designated, cleared and treated walkways.

Anti-Slip Footwear

Wear appropriate winter footwear with good grip.

Spot Hazards

Watch for ice, snow and slippery surfaces.

Avoid Distractions

Stay focused on where you are walking.

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Start Safe: TAKE 5 FOR WINTER CONDITION

Take a moment before each shift to check changing winter conditions.

CHECK CONDITIONS
Check the weather and site conditions

IDENTIFY HAZARDS
Look for ice, snow and other winter-related hazards

REPORT & SECURE
Report and secure slippery or unsafe areas

CONFIRM CONTROLS
Check that appropriate controls are in place, including PPE and anti-slip measures

REASSESS
Stop and reassess the risk if conditions change

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FOOTWEAR AND ANTI-SLIP OVERSHOES

SAFETY FOOTWEAR

- Wear S3 safety footwear with ankle protection
- Lace footwear correctly to ensure proper fit and ankle suport

ANTI-SLIP OVERSHOES

- Improve grip on icy and snow-covered surfaces
- **USE OUTDOORS:** on walkways, access roads, yards and other icy or snowy areas.
- **DO NOT USE:** on grating platforms, indoors, on ladders or when operating vehicles.

Good grip starts with the right footwear!

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LOOK AHEAD. WATCH YOUR STEP.

- Every step matters - **Stay Alert**!
- Look ahead and watch where you are walking.
- Check the surface for uneven ground, holes, ice and obstacles.

Do not rush. Stay alert. Choose the safe route.



KEEP 3-POINT OF CONTACT

- Maintain 3 points of contact on stairs, ladders and scaffolds.
- Always use handrails where provided.

Your stability is in your hands!

Prevention of Slips, Trips & Falls

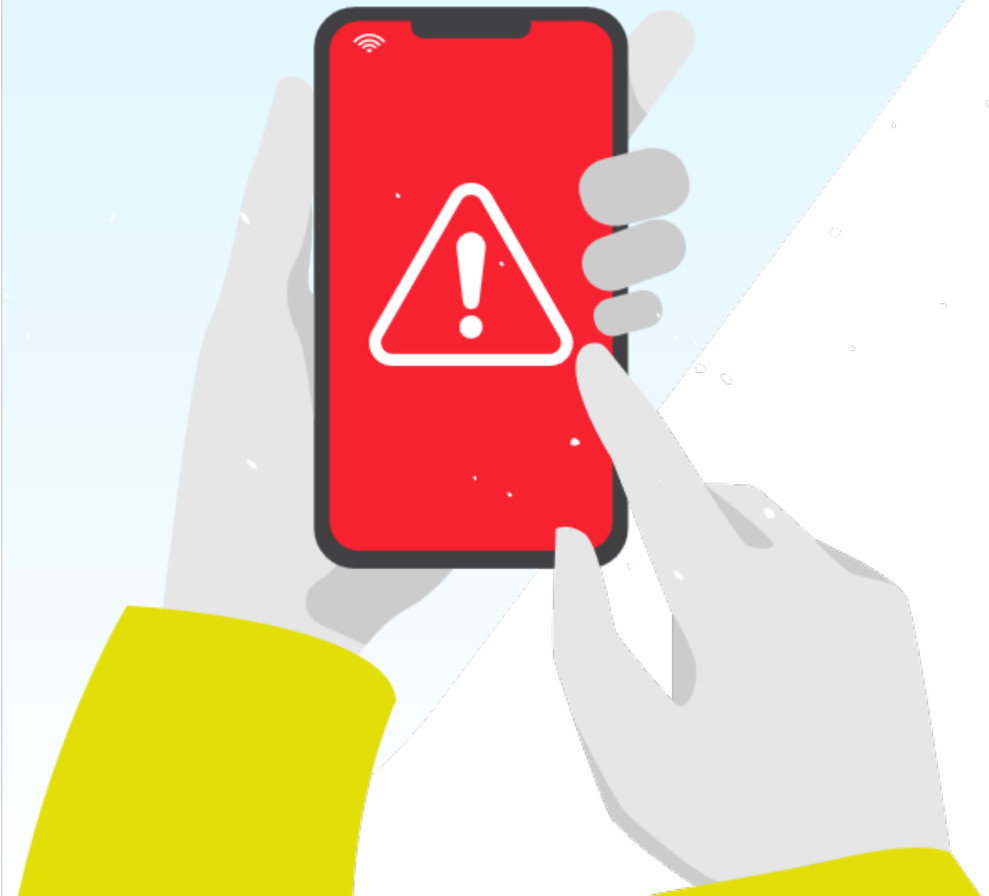


WALK WHERE IT'S SAFE – STAY ON MARKED WALKWAYS

- Use marked walkways – they are your safest route.
- Stay on designated pedestrian routes to protect yourself and others.
- Make sure the walkways are visible – check lighting – use a headtorch if appropriate

Choose the safe route.
Safety begins with the first step!

Prevention of Slips, Trips & Falls



A MESSAGE CAN WAIT. YOUR SAFETY CAN'T!

- Put the phone away while walking at work
- Distraction = Danger

Choose the **right time** and **place** to use your phone in a **safe area**, not while walking.

Stay present. Stay safe!

Practical Advice
to Prepare for Winter



What Sites Should Do:

- **Undertake Winter Checklist...**
  check grit-salt, de-icer, lighting, arrangements to heat food / drinks, PPE stocks including hi-vis, warm clothing and footwear.
- **Get Organised...**
  frost protection, arrangements for clearing / gritting areas.
- **Ensure Welfare Facilities...**
  for drying wet clothing and PPE, with a heated rest area, hot drinks/meals.
- **Raise Awareness...**
  display the winter poster and remind people of the hazards & precautions.

What Drivers Should Do:

- **Prepare your Vehicle...**
  check anti-freeze, windscreen & windows, de-icer, mirrors, tyres, fluids, lights, brakes.
- **Carry an Emergency Kit...**
  torch, hi-vis / warm clothing, first aid kit, shovel, phone, emergency contact numbers, food and warm drink.
- **Plan the Route...**
  check for delays and weather conditions, in poor weather postpone the journey.
- **Adjust Driving to Suit Conditions...**
  slow down, keep well back, ensure you can stop safely.

What Employees Should Do:

- **Wear Suitable Clothing...**
  warm / hi-vis clothing, appropriate footwear incorporating additional 'grippers' where appropriate.
- **Use Dedicated Walkways & 'Get a Grip'...**
  use three points of contact on ladders & stairways.
- **Take Extra Care...**
  don't take unnecessary risks.

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Winter Site Preparation

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Plan Snow Clearing Before Winter Arrives

1. **Provide the right resources:** Ensure each site has suitable snow-clearing equipment, tools, grit/sand and salt.
2. **Assign clear responsibilities:** Nominate responsible persons, define areas of responsibility and confirm back-up arrangements.
3. **Prioritize critical areas:** Clear and treat pedestrian routes, entrances, stairs, vehicle access points and emergency routes first.
4. **Act early and monitor conditions:** Check weather forecasts, treat surfaces before freezing and repeat inspections during the shift.
5. **Control and communicate:** Cordon off unsafe areas, report changing conditions and record completed snow-clearing activities.

Clear routes. Treat surfaces.
Keep people moving safely.